

September 2010

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Cougar News

A Publication of the Edwards-Knox Central School Board of Education
Wheeler Maynard, Jr., President Lynn Collier Tom O'Brien
Teresa A. Hogle, Vice-President Amanda Fuller Andrea Webb
Rick Brewer Malissa Hale Tom Wood

Edwards - Knox Central School



Class of 2010

- Row 1: Catrin Brosi; Maraya VanBrocklin; Katelyn Ward; Danielle Mullaney; Travis Amo; Kathrine Stone; Raven Reese; Chelsea Cutway; Lacey Brown; Taylor Davis; Joseph Zacharek; Yiran Gu
- Row 2: Ashley Chapin; Alicia Gotham; Kelly McFerran; Lucinda Tyler; Kerri Pike; Joette Peacock; Traci Allen; Sudi Williams; Kristina Klock; Kristine Trimm; Danielle Gollinger; Ashley Matthie; Keisha Moore
- Row 3: Amelia Colton; Charles Paro; Linden McIntolsh; Megan White; Nicole Durham; Bridgett Reynolds; Mariah Brazeau; Beth Hedrick; Kayla Tinham; Kristina Mandigo; Lindsey Crosbie; Alicia Dancause; Christopher Colton; Yokota Chikako
- Row 4: Ethan Panetti; Benjamin Rulfes; Matthew Devito; Andrew Given; Thomas Kingrey; Adam Powers; Shawn Allen; Kyle Dashner; Kyle Cassidy; Timothy Gault; Dominick Moore; Jeremy Bullock
- Row 5: Simon White; Tyler McDonald; Brian Hale; Adam Coffey; Tyler Bristol; Justin Shecton; Joshua Soucy; John McLaughlin; Tyler Bleau; Mike Reynolds; Aaron Lewis; Nathan Morehouse; David Bullock; Zebulon Tupper

SUPERINTENDENT'S COMMENTS

Welcome to the 2010-2011 school year. The first day of school for the students is Tuesday, September 7th. Make note that the school day now ends at 2:40 every day of the week. Expect your children home approximately 30 minutes earlier than last year.

Our telephone system has been updated and we hopefully have worked out many of the glitches. Please make note of these new telephone and fax numbers, as they have all changed.

New Main Numbers

High School Office	562-8131
Elementary Office	562-8132
E-K Health Clinic	562-8135
Supt. Office	562-8130
Bus Garage	562-8133

New Fax Lines

Health Clinic Fax	562-8136
Guidance Fax	562-8137
Elementary Fax	562-8134
Nurse's Office Fax	562-8138
High School Fax	562-8139

The Senior Class of 2010 donated a beautiful plaque to introduce the Tiffany Stained Glass Window that proudly greets everyone as they enter the school. This was a striking addition and we thank them. To our newest graduates, we wish you the best of luck in your chosen path. Please keep in touch and let us know if there was any area we could have helped you be better prepared for.

There will be some new faces on the faculty this year. They include: High School Principal Mrs. Varian, Elementary Art teacher Mrs. Impey, Title Reading Teacher Grades 3-4 Ms. Brewer, Pre-K - 6 Counselor Samantha Deleel, two hearing impaired interpreters Courtney Errigo and Rose Marie Wynne, and a teacher assistant Amanda Hamilton.

A committee of parents and staff met to address high school physical education concerns as promised last spring. No further action has needed to be taken to help improve participation after implementing the new consequences. The fourth quarter had only a handful of students failing physical education, which was a drastic improvement. The committee did endorse setting proper dress attire for swimming class. Females in grades 5-12 are requested to wear a one piece competition style swimsuit, which can be purchased at school for approximately \$20.00 if you so choose. To avoid distraction and/or disruption, girls will be asked to put a tee shirt on over their suit if it is too revealing. Any male may wear a tee shirt to swim in.

I invite parents and community members to be active in our everyday routine. Volunteers are always needed to read with students, help in our classrooms and chaperone events. Please contact my office if this



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SUPERINTENDENT'S COMMENTS CONT'D.

interests you. On 08/09/10 the Board of Education passed a 0% tax levy increase. We are pleased to be in the position to help the community in these tough economic times. This is the third year we've been able to be so fortunate.

My office door is open and I welcome you to stop by and discuss your ideas, concerns, or compliments.

Sincerely,



Suzanne L. Kelly,
Superintendent of Schools



Notice to Taxpayers:

Due to the current economic times and the hardship many community members are facing, the Board of Education voted on August 9, 2010, to eliminate the projected three percent (3%) tax increase proposed at budget time. ***For the 2010-2011 school year, we will now have a zero percent (0%) tax increase.*** Through negotiations, all employees' health insurance plans have added riders, which have saved the district money.

We were able to accomplish this for a number of reasons: 1) as a district, we asked all employees to tighten their belts and we have spent wisely; 2) when creating the new budget, we made some cuts that didn't affect academics for students; and 3) for this year, funds are still available from the governmental stimulus package. We felt it was important to share the benefits of these positive results with the community.

As we face an uncertain future, we hope to meet these times with the community supporting us in keeping our children's education the number one priority.

NOTICE FROM ANGELA GOLLINGER TAX COLLECTOR AND BUSINESS OFFICE CLERK

**The hours for tax collection will be Monday through Friday,
from 9:00 A.M. - 3:30 P.M.**

SCHOOL BUS SAFETY STRESSED

It is important to emphasize early in the school year the need for proper conduct on school buses. With up to sixty children on some buses, the behavior of one or two can affect the safety of all. There are a few very basic, common sense rules for all students to follow.

FOLLOW THESE RULES

1. Observe same conduct as in the classroom.
2. Be courteous, use no profane language.
3. Do not eat or drink on the bus.
4. Keep the bus clean.
5. Cooperate with the driver.
6. Do not smoke.
7. Do not be destructive.
8. Stay in your seat.
9. Keep head, hands and feet inside the bus.
10. Bus driver is authorized to assign seats.



“DON’T LOSE YOUR RIDING PRIVILEGE!”

SCHOOL BUS SAFETY ALERT

A child’s clothing can be dangerous when getting off the bus.

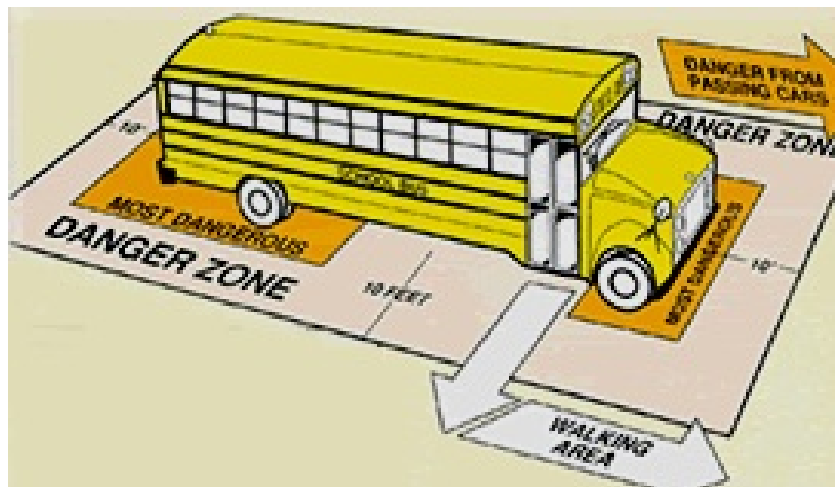
A number of children have been injured or killed when their clothing became caught when exiting the bus.

Dangerous clothing that can get caught in handrails, doors or other areas includes:

- Jackets or sweatshirts with drawstrings
- Backpack straps
- Scarves or other loose clothing

Please talk with your children about these Safety Rules:

- Stay away from the Danger Zones around the bus.
- If you drop something near the bus, don’t pick it up. The driver may not see you. Tell the driver & follow his/her instructions.
- Remember that motorists don’t always stop for the school bus. Use extreme caution when getting on or off of the bus.



BUS LINE UP

2010-2011

- 96 Pony 6:10 am Charlie Bullock (CR 24, CR 68, Howardville Rd, Plains Rd, Coon Rd, Grant Rd, Taylor Rd, Allen Rd, Dinsdale Rd CR 27, back to CR 24, CR 17, Fordham Hill Rd, Belleville Rd to EK)
- 87 Tiger 6:30 am Steve Sullivan (CR 24, CR 25, Dutton Rd, CR 27, Hewlett Rd, CR 24, back to E-K with pick ups on way)
(Other roads included on this route: Waterman Hill, Russell-Canton)
- 88 Deer 6:40 am Richard Tresidder (CR 24, CR 17, Degrasse, Lake George Rd, Tooley Pond Rd, McCarthy Rd, Curtis Rd back to EK)
- 90 Rabbit 6:35 am Bill Hill (CR 24, Russell-Pyrites Rd, Hill Rd, Town Line Rd, Cassidy Rd, West Rd, Russell-Pyrites Rd, back to CR 24, EK)
(Other roads included on this route: Smith Rd, North Woods Rd)
- 89 Owl 6:35 am Margaret Fuller (CR 24, CR 17, Dean Rd, Clare Rd, down CR 27, CR 24 to E-K)
(Other roads included on this route: Burnell Rd, Dean Rd, Wayside to EK)
- 99 Turtle 6:25 am Jim Whitmarsh (Russell, Pyrites Rd to Lazy River Rd, Pestle Street, Pleasant St. Mill St, Russell to CR 17, Marshville Rd, CR 21, CR 24 to EK)
(Other roads included on this route: Elm Creek, Edw.-Hermon Rd)
- 84 Fox 6:40 am Tina Weidner (Dana Hill Rd, CR 17, South Russell, Mackin Rd, Stalker Rd, Cook Rd, Silver Hill Rd, CR 17, Degrasse Rd, Crackerbox Rd, Curtis Rd, Blackmer Rd, EK)
- 86 Bear 6:40 am Chuck White (CR 24, Blanchard Hill, Boyd Pond Rd, Blanchard Hill, Backus Rd, Forbes Rd, back to Blanchard Hill, Burnell Rd, back to Blanchard Hill, CR 24, CR 17, Fordham Hill Rd, LaFaver Rd, Hatch Rd, Belleville Rd, back to EK)
(Other roads included on this route: Palmerville Rd)
- 97 Buffalo 6:35 am Toni Sprague (CR 24 to Edwards, New St, Talcville Rd, Cole Rd, SH 58, Burg Rd, Bancroft Rd back to SH 58, New St, Cross St to CR 24 to EK)
(Other roads included on this route: Pleasant St)
- 98 Butterfly 6:35 am Sharee Lanphear (CR 24 to Edwards, Maple Ave to SH 58, left on SH 58, Old Rt 58, CR 23, Colony Rd, SH 58, Harmon Rd, Gaddis Rd, Guiles Rd, Shawville Rd, SH 58, New St, CR 24 to EK)
- 91 Chicken 6:35 am Jack White (CR 24, Maple Ave to SH 58, right to River Rd, CR 23, back down River Rd, cross SH 58, New St, CR 24 pick up from Wood's Store to end of Edwards village, EK)
- 95 Bee 6:45 am Rita Thornton (Trout Lake St, Second St, First St, Grant St, Maple Ave., Goodale Rd, Court St. CR 24 to Campbell Rd, Given Rd, Spruce Rd, EK)
- 02 6:00 am Charmaine MacKay (Pre-K to Little River, St. Mary's, Ogdensburg)
- 92 Wheelchair Bus
1, 2, 93 Pre-K Busses

Dear Parent/Guardian:

Children need healthy meals to learn. The Edwards-Knox Central School offers healthy meals every school day. Breakfast costs .75¢ and lunch costs \$1.45 for Pre-K-3 and \$1.60 for grades 4-12. Children from households that meet federal income guidelines (outlined below) are eligible for free meals or reduced price meals. Reduced price meals cost each eligible student .25¢ for lunch and .25¢ for breakfast. To apply for free or reduced price meals, submit a Direct Certification letter from the NYS Office of Temporary and Disability Assistance **OR** complete the enclosed application, sign it, and return it to Kathleen Whitmarsh, Cook Manager, as soon as possible. Please refer to the guidelines contained in this letter when completing the application. We cannot approve an application that is not complete, so be sure to fill out all required information.

1. **Do I need to fill out an application for each child?** No. Complete the application to apply for free or reduced price meals. Do not fill out more than one application for your household.
2. **Who can get free meals?** Children in households getting Food Stamps or TANF and most foster children can get free meals regardless of your income. Also, your children can get free price meals if your household income is within the free limits on the Federal Income Guidelines. Each foster child must be listed on a separate application, with Part 2 completed and include an adult signature.
3. **Can homeless, runaway and migrant children get free meals?** Please call Kathleen Whitmarsh, Cook Manager, to see if your child(ren) qualify, if you have not been informed that they will get free meals.
4. **Who can get reduced price meals?** Your children can get low cost meals if your household income is within the reduced price limits on the Federal Income Chart, shown on this application.
5. **Should I fill out an application if I received a letter this school year saying my children are approved for free or reduced price meals?** Please read the letter you received carefully and follow the instructions. Call the school at 562-8326, Ext. 507 if you have questions.
6. **My child’s application was approved last year. Do I need to fill out another one?** Yes. Your child’s application is only good for that school year and for the first few days of this school year. You must send in a new application unless the school told you that your child is eligible for the new year.
7. **I get WIC, can my child(ren) get free meals?** Children in households participating in WIC may be eligible for free or reduced price meals. Please fill out an application.
8. **Will the information I give be checked?** The school may ask you at any time during the school year to verify your eligibility. You will be notified, in writing, if you have been selected for Verification. School officials may ask you to send papers showing that your child should receive free or reduce price meals at the time you applied.
9. **If I don’t qualify now, may I apply later?** Yes. You may apply at any time during the school year if your household size goes up, income goes down, or if you start getting Food Stamps, TANF or other benefits. If you lose your job, your children may be able to get free or reduced price meals.
10. **What if I disagree with the school’s decision about my application?** You should talk to school officials. You also may ask for a hearing by calling or writing to: Ms. Suzanne Kelly, E-KCS, P.O. Box 630, Russell, NY 13684-0630, (315)562-8326.
11. **May I apply if someone in my household is not a U.S. citizen?** Yes. You or your child(ren) do not have to be a U.S. citizen to qualify for free or reduced price meals.
12. **Who should I include as members of my household?** You must include all people living in your household, related or not (such as grandparents, other relatives, or friends). You must include yourself and all children who live with you.
13. **What if my income is not always the same?** List the amount that you normally get. For example, if you normally get \$1000 each month, but you missed some work last month and only got \$900, put down that you get \$1000 per month. If you normally get overtime, include it, but not if you get it only sometimes.
14. **We are in the military. Do we include our housing allowance as income?** If you get an off-base housing allowance, it must be included as income. However, if your housing is part of the Military Housing Privatization Initiative, do not include your housing allowance as income.
15. **My spouse is deployed to a combat zone. Is her combat pay counted as income?** No, if the combat pay is received in addition to her basic pay because of her deployment and it wasn’t received before she was deployed, combat pay is not counted as income. Contact your school for more information.
16. **My family needs more help. Are there other programs we might apply for?** To find out how to apply for State SNAP or other assistance benefits, contact your local assistance office or call 800-342-3009.

INCOME CHART (Reduced Eligibility Scale) Effective from July 1, 2010 to June 30, 2011

Household size	Twice Per		Every Two		Twice Per						
	Annual	Month	Month	Weeks	Week	Annual	Month	Month	Weeks	Week	
1.....	\$20,036	\$1,670	\$ 835	\$ 771	\$ 386	5.....	\$47,712	\$3,976	\$1,988	\$1,836	\$ 918
2.....	\$26,955	\$2,247	\$1,124	\$1,037	\$ 519	6.....	\$54,631	\$4,553	\$2,277	\$2,102	\$1,051
3.....	\$33,874	\$2,823	\$1,412	\$1,303	\$ 652	7.....	\$61,550	\$5,130	\$2,565	\$2,368	\$1,184
4.....	\$40,793	\$3,400	\$1,700	\$1,569	\$ 785	8.....	\$68,469	\$5,706	\$2,853	\$2,634	\$1,317
						For each additional family member, add..... \$ 6,919 \$ 577 \$ 289 \$ 267 \$ 134					

How to Apply: To get free or reduced price meals for your children you may submit a **Direct Certification letter received from the NYS Office of Temporary and Disability Assistance, OR carefully complete one application** for your household and return it to the designated office. If you now receive food stamps, Temporary Assistance to Needy Families (TANF) for any children, or participate in the Food Distribution Program on Indian Reservations (FDPIR), the application must include the children's names, the household food stamp, TANF or FDPIR number and the signature of an adult household member. All children with the same case number may be listed on the same application. Separate applications are required for children with different case numbers. If you do not list a food stamp, TANF or FDPIR number for all the children for whom you are applying, the application must include the names of everyone in the household, the amount of income each household member, and how often it is received and where it comes from. It must include the signature of an adult household member and that adult's social security number, or the word "**none**" if the adult does not have a social security number. An application that is not complete cannot be approved. Contact your local Department of Social Services for your food stamp or TANF number or complete the income portion of the application.

Reporting Changes: The benefits that you are approved for at the time of application are effective for the entire school year. **You no longer need to report changes for an increase in income or decrease in household size, or if you no longer receive food stamps.**

Income Exclusions: The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care Development (Block Grant) Fund should not be considered as income for this program.

Nondiscrimination Statement: This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to *USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington DC 20250-9410* or call 202-720- 5964 (voice and TDD). USDA is an equal opportunity provider and employer.

Meal Service to Children With Disabilities: Federal regulations require schools and institutions to serve meals at no extra charge to children with a disability which may restrict their diet. A student with a disability is defined in 7CFR Part 15b.3 of Federal regulations, as one who has a physical or mental impairment which substantially limits one or more major life activities. Major life activities are defined to include functions such as caring for one's self, performing manual tasks, walking, seeing, hearing, speaking, breathing, learning, and working. You must request the special meals from the school and provide the school with medical certification from a medical doctor. If you believe your child needs substitutions because of a disability, please get in touch with us for further information, as there is specific information that the medical certification must contain.

Confidentiality: The United States Department of Agriculture has approved the release of students names and eligibility status, without parent/guardian consent, to persons directly connected with the administration or enforcement of federal education programs such as Title I and the National Assessment of Educational Progress (NAEP), which are United States Department of Education programs used to determine areas such as the allocation of funds to schools, to evaluate socioeconomic status of the school's attendance area, and to assess educational progress. Information may also be released to State health or State education programs administered by the State agency or local education agency, provided the State or local education agency administers the program, and federal State or local nutrition programs similar to the National School Lunch Program. Additionally, *all* information contained in the free and reduced price application may be released to persons directly connected with the administration or enforcement of programs authorized under the National School Lunch Act (NSLA) or Child Nutrition Act (CNA); including the National School Lunch and School Breakfast Programs, the Special Milk Program, the Child and Adult Care Food Program, Summer Food Service Program and the Special Supplemental Nutrition Program for Women Infants and Children (WIC); the Comptroller General of the United States for audit purposes, and federal, State or local law enforcement officials investigating alleged violation of the programs under the NSLA or CNA.

The disclosure of eligibility information not specifically authorized by the NSLA requires a written consent statement from the parent/guardian. We will let you know when your application is approved or denied.

COMPLETE ONLY ONE APPLICATION FOR YOUR HOUSEHOLD

Date withdrew _____
 School Year 2010-2011

Temp Free Expires _____ F _____ R _____ D _____
 45 Days

2010-2011 FAMILY APPLICATION FOR FREE AND REDUCED PRICE SCHOOL MEALS/MILK

To apply for free or reduced price meals for your children, read the instruction on the back, complete this form, sign your name and return it to the school. Call Kathleen Whitmarsh, 562-8200, Ext. 1507, if you need help. For additional names, list on a separate sheet of paper.

1. CHILDREN IN SCHOOL: (Complete a **separate** application for each foster child.)

Children's Names (Last, First, MI)	Grade/Teacher	School


2. FOSTER CHILD: If the above named child is the legal responsibility of a welfare agency or court, check this box.
 List the child's personal use income: _____ Write "0" if the child has no personal use income.) Skip to Part 5.

3. HOUSEHOLDS GETTING FOOD STAMPS OR AID TO DEPENDENT CHILDREN (ADC)/TEMPORARY ASSISTANCE TO NEEDS FAMILIES (TANF): Complete this section and sign the application in Part 5 **OR** submit a Direct Certification letter from the Office of Temporary and Disability Assistance or Food Distribution Program on Indian Reservations (FDPIR). Complete a separate application for children with a different case number or no case number. Write your case number as provided on your benefit letter, **not the number on your benefit card.**

Food Stamp #: _____ TANF/FDPIR #: _____

4. HOUSEHOLD MEMBERS & TOTAL HOUSEHOLD INCOME: If you did not give a food stamp of ADC/TANF number, or submit a Direct Certification letter, complete this part and all of Part 5.

Show how often each amount is received.

See Examples 

CURRENT INCOME/PAY PERIOD

Examples: \$100.29/weekly, \$100.29/bi-weekly, \$100.29/2x per month, \$100.29/monthly
 If pay period is not notes, the reviewing official will process the reported income amount as received WEEKLY.

List the names of everyone in your household.	Earnings From Work Before deductions	Child Support, Alimony, Etc.	Payments from Pension or Retirement	Other Income
	Amount / How Often	Amount / How Often	Amount / How Often	Amount / How Often
1. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
2. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
3. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
4. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
5. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
6. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____
7. _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____	\$ _____ / _____

5. SIGNATURE: An adult household member **MUST sign the application before it can be approved.** I certify that all the information is true and that all income is reported. I understand that the information is being given for the school to receive federal funds; that school officials may verify the information and that deliberate misrepresentation of the information may subject me to prosecution under applicable State and federal laws, and my children may lose meal benefits.

SIGNATURE: _____ **DATE:** _____ **SOCIAL SECURITY #** _____ - _____ - _____

Home Telephone _____ Work Telephone _____ Mailing Address _____ Zip Code _____

SOCIAL SECURITY NUMBER: If Part 4 is completed, the adult who signs the application **must** provide his/her Social Sec. number.

DO NOT WRITE BELOW THIS LINE – FOR SCHOOL USE ONLY

ANNUAL INCOME CONVERSION: (ONLY CONVERT WHEN MULTIPLE FREQUENCIES ARE REPORTED ON APPLICATIONS):
WEEKLY X 52; EVERY 2 WEEKS X 26; MONTHLY X 12

FOOD STAMP, ADC/TANF, FOSTER CHILD
 INCOME HOUSEHOLD: Total Household Monthly Income: _____ Household size: _____
 Application APPROVED for: Free Meals Reduced Price Meals
 Temporary Free (expires in 45 days) ___/___/___ Application DENIED
 Date Notice Sent: _____ Signature of Reviewing Official: _____ Date: _____

APPLICATION INSTRUCTIONS

To apply for free and reduced price meals, submit a Direct Certification letter received from the Office of Temporary and Disability Assistance OR complete this application using the instructions for your household. Sign the application and return the application to the school. Please complete a separate application for each foster child. Call the school if you need help: Kathleen Whitmarsh - 562-8200, Ext. 507. Ensure that all information is provided. Failure to do so may result in denial of benefits for your child or unnecessary delay in approving your application.

PART 1 ALL HOUSEHOLDS MUST COMPLETE STUDENT INFORMATION.

- (1) Print the names of the children for whom you are applying.
- (2) List their grade and school.

PART 2 HOUSEHOLDS WITH A FOSTER CHILD SHOULD COMPLETE THIS PART AND SIGN PART 5. A foster child is the legal responsibility of a welfare agency or court. A separate application must be completed for each foster child.

- (1) List the foster child's monthly "personal use" income. ("Personal Use" income is money given by the welfare office identified by category for the child's personal use, such as an allowance, and all other money the child gets, such as money from his/her family or money from the child's employment.) Write "0" if the foster child does not get "personal use" income. SKIP PART 4. Do not list any other children, household members or income, or a social security number.
- (2) A foster parent or other official representing the child must sign the application in PART 5.

PART 3 HOUSEHOLDS GETTING FOOD STAMPS, ADC/TANF OR FDPIR SHOULD COMPLETE THIS PART AND SIGN PART 5.

- (1) List a current food stamp case number, ADC/TANF or FDPIR (Food Distribution Program for Indian Reservations) number. Complete a separate application for a child/children with a different case number.
- (2) An adult household member must sign the application in PART 5. SKIP PART 4. Do not list names of household members or income if you list a food stamp case number, ADC/TANF or FDPIR number.

PARTS 4 & 5 ALL OTHER HOUSEHOLDS MUST COMPLETE THESE PARTS AND ALL OF PART 5.

- (1) Write the names of everyone in your household, whether or not they get income. Include yourself, the children you are applying for, all other children, your spouse, grandparents, and other related and unrelated people in your household. Use another piece of paper if you need more space.
- (2) Write the amount of current income each household member receives, before taxes or anything else is taken out, and indicate where it comes from, such as earnings, welfare, pensions and other income. If the current income was more or less than usual, write that person's usual income. **Specify how often this income amount is received: weekly, bi-weekly, monthly, 2 x per month.**
- (3) The value of any child care provided or arranged, or any amount received as payment for such child care or reimbursement for costs incurred for such care under the Child Care and Development Block Grant, TANF and At Risk Child Care Programs should not be considered as income for this program.
- (4) The application must include the social security number of the adult who signs **PART 5** IF Part 4 is completed. If the adult does not have a social security number, write "none". If you listed a food stamp, ADC/TANF or FDPIR number, or if you are applying for a foster child, a social security number is not needed. If you have a social security number, write "none".

OTHER BENEFITS: Your child may be eligible for benefits such as Medicaid, or Children's Health Insurance Program (CHIP). In order to determine if your child is eligible, program officials need information from your free and reduced price meal application. Your written consent is required before any information may be released. Please refer to the attached parent Disclosure Letter and Consent Statement for information about other benefits.

PRIVACY ACT STATEMENT

Section 9 of the National School Lunch Act requires that unless your children's food stamp, ADC/TANF or FDPIR case number is provided, you must include the social security number of the adult household member signing the application, or indicate that the household member does not have a social security number. If a social security number is not given or an indication is not made that the signer does not have such a number, the application cannot be approved. The social security number may be used to identify the household member in carrying out efforts to verify the correctness of information stated on the application. These verification efforts may be carried out through program reviews, audits and investigations and may include contacting employers to determine income, contacting a food stamp or welfare office to determine current certification for receipt of food stamps or other benefits, contacting the State employment security office to determine the amount of benefits received and checking the documentation produced by household members to prove the amount of income received. These efforts may result in a loss or reduction of benefits, administrative claims, or legal actions if incorrect information is reported.

DISCRIMINATION COMPLAINTS

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call 800-795-3272 or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.



MELISSA BROWN, School Nurse

E-KCS, P.O. Box 630, Russell, NY 13684

FAX: 562-3698

PHONE: 562-3227 or Toll Free 1-866-201-3694



NOTES FROM THE NURSE'S OFFICE

Attention students entering the 6th grade:

The New York State Department of Health **requires** students who are **entering 6th grade or 7th grade** and who are **11 years of age** or older to receive an immunization containing tetanus toxoids, diphtheria and acellular pertussis (**Tdap**).

Also, students born on or after January 1, 1994, and who enroll in the **6th grade or 7th grade** must be immunized against varicella (chicken pox). Exemptions include:

- 1). **Documented history of disease** by your physician. Parental recall is not sufficient and will not be accepted as proof of immunization.
- 2). Medical exemption consisting of a written statement from physician licensed to practice in the state of New York. A copy of exemption must be retained by the school.
- 3). A statement of religious exemption. A copy must be retained by the school.
- 4). Serologic proof of immunity to varicella.

Required physicals

Certain students are required by the State of New York to have physicals. Any student entering **Pre-K, Kindergarten, 2, 4, 7, and 10th grade** must have a physical. Also, any student who is **new to the school district**, as well as those students planning on playing sports, and any new referrals for CSE must have physicals. Students who are having a triennial evaluation for CSE will need a physical. Please see the attached physical consent form being included in this newsletter. You have three choices as a parent of a student requiring a physical. Please fill this form out and either mail it to the school nurse or send it in with your child on the first day of school.

New BMI (Body Mass Index) Requirements

Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the students's school health examination. This is a measurement obtained by using the students height and weight. Please see the attached letter included in this newsletter. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State Department of Health information about our students weight status groups. Only summary information is sent. No names and no information about individual students are sent.

Updates on physicals and immunizations

If your child has had any immunizations or a physical over this summer please remember to send a copy to the school nurse. Every child has a Health Record that must be kept up-to date. You may drop off copies at the nurses office or the elementary office. You may also mail or fax copies to the school nurses office, as listed above.

Ms. Suzanne L. Kelly
Superintendent of Schools
(315)562-8130
Fax: (315)562-2477

EDWARDS-KNOX CENTRAL SCHOOL DISTRICT
P.O. BOX 630
RUSSELL, NEW YORK 13684-0630

BOARD OF EDUCATION
Wheeler D. Maynard, Jr., Pres.
Teresa A. Hogle, Vice-Pres.
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Thomas F. Wood
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Michelle J. Varian
Jr.-Sr. H.S. Principal
(315)562-8131
Fax: (315)562-8139

BUS GARAGE: (315) 562-8133
SCHOOL-BASED HEALTH CLINIC: (315) 562-8135 Fax: 562-8136
NURSE'S OFFICE FAX: 562-8138
www.ekcsk12.org

Ronald P. Burke
Elementary Principal
(315)562-8132
Fax: (315)562-8134

AUTHORIZATION FOR ADMINISTRATION OF MEDICATION IN SCHOOL

To be completed by the parent or guardian:

I request that my child _____ grade _____ receive the medication as prescribed below by our licensed health care provider. The medication is to be furnished by me in the **original** labeled contained from the pharmacy. Medications are to be delivered to the school nurse by the **parent**. Understand that the school nurse, or other designated person in the case of the absence of the school nurse, will administer the medication.

Signature of Parent / Guardian: _____ Date _____

Address: _____

Telephone: Home: _____ Work: _____ Date: _____

To be completed by the licensed health care prescriber:

I request that my patient, ast listed below, receive the following medication:

Name of Student _____ Date of Birth _____

Diagnosis _____

Name of Medication _____

Prescribed dosage, frequency and route of administration: _____

Time to be taken during school hours: _____

Duration of treatment _____

Possible side effects: _____

Name of Licensed Prescriber and Title (please print): _____

Prescriber's signature: _____ Address: _____

Telephone: _____ Date: _____

If you plan on having your child's physical done over the summer please feel free to use the E-KCS physical form, which can be downloaded from the Nurse's webpage at www.ekcsk12.org. Don't forget to send a copy in to the School Nurse so that your child's Health Record may be updated.

New Body Mass Index Requirements



As part of a required school health examination, a student is weighed and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts will be selected to take part in a survey by the New York State Department of Health. If our school is selected to be part of the survey, we will be reporting to New York State Department of Health information about our students' weight status groups. Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you do not wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to:

Edwards-Knox Central School
Melissa Brown/School Nurse
P.O. Box 630
Russell, N.Y. 13684

Please do not include my child's weight status information in the 2009-2010 School Survey.

Print Child's Name

Date

Print Parent's Name

Parent's Signature

Ms. Suzanne L. Kelly
Superintendent of Schools
(315)562-8130

EDWARDS-KNOX CENTRAL SCHOOL DISTRICT

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www.ekcsk12.org

Ronald P. Burke
Elementary Principal
(315)562-8132
Fax: (315)562-8134

Dear Parent or Guardian:

Each school district is mandated by law (section 904) to provide an examination by the school physician of those pupils whose parents do not provide these reports from their family physician. Consequently, a parent does have the right to have their child examined by either their own family physician (at their own cost) or by the school's physician. Andrew LaFrance, Family Nurse Practitioner, does all the physical exams that are done within the school setting. Physicals are required by New York State on all pupils attending grades Kindergarten, 2, 4, 7, and 10. Physicals are also required for any pupil playing sports, for Special Education Students, for all referrals to the Committee on Special Education, for all CSE students who are having a triennial evaluation, for all BOCES first year students who are attending the Health Occupations class, for all entrants from out of state, for all new students attending our school (including Pre-Kindergarten students), and for those requiring working papers.

During the required examination, the FNP checks the skin, eyes, nose, throat, heart, lungs, checks for structural deformities, abdomen, and external genitalia (all males). This examination does not include a vaginal exam nor a breast exam. Height, weight, BMI, blood pressure, pulse, vision, and hearing are done by the school nurse prior to the physical exam. A urine check is also done on all athletes.

A parent has the right to be present for any physical examination given at the school. If a parent so desires to be present, they must notify the school nurse.

It is mandatory that we have a permission slip signed by the parent and returned to the school nurse prior to the scheduled physicals, indicating your decisions regarding this physical.

Sincerely,



Suzanne L. Kelly
Superintendent of Schools

SLK/kca

* * * * *

I give my permission for my child, _____ to have a physical by the school physician.

OR

I will take my child _____ to my own physician (at my own cost). Please send me the screening form so I may present it to my physician. I agree to return this form, once completed, to the school nurse.

OR

I give my permission for my child, _____ to have a physical at the Edwards-Knox Central School-Based Clinic.

Date _____

Signature _____

Student Accident Insurance

The school district's student accident insurance plan provides secondary coverage and has no deductible. If a parent does not have a medical insurance policy, this will provide primary coverage. Also, if a student has medicaid or Champus, the school policy will provide primary coverage. This policy will provide dental as well as medical coverage. If a student damages either eyeglasses or a hearing aid, benefits are only payable when they are damaged as a result of an accident which requires medical treatment.

All payment checks will be sent directly to the provider of the service (doctor, hospital, etc.). They will not be sent to the parent unless a paid receipt is submitted. Some items such as X-rays, physical therapy, office visits, surgical benefits, orthopedic appliances, prescription drugs, etc. are payable up to a reasonable and customary charge. Therefore, some submitted bills will be paid in full. With other bills, the parents may be responsible for paying some charge, even after the school's insurance company had made payment. When a student is injured in school or while participating in a school-sponsored activity, he/she should report the injury to the teacher or coach immediately. As soon as possible, the student should go to the health office to be checked by the nurse. If the injury is sustained at a time when school is not in session, the injury should be reported to the nurse at the earliest possible time. If the student is taken to a doctor's office or the emergency room of a hospital, the school nurse needs to be notified because a Claim Form must be submitted to the school's insurance company.

The nurse will complete Section A and will send the form home to the parent to complete Section B. The parent must submit all bills to his/her insurance company first. (It will be necessary to make and keep a copy of these itemized bills.) After receiving either a rejection or payment on bills by the parent's insurance company, the remaining balance left to be paid should then be sent to the school's insurance company directly by the parent, along with the explanation of benefits from the parent's insurance and the itemized bills.

PLEASE NOTE: One of the major differences in this policy is that the parent and not the nurse is responsible for filing ALL claims. All students needing medical treatment must be seen by a doctor within thirty (30) days and claims should be filed with the insurance company within sixty (60) days. If you have any questions regarding these procedures, please feel free to call Melissa Brown, school nurse, at 562-8324 or 1-866-201-3694, extension 518.

STUDENT DIRECTORY INFORMATION

Parents or eligible students are hereby notified of their right to refuse the release of student directory information. Notice of refusal must be sent to Suzanne Kelly, Superintendent, Edwards-Knox Central School, P.O. Box 630, Russell, New York 13684, by September 30th. If notice of refusal is not received by this date, the District may release such information to an outside group without individual consent. If you have refused to release this information in previous years, you still need to renew your refusal every year. The Family Education Rights and Privacy Act (FERPA) defines student directory information as the following: name, address, telephone listing, date and place of birth, major field of study, participation in officially recognized activities and sports, weight and height (if members of athletic teams), degrees and awards received, the name of the educational agency or institution previously attended by the student.

BOOSTER CLUB NEWS

Are you looking for Edwards-Knox Cougar merchandise for the upcoming sports seasons?

Check out the school store at:

www.fieldhouse.com/edwards-knox

or go to

www.ekcsk12.org

and click on "School Store"

They have a wide range of products available, including items for the following teams/clubs:

Soccer

Swimming

Volleyball

Basketball

Baseball

Golf

Cheerleading

Softball

Marching Band

OR

you can order items with just the school logo, rather than a specific sport or club. Every purchase benefits the E-K Booster Club, who provides items and financial assistance to our sports programs.

The Booster Club could use your help with fall concession stands. If you have the time to volunteer with the Booster Club, please contact your child's coach for more information. Volunteering benefits all our athletes and teams. Through past fund-raising, we have been able to send many teams to tournaments through transportation costs, as well as entrance fees. The past two years we have been able to host our own summer soccer and basketball camps. Please consider giving this Club your time.

**EDWARDS-KNOX
CENTRAL SCHOOL**
Customize Your own apparel and have it sent directly to your home.

Go Cougars!

EDWARDS-KNOX
SOFTBALL

EDWARDS-KNOX
BASEBALL

Select from a wide range of Edwards-Knox products and every purchase benefits our school!

ORDER YOURS TODAY

www.fieldhouse.com/edwards-knox

Questions: Call 877.232.9785

FIELDHOUSE

FITNESS CENTER TO REOPEN ON TUESDAY, SEPTEMBER 14, 2010



What's on your calendar for Tuesday and Thursday evenings? Are you looking for a way to stay active? Why not try the fitness center at school?

The Fitness Center at E-KCS will reopen on September 14th. It will be open to the public on Tuesdays and Thursdays from 6:00 - 8:00 P.M. This remains a free service to the community. Come and exercise for your health and have fun doing it.

The fitness center will be closed during school breaks/closures.

Equipment such as treadmills, elliptical trainers, a recumbent bike, and a series of strength and weight training machines are available.



All participants will be trained on each piece of equipment during their first session. After being trained, you will be asked to sign a risk waiver indicating that you are in good health and using the fitness center would not be a medical risk to you. No children under 5th grade are allowed in the fitness room. A parent must accompany students in grades 5th-9th.

GUIDANCE NEWS
Linda Alford – 7-12 Guidance Counselor



PROGRAMS FOR JUNIORS AND SENIORS THIS FALL

SUNY Road Show	College Fair
<p>Harrisville will host the "SUNY ROAD SHOW". The tentative date is Tuesday, September 21, 2010. This program brings representatives from several State University campuses to discuss the advantages of SUNY and inform us about new changes. This program will be informative for all juniors and seniors.</p>	<p>Juniors and Seniors will also be invited to visit the Golden Dome in Ogdensburg on Tuesday morning, October 5, 2010 for the "College Fair". This program will bring together many college representatives from New York State, other northeastern states and Canada. Represented will be four-year colleges, two-year colleges including community colleges, and the military branches. In addition to the morning event, the "College Fair" will be set up at St. Lawrence University during that evening for all community members.</p>

Juniors and seniors please fill out and return the "College Fair" permission form to the Guidance Office at the start of school if you intend to participate in these programs. This form is mailed with your schedule in August or is available in the guidance office or on the guidance web-page.



Guidance Web-Page

Check out the Guidance Web-Page! There are many useful links, important dates and other important information. As the school year starts this information will be updated and current.

<http://www.ekcsk12.org/guidance/>

Informational Meeting for Seniors and Parents

Ms. Alford will host an informational meeting on Wednesday, September 29, 2010 for seniors and their parents regarding the college application process. This meeting will be held at 6:30 P.M. in room 304.

Senior Transcript Review

Seniors should also make an appointment in September to meet with Ms. Alford to review their transcripts and discuss plans for their future. It is also important at that time of year to start narrowing the choices of colleges that you will apply to.



NYS Academic Excellence Scholarship Program Nomination

Eligibility Requirements

1. Graduating senior
2. Legal resident of New York State at least 1 year prior to the start of your senior year.

Nomination Criteria used by Edwards-Knox

Edwards-Knox will select its winner(s) by computing a weighted average of the scores on the Regents examinations and/or approved alternative assessments taken by our students prior to their senior year, in all of the following subjects:

The weighting of the scores are determined by the New York State Education Department and are as follows: Comprehensive English and Mathematics - weight of three per exam
Global Studies, US History and highest Science - weight of one per exam

If a student elected not to take the Regents examination listed, or an approved alternative assessment, then that student cannot compete or be selected as a scholarship winner. In the case of a tie in the weighted average score that is used for the selection of the scholarship nominee, the high school shall use the students' class rank at the end of their junior year to determine the priority ranking of tied scholarship nominees.

How the Scholarship Can be Used

In order to use the benefits of this scholarship, the winner must be in attendance as a full-time, matriculated student at an approved New York State post-secondary institution by the fall semester after the student's high school graduation.

The quantity and amount of scholarships available to Edwards-Knox students is determined every year by the New York State Education Department.

PSAT TESTING FOR JUNIORS

The **PSAT** (Practice SAT) is available for Juniors to take this year. It will give them the opportunity to experience this type of testing. Students will also receive a report similar to the SAT Report. The **PSAT** will be given on **Wednesday October 13, 2010**. **There is a charge of \$13.00 per student**. The test starts at 8:05am and will end at 11:30.

Students must sign-up in the Guidance Office no later than September 21st. This is the last day tests can be ordered.

Why would a junior choose to take the PSAT?

- * Compare their ability to do college work with the ability of college-bound peers
- * Practice for the SAT I, a college admission test with similar questions and scores
- * Enter scholarship competitions conducted by National Merit Scholarship Corporation and other programs
- * Receive information from colleges, universities, and certain scholarship programs about educational and financial aid opportunities

For more information check out the following web page: www.collegeboard.com or the SAT/ACT link on the High School Guidance Web Page.

GUIDANCE NEWS CONT'D.

Linda Alford – 7-12 Guidance Counselor

ASVAB TESTING FOR JUNIORS IN THE SPRING

As part of the Comprehensive Guidance Plan juniors will take part in the ASVAB Career Exploration Program, tentative on scheduled for March 23, 2010, with an official interpretation at some point after that. This program is designed to help students learn more about themselves and the world of work, to identify and explore potentially satisfying occupations, and develop an effective strategy to realize their goals. As students explore occupations in line with their interests and skills, your student will develop career exploration and planning skills that will last a lifetime. The ASVAB Career Exploration Program focuses on:



- Identifying a students interests, skills, and work related values
- Matching a students interests and skills with occupations
- Learning where and how to get information on different careers
- Developing career decision-making skills

The ASVAB is a multi-test aptitude test battery. It consists of eight short individual tests covering General Science, Arithmetic Reasoning, Word Knowledge, Paragraph Comprehension, Mathematics Knowledge, Electronics Information, Auto and Shop Information, and Mechanical Comprehension. Not only do students receive scores on each of these individual tests, students also receive career exploration scores. These scores are the results of individual tests combined to yield three career exploration scores: Verbal Skills, Math Skills, and Science and Technical Skills.

The ASVAB is administered and interpreted in schools by specially trained test administrators from the Federal Government. There will be activities for students to compare their interests and abilities to over 400 civilian and military occupations. There is no new demographic information released due to participation in this program that isn't already available to military recruiters due to the "No Child Left Behind Act" unless you have requested your child's information not be released. There is more information regarding this procedure at some other point in this newsletter.

ACT/SAT TESTING DATES & REGISTRATION DEADLINES

The SAT and ACTs are college entrance tests that some college require. Seniors who are planning to go to college and have not yet taken or would like to retake the SAT or the ACT test should consider doing so as soon as possible. Juniors who would like to take these tests are encouraged to wait until May or June of this year. The registration deadlines and their test dates are listed below.

Students should carefully check the catalog of each prospective college to determine whether the examinations are required.

Registration materials can be picked up in the High School Guidance Office or can be done on-line at www.collegeboard.com for the SAT and www.actstudent.org for the ACT. **DO NOT WAIT FOR THE REGISTRATION DEADLINE TO START THE REGISTRATION MATERIALS!**

GUIDANCE NEWS CONT'D.

Linda Alford – 7-12 Guidance Counselor

ACT	<u>Registration Deadlines*</u>	<u>Test Dates</u>
	Sept. 17, 2010	Oct. 23, 2010
	Nov. 05, 2010	Dec. 11, 2010
	Mar. 04, 2011	Apr. 19, 2011
	May 06, 2011	Jun. 11, 2011
Test Fee: \$33.00		Fee waivers may be available in the Guidance Office for students who qualify for a reduced or free lunch.
With Optional Writing: \$47.00		

SAT	<u>Registration Deadlines*</u>	<u>Test Dates</u>
	Sept. 10, 2010	Oct. 19, 2010
	Oct. 08, 2010	Nov. 06, 2010
	Nov. 05, 2010	Dec. 04, 2010
	Dec. 23, 2010	Jan. 22, 2011
	Feb. 11, 2011	Mar. 12, 2011
	Apr. 08, 2011	May 07, 2011
	May 06, 2011	Jun. 04, 2011
Test Fee : \$ 47.00		Fee waivers may be available in the Guidance Office for students who qualify for a reduced or free lunch.
* Registration materials must be postmarked by this date.		

CEEB/ACT HIGH SCHOOL CODE NUMBER : 334949

Arrangements for special testing situations for students with learning disabilities may be made by contacting the High School Guidance office for the proper paperwork. Paperwork needs to be filed well in advance of the desired test date for modifications. Contact Ms. Alford for more details.

For more information check out the following web page:

For SAT - www.collegeboard.com

For ACT - www.act.org

or find a useful link on the High School Guidance web page.

GUIDANCE NEWS CONT'D.
Linda Alford, 7-12 Guidance Counselor

<p align="center">Open House for Grades 7 - 12</p> <p align="center">September 30, 2010 6:30-8:30pm</p>	<p align="center">Parent/Teacher Conferences for Grades 7-12</p> <p align="center">October 14, 2010 4:30-7:30pm</p>												
<p align="center">Awards Assemblies</p> <table border="0"> <tr> <td>9th-12th Academic Awards</td> <td>September 17, 2010 @ 8:00am</td> </tr> <tr> <td>7th-8th First Quarter Awards</td> <td>November 23, 2010 @ 1:00pm</td> </tr> <tr> <td>7th-8th Second Quarter Awards</td> <td>February 9, 2011 @ 8:30am</td> </tr> <tr> <td>7th-8th Third Quarter Awards</td> <td>April 28, 2011 @ 1:00pm</td> </tr> <tr> <td>Senior Awards</td> <td>June 2, 2011 @ 8:00am</td> </tr> <tr> <td>7th-8th Final Awards</td> <td>TBA</td> </tr> </table>		9th-12th Academic Awards	September 17, 2010 @ 8:00am	7th-8th First Quarter Awards	November 23, 2010 @ 1:00pm	7th-8th Second Quarter Awards	February 9, 2011 @ 8:30am	7th-8th Third Quarter Awards	April 28, 2011 @ 1:00pm	Senior Awards	June 2, 2011 @ 8:00am	7th-8th Final Awards	TBA
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7th-8th Third Quarter Awards	April 28, 2011 @ 1:00pm												
Senior Awards	June 2, 2011 @ 8:00am												
7th-8th Final Awards	TBA												

CONGRATULATIONS!

Edwards-Knox Central and Southwest Tech are proud to announce that the following students have ranked in the top 20% of their class and have become **Top Achievers**. They achieved this honor during the marking period ending June 14, 2010.

- Michael Reynolds - Auto Technology II
- Adam Coffey - Building Trades II
- Simon White - Building Trades II
- Kelly Hedrick - Cosmetology I
- Ashley Matthie - Cosmetology II
- Katelyn Ward - Early Childhood Education II
- Morton Klock III - Environmental Technology I
- Aaron Lewis - Environmental Technology II
- Ethan Panetti - Environmental Technology II
- Thomas Smith, Jr. - Multi-Occupations I
- Michael Smith - Multi-Occupations II
- Kelsi Robert - Metalworking Technology I
- Tyler McDonald - Metalworking Technology II



Remember to be a Fan, Not a Fanatic, at Athletic Events



Teen s benefit from participation in sports. They learn how to work as part of a group. They build muscles and skills. Some may even earn scholar-ships to college.

Parents have a role to play in helping young athletes. They must show them how to be good sports. Here are some tips to make sure you're a fan and not a fanatic:



- Remember who's on the field. Don't try to live through your child.
- Remember ROOTS - respect Rules, Opponents, Officials, Teammates.
- Take the long view. Nearly all kids who play sports will not end up as professionals. Do what you can to make sure your teen enjoys sports for a lifetime.
- Don't be the coach. During the game, let the coach be the person who tells players what they're doing wrong. Focus on what all players (not just yours) are doing right.
- Don't embarrass your child. Before you get angry or yell at a referee, ask one thing. "Will this embarrass my child or our team?" Then keep quiet.
- Let your athlete know you're proud of him no matter what the outcome of the game.

WELCOME NEW HIGH SCHOOL STAFF:

Courtney Errigo, Senior Interpreter
Rose Marie Wynne, Interpreter
Michelle Cummings - Spanish Teacher

2010 FALL SPORTS SCHEDULES

Women's Soccer

08/27/10 Home Scrimmage
 09/07/10 @ Hammond
 09/10/10 @ St. Regis Falls
 09/13/10 HERMON-DEKALB
 09/16/10 @Clifton-Fine
 09/20/10 @ Morristown
 09/23/10 LISBON
 09/28/10 HARRISVILLE
 10/01/10 @ Heuvelton
 10/05/10 HAMMOND
 10/08/10 @ Hermon-DeKalb
 10/13/10 CLIFTON-FINE
 10/15/10 MORRISTOWN
 10/20/10 @ Lisbon
 10/21/10 @ Harrisville
 10/26/10 HEUVELTON

MODIFIED

09/07/10 @ Hammond
 09/13/10 HERMON-DEKALB
 09/16/10 @Clifton-Fine
 09/20/10 @ Morristown
 09/23/10 LISBON
 09/28/10 HARRISVILLE
 10/01/10 @ Heuvelton
 10/05/10 HAMMOND
 10/08/10 @ Hermon-DeKalb
 10/13/10 CLIFTON-FINE
 10/15/10 MORRISTOWN
 10/20/10 @ Lisbon
 10/21/10 @ Harrisville
 10/26/10 HEUVELTON



Men's Soccer

08/26/10 Home Scrimmage
 09/07/10 HAMMOND
 09/10/10 Harrisville Tourn.
 09/11/10 Harrisville Tourn,
 09/14/10 @ Hermon-DeKalb
 09/17/10 CLIFTON-FINE
 09/21/10 MORRISTOWN
 09/24/10 @ Lisbon
 09/27/10 @ Harrisville
 09/30/10 HEUVELTON
 10/04/10 @ Hammond
 10/07/10 HERMON-DEKALB
 10/12/10 @ Clifton-Fine
 10/14/10 @ Morristown
 10/18/10 LISBON
 10/21/10 HARRISVILLE
 10/25/10 @ Heuvelton

MODIFIED

09/07/10 HAMMOND
 09/14/10 @ Hermon-DeKalb
 09/17/10 CLIFTON-FINE
 09/21/10 MORRISTOWN
 09/24/10 @ Lisbon
 09/27/10 @ Harrisville
 09/30/10 HEUVELTON
 10/04/10 @ Hammond
 10/07/10 HERMON-DEKALB
 10/12/10 @ Clifton-Fine
 10/14/10 @ Morristown
 10/18/10 LISBON
 10/21/10 HARRISVILLE
 10/25/10 @ Heuvelton

Swimming

09/03/10 @ Clarkson Pool
 09/07/10 MASSENA
 09/10/10 OGDENSBURG
 09/14/10 SALMON RIVER
 09/17/10 @ Potsdam
 09/21/10 @ Gouverneur
 10/28/10 @ Canton
 10/01/10 ST. LAW. CENTRAL
 10/05/10 @ Ogdensburg
 10/12/10 @ Salmon River
 10/15/10 GOUVERNEUR
 10/19/10 FRANKLIN ACADEMY
 10/26/10 @ St. Lawrence Central
 11/06/10 Sectionals @ SUNY
 Potsdam - Maxcy Hall

MODIFIED*

09/03/10 @ Clarkson Pool
 09/07/10 MASSENA
 09/10/10 OGDENSBURG
 10/05/10 @ Ogdensburg
 10/30/10 Finals @ Ogdensburg

*More contests will be added to this schedule in the near future.



VOLLEYBALL

VARSITY

09/02/10 SALMON RIVER
 09/08/10 @ Chateaugay
 09/10/10 CANTON
 09/14/10 GOUVERNEUR
 09/16/10 @ Potsdam
 09/21/10 @ Madrid-Waddington
 09/23/10 OGDENSBURG
 09/28/10 TUPPER LAKE
 09/30/10 FRANKLIN ACADEMY
 10/05/10 @ Massena
 10/07/10 @ Canton
 10/13/10 @ Gouverneur
 10/15/10 POTSDAM
 10/19/10 MADRID-WADDINGTON
 10/21/10 @ Ogdensburg

MODIFIED*

09/08/10 @ Chateaugay
 09/18/10 6-way scrimmage @ Tupper
 09/21/10 @ Madrid-Waddington
 09/23/10 OGDENSBURG
 09/28/10 TUPPER LAKE
 10/02/10 6-way scrimmage @ M-W
 10/05/10 @ Massena
 10/16/10 6-way scrimmage @ Massena
 10/19/10 MADRID-WADDINGTON
 10/21/10 @ Ogdensburg
 10/23/10 6-way scrimmage @ OFA

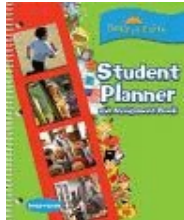
*Location to be determined.



K-6 COUNSELOR NEWS

PARENTS CAN HELP STUDENTS STUDY

- Require your child to write down homework assignments in a daily planner or calendar.
- Help your child find a quiet location to study and do homework. Provide them with pens, pencils, paper, and other necessities.
- Assign a minimum amount of time to spend on homework and study (the amount will vary depending on the grade your child is in.) This can prevent rushing through homework.



- Require your child to show you his/her homework when they are finished. Edit the work for spelling and grammar errors.



- Help your child use a homework folder to ensure his/her hard work makes it back to school.



- Allow your child a break when he/she is spending long periods of time doing homework and studying.

OLWEUS



In order to continue our proactive efforts to provide a safe school environment, Edwards-Knox Central School will continue to support the new and exciting program called the Olweus Bullying Prevention Program (OBPP).

The Olweus Bullying Prevention Program is one of the best-known prevention programs available today. The OBPP is an evidence-based program that has been proven to prevent or reduce bullying incidents. The implementation of the OBPP in our district was made possible via funding by The Safe Schools Healthy Students Grant.

The goals of OBPP, which will include all students in grades K-9, (we will add 10th grade next year) are to reduce bullying incidents, prevent new ones from happening and improve relationships among students.

Parents/Guardians play a key role in the program. Your child will be asked to tell an adult at school or home if he or she is bullied or sees bullying happening at school. We ask that incidents of bullying reported to you be immediately shared with our staff so that we can address them in a timely manner.

We just started The Olweus Bullying Prevention Program at the end of last year. We have a year full of plans for the program.

Bullying should not be seen as “kids just being kids” or something that students just need to accept. Having a safe school experience is something all students should be able to enjoy.

Ms. Suzanne L. Kelly
Superintendent of Schools
(315)562-8130
Fax: (315)562-2477

EDWARDS-KNOX CENTRAL SCHOOL DISTRICT
P.O. BOX 630
RUSSELL, NEW YORK 13684-0630

BOARD OF EDUCATION
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Teresa A. Hogle, Vice-Pres.
Rick Brewer
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Kay C. Amo, Clerk

Michelle J. Varian
Jr.-Sr. H.S. Principal
(315)562-8131
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BUS GARAGE: (315) 562-8133
SCHOOL-BASED HEALTH CLINIC: (315) 562-8135 Fax: 562-8136
NURSE'S OFFICE FAX: 562-8138
www.ekcsk12.org

Ronald P. Burke
Elementary Principal
(315)562-8132
Fax: (315)562-8134

August 23, 2010

Statement of Pesticide use through the Integrated Pest Management Plan (IPM) during a School Year

What is Integrated Pest Management?

IPM is an effective and environmentally sensitive approach to pest management that relies on a combination of common sense practices. IPM programs use current and comprehensive information on the life cycles of pests and their interactions with the environment. This information, in combination with available pest control methods is used to manage pest damage by the least economical means that pose the least possible hazard to people, property and the environment. IPM programs take advantage of all pest management options possible which include but are not limited to the judicious use of pesticides. Understanding pest's needs is essential in implementing IPM effectively. Pests seek habitats that provide basic needs such as air, moisture, food and shelter. Pest populations can be prevented or controlled by creating inhospitable environments by removing some of the basic elements pests need to survive or by simply blocking their access into buildings. In the event that these actions are not effective, IPM may require that pests be managed by other methods such as traps, vacuums, biological controls or pesticides. This notice is to inform you of the Integrated Pest Management Program of this school.

Schools are required to maintain a list of staff and parents who wish to receive forty-eight hour prior written notification of pesticide applications at relevant facilities and procedures on how to register with the school to be on a list for notification.

The E-KCS representative for our IPM Plan is John Daniels. To be placed on a list to receive 48-hour notice of pesticide application, please contact Mr. John Daniels, Supt. of Buildings & Grounds, at 562-8326, Ext. 526.

ELEMENTARY CORNER

By: Ronald Burke, Principal

Welcome to a new school year! We are up and ready to begin!!

New Staff to Welcome:

Natasha Brewer	Reading Teacher
Jennifer Impey	Art Teacher
Courtney Errigo	Senior Interpreter
Amanda Hamilton	Teacher Assistant

WHAT TO PURCHASE

You may contact the elementary office or stop by and pick up a list. Please don't buy items that aren't listed as space is limited in the children's desk and locker.

Just a reminder, all students are required to wear sneakers for physical education unless they are swimming. If possible, children should keep a pair of sneakers at school so they are prepared for class and also to use for the playground daily. Children may not wear any open-toed shoes, sandals, or flip flops on the equipment for safety purposes.

We are asking all parents to provide us with your e-mail address on our Emergency Information form. Each teacher has their e-mail address available on their web page.

HANDOUTS TO LOOK FOR

Each year it is necessary to update our files and send home a variety of forms that need to be filled out and returned in a timely fashion. What to look for:

- 1) Emergency Information Sheet/Photo Permission Form
- 2) Student Handbook (Parent, Student, and School Compact)
- 3) Code of Conduct
- 4) Individual teacher's letters
- 5) Student Residency Questionnaire
- 6) Request for Duplicate Forms: this is a form to cover families who need duplicate copies of report cards, invitations to conferences, and any other pertinent documents. Please complete this form and submit a copy of the court issued documents dealing with custody. In order to be aware of specific details, it is important for us to have the documentation. Without the necessary paperwork on file, all pertinent information will be sent to the primary address of residence.

Please try to remember to send in a note with updates (new address, change in telephone numbers...) for your Emergency forms. Last year there were several incidents where we couldn't contact parents because information was invalid. Don't rely on children to pass on such important information.

ELEMENTARY CORNER CONT'D.

By: Ronald Burke, Principal

BUS NOTES

All bus changes should be received in written form prior to 1:00 p.m. This includes written notes, faxes, or e-mails with telephone approval. Please be sure to include the child's first and last name, location to be dropped off including address and name of residence, the dates to be dropped off or picked up, parent/guardian's signature, and the date of request. At times, substitute secretaries may be on duty and aren't always familiar with the names and locations within our district.

For those children who go to more than one household, i.e. babysitter, alternate parent, or relative, feel free to send in a permanent bus pass by the week, month, or year if you know the schedule.

In the case where no one is at home, children will be brought back to school, and it is the family's responsibility to pick up their child at school. If you prefer that your child be dropped off, whether an adult is home or not, please send a note stating this to the office. For safety purposes, the drivers have been instructed not to drop off young children without supervision.

CODE OF CONDUCT

Introduction:

The Edwards-Knox Central School District Code of Conduct is designed to meet the requirements of the Safe Schools Against Violence in Education Act (Project SAVE). Project SAVE legislation sets forth different and expanded requirements for codes of conduct in public schools. This law requires every school district and BOCES to have new codes of conduct in place by July 1 that are renewed each year. Ultimate authority for adoption of a code rests with the Board of Education, but the statute requires school boards to develop their codes in collaboration with administrator, teacher, parent, and student organizations. The Edwards-Knox Central School District Code of Conduct (hereafter referred to as the "Code") is the result of that collaborative effort. A full copy of the Code of Conduct can be requested from either offices.

Purpose of the Code:

The Code governs the conduct of students, teachers, other school personnel, as well as visitors. The purpose of the Code is to foster a safe and orderly school environment where students may receive and district personnel may deliver quality education services without disruption or interference. The Code outlines expectations for appropriate behaviors on school property or while attending a school function and identifies consequences for inappropriate conduct for students, school personnel, parents, and visitors.

ELEMENTARY CORNER CONT'D.

By: Ronald Burke, Principal

CODE OF CONDUCT CONT'D.

Student Rights and Responsibilities:

The district is committed to safeguarding the following fundamental rights of all students. The right to: take part in all district activities on an equal basis; be heard in cases of alleged misconduct; and have access to school rules and an explanation of those rules.

With these rights, come responsibilities for contributing to a safe and orderly environment. Students are expected to show respect to others and school property; be familiar with and abide by the district's policies; attend school regularly; work to the best of their ability; respond in a respectful, positive manner; control their anger; dress appropriately for school and school functions; and conduct themselves appropriately when participating in or attending school-sponsored extracurricular events.

Essential Partners:

The SAVE legislation requires that codes of conduct contain provisions defining the roles of teachers, administrators, other school personnel, boards of education and parents. In our Code this section sets forth certain specific roles and responsibilities for parents, teachers, principals, the guidance counselor, school psychologist, superintendent, and the board of education in regard to their roles in creating and maintaining a safe, orderly, and effective school.

Student Dress Code:

The SAVE legislation also requires that a student dress code be adopted regarding dress while on school property, and the code may not be vague, subjective or overly broad. This section of the code provides students with guidelines about acceptable and unacceptable appearance standards. Each building principal shall be responsible for informing all students and their parents of the student dress code at the beginning of the school year. Students who violate the dress code shall be required to modify their appearance by covering, removing, or replacing the offending item, as appropriate.

In our code a student's dress, grooming and appearance, including hair style/color, jewelry, make-up and nails, shall:

1. Be safe, appropriate and not disrupt or interfere with the educational process.
2. Recognize that extremely brief garments such as tube tops, net tops, plunging necklines (front and/or back), tops that expose the midriff, see-through garments, as well as short shorts and short skirts may not be appropriate for school during regular school hours. In addition, tops cannot be lower than 4" from the base of the neck in the back, no cleavage should be observed and shorts, skirts, and dresses cannot be shorter than finger tip length when a person's arms are relaxed at their sides. (Exceptions to this rule could include special designated events, such as wearing a dress with spaghetti straps to the prom or to music concerts.) The principal will make decisions when questions or concerns arise regarding the appropriateness of an individual student's dress.

ELEMENTARY CORNER CONT'D.

By: Ronald Burke, Principal

CODE OF CONDUCT CONT'D.

3. Ensure that underwear is completely covered with outer clothing.
4. Include footwear at all times. Footwear that is a safety hazard will not be allowed. At the elementary level sneakers are required on gym days and on the playground.
5. For students grades 7-12 hats or visors will not be permitted in offices, in the cafeteria, during assemblies, at banquets, or programs. At the elementary level hats, bandanas or any other head covering may not be worn in the building. Students are to leave such items in their lockers/cubbies upon entry.
6. Not include items that are vulgar, obscene, libelous or denigrate others on account of race, color, religion, creed, national origin, gender, sexual orientation or disability. Not promote and/or endorse the use of alcohol, tobacco or illegal drugs and/or encourage other illegal or violent activities.

Prohibited Student Conduct:

Students are expected to conduct themselves in an appropriate and civil manner, with proper regard to the rights and welfare of other students, district personnel and other members of the school community, and for the care of school facilities and equipment. Students must learn to assume and accept responsibility for their own behavior, as well as the consequences of their misbehavior. Students may be subject to disciplinary action, up to and including suspension from school, when they engage in: conduct that is disorderly, insubordinate, disruptive, violent, or that endangers the safety, morals, health or welfare of others. Inappropriate behavior also includes misconduct on a school bus or any form of academic misconduct such as plagiarism, cheating, copying, or altering records.

Reporting Violations:

Everyone subject to the Code is expected to promptly report violations to proper school officials. Anyone observing an individual possessing a weapon, alcohol or an illegal substance on school property or at a school function shall immediately report this information to a school official. Any weapon, alcohol or illegal substance found in a student's possession shall be confiscated immediately, if possible. This will be followed by notification to the parent of the student involved and the initiation of appropriate action, which may include permanent suspension from school and/or referral for civil prosecution. The building principal or designee must notify the local law enforcement official(s) of those Code violations that substantially affect the order or security of the school and constitute a crime.

Disciplinary Procedures:

Disciplinary action, when necessary, will be firm, fair and consistent so as to be the most effective in changing student behavior. In determining the appropriate disciplinary action, school personnel authorized to impose disciplinary penalties will consider the student's age; the nature of the offense and the circumstances which led to the offense; the student's prior disciplinary record; the effectiveness of other forms of discipline; information from parents, teachers and/or others, as appropriate; and other extenuating circumstances.

ELEMENTARY CORNER CONT'D.

By: Ronald Burke, Principal

CODE OF CONDUCT CONT'D.

As a general rule, discipline will be progressive. This means that a student's first violation will usually merit a lighter penalty than subsequent violations. Students will receive progressively more severe consequences when school rules are disregarded more than one time.

Progressive discipline measures for K - 6th grade will include:

1. Behavior plan written by the child and teacher to be sent home to the parent.
2. Loss of classroom privileges and/or exclusion from specific activities.
3. "Time Out" within the classroom, in another classroom, or school location.
4. After school detention.
5. Special arrangement, on a case-by-case basis, may be made for children having serious behavior difficulty.
6. Suspension from school, in conjunction with supporting professional staff.

The principal may use discretion in issuing these consequences upon reflection of the length of time between referrals.

Alternative Instruction:

When a student of any age is removed from a class by a teacher or a student of compulsory attendance age is suspended from school pursuant to Education Law, the district will take immediate steps to provide alternative means of instruction for the student.

Discipline of Students with Disabilities:

Students with disabilities are guaranteed certain procedural protections when they become the subjects of disciplinary action. The Code expressly recognizes and employs these protections in accordance with applicable federal and state laws and regulations.

If the conduct of a student is related to a disability or suspected disability, the student shall be referred to the Committee on Special Education and discipline, if warranted, shall be administered consistent with the separate requirements of this code of conduct for disciplining students with a disability or presumed to have a disability. A student identified, as having a disability shall not be disciplined for behavior related to his/her disability.

Corporal Punishment:

Corporal punishment of students is forbidden. Reasonable physical force may only be used to protect any person from physical injury, to protect the property of the school or others, or to restrain or remove a student who has refused to refrain from acts that interfere with the orderly exercise and performance of school district functions.

ELEMENTARY CORNER CONT'D.

By: Ronald Burke, Principal

CODE OF CONDUCT CONT'D.

Student Searches and Interrogations:

The United States Supreme Court has held that a student may be searched by a school official if the official has "reasonable suspicion" to believe that a search of the student will result in evidence that the student violated the law or a school rule. Students are not entitled to any sort of "Miranda"-type warning before being questioned by school officials, nor are school officials required to contact a student's parent before questioning the student. However, school officials will inform all students why they are being questioned.

An authorized school official may conduct a search of a student's belongings that is minimally intrusive, such as touching the outside of a book bag, without reasonable suspicion, so long as the school official has a legitimate reason for the very limited search. An authorized school official may search a student or the student's belongings based upon information received from a reliable informant. Lockers, desks, and other such storage spaces remain the exclusive property of the school, students have no expectation of privacy with respect to these areas.

Before searching a student or the student's belongings, the authorized school official should attempt to get the student to admit that he or she possesses physical evidence that they violated the law or the district code, or get the student to voluntarily consent to the search. Searches will be limited to the extent necessary to locate the evidence sought. Whenever practicable, searches will be conducted in the privacy of administrative offices and students will be present when their possessions are being searched.

Law enforcement officials may be summoned in order to conduct an investigation of alleged criminal conduct on school premises, or during a school-sponsored activity, or to maintain the educational environment. They may also be summoned for the purpose of maintaining or restoring order when the presence of such officers is necessary to prevent injury to persons or property.

The School District's administrators shall at all times act in a manner that protects and guarantees the rights of students and parents. Police authorities have no right to interview students in the school building without a warrant or probable cause for suspicion, they should take the matter up directly with the student's parent/legal guardians. If a student is to be questioned by police, it is the responsibility of the school administration to see that the interrogation takes place privately and in the presence of the parents/legal guardians and the building principal/designee unless the student is 16 years of age or older. The building principal or his/her designee must be present with the student at all times during an interrogation and will be responsible for terminating the questioning in the event it becomes inappropriate.

Visitors:

Parents and other district citizens are encouraged to visit our school. Visitors are asked to schedule appointments, so sign in at the main office to receive a visitor's pass, and to abide by the same rules our students follow for public conduct on school property.

ELEMENTARY CORNER CONT'D.

By: Ronald Burke, Principal

CODE OF CONDUCT CONT'D.

Public Conduct on School Property:

All persons on school property or attending a school function shall conduct themselves in a respectful and orderly manner. This requirement extends to the wearing of appropriate attire. Violators will be subject to removal and exclusion from school grounds and school-sponsored activities.

Dissemination and Implementation:

The board will work to ensure that the community is aware of this code of conduct by: providing copies of a summary of the code to all students and parents; making copies of the code available for review by students, parents and other community members; providing all current teachers and other staff members with a copy of the code and a copy of any amendments to the code as soon as practicable after adoption; and providing all new employees with a copy of the current code of conduct when they are first hired.

The board of education will review this code of conduct every year and update it as necessary. In conducting the review, the board will consider how effective the code's provisions have been and whether the code has been applied fairly and consistently.

Before adopting any revisions to the code, the board will hold at least one public hearing at which school personnel, parents, students and any other interested party may participate. The code of conduct and any amendments to it will be filed with the Commissioner no later than 30 days after adoption.

<p style="text-align: center;">SCHOOL HOURS</p> <p>Any student who is dropped off prior to 7:45 a.m. is to report directly to the downstairs cafeteria and be seated until 7:45. Students are not permitted to walk the halls, go to a classroom without a teacher's approval, or stand and wait in the lobby. For those students who violate this request, a warning will be issued and parents notified. Repeated offenders will receive consequences.</p>	<p style="text-align: center;">VOLUNTEERS</p> <p>The Parents' Association supports the mission of the Edwards-Knox Central School District with commitments of time and money. This year, there will not be a major fundraiser. However, we are in need of volunteers to assist with school activities and the Book Fair. Please consider joining this group. We meet on the first Thursday of each month. Normally the meetings require less than one hour. Our first meeting is on September 2, 2010, at 6:30 p.m. We hope to see you!</p>
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7-12 NEWS
Michelle Varian, Principal

Dear Parents, Students, and Members of the Edwards Knox Community,

Welcome to a new school year. May this be the best one yet! I am here to partner with you in the education of our children. Please feel free to contact me with any concerns, questions, or suggestions you might have regarding grades 7-12. I look forward to building a solid relationship with each and everyone of you as my time at Edwards-Knox Central School progresses.

Contact Information

High School Phone number: (315) 562-8131, ext 1510
E-mail: mvarian@ekcsk12.org

Sincerely,

Michelle Varian



SCHOOL DAY STARTING TIME

The school day begins at 7:50. Teachers are on duty at 7:45 and students need to be in the building and either in their homeroom to read or in the cafeteria for breakfast when the *first bell rings at 7:50.* **After 7:50 am, students are considered late!** Some students are lax and they and their parents don't plan well to get here on time to be in homeroom or at breakfast at 7:50. Students are allowed *3-lates* only to school. After that, driving privileges can be taken away for ten weeks, and detention or in-school suspension can be assigned.

The point is - lateness to school disrupts our daily orderly operation and it is unacceptable in real life. Be here on time! Extenuating circumstances are considered . . . that is why we allow three lates. After that there is no excuse that will suffice.



Lates due to bus problems are not counted against a student. Lates due to car problems are. Again, that is why we allow three lates for only three extenuating circumstances.

Be on time

7-12 NEWS CONT'D. Michelle Varian, Principal

Late to School -



If a student is late to school for whatever reason, **a signed note from their parent/guardian** should accompany them when they sign in late. If a student has an excused reason, such as a dentist appointment, doctor appointment, or other excused reason, they must bring in a note from that office. If the student plays a sport, this is a must for the coach and the office needs to see it when the student signs in. You can refer to your son/daughter's Student Handbook for further information.

Excuses for Absences -

Parents and students please remember . . . when a student is absent from school due to illness or for some other reason they have **one day** only to bring in an excuse for their absence. If on the second day after an absence from school they have not brought in their excuse, they will be assigned a detention. This is specified in our student handbook and must be followed because ***we must have excuses on file in the high school office.*** It is a state law. Please remember to send your son or daughter in with their excuse for each absence the day they return to school so they do not forget and get a detention as a result.

Early Dismissals and Bus Passes -

This year, as in years past, parents/guardians will need to send a note to the H. S. Office if a student will be getting dismissed early or if a student will be going to a location other than home. Telephone calls will not be accepted. It helps us all if parents/ guardians send in a signed and dated note stating the student will be dismissed at a certain time for a specific reason. This way their early dismissal is on the daily attendance sheet and teachers know they aren't skipping class.

To help avoid confusion, Early Dismissal notes and Bus Pass notes need to be brought into the H. S. Office before 8:30 am. Please have both bus numbers, if changing buses, on the request to ride to someone else's house.

We understand that sometimes there may be an emergency situation and you need to call. Please remember that if it is not an emergency, a signed note must be sent.



7-12 NEWS CONT'D.
Michelle Varian, Principal

EMERGENCY FORMS

Emergency Forms will be accompanying the student's schedule in the mail in late August. These are extremely important to have on file. Please question your son/daughter to be sure they have turned in their form. If another form is needed, one can be picked up in the High School Office or by calling the school and requesting another one. This form has important information that must be put into the computer for the nurse as well as the office. If you move, change telephone numbers, or your son/daughter develops a special medical need and you need to update this form, please contact the High School Office.

STUDENT DRIVERS

Just a reminder to students who drive to school - you will need to register your vehicle and list any passengers you plan to transport home. You can obtain a form in the High School Office and the office will retain this form for "liability" issues, should one arise. Only students who have properly registered their vehicle, listed those riders who have a note of permission from their parent to ride with the driver, and a note from the driver's parent of who is allowed to be transported, will be able to continue to drive to school. A numbered and dated 'Parking Permit' will be given to each registered driver to display in their vehicle. Inquire in the High School Office if you have any questions.

NO ATV USE IS ALLOWED ON SCHOOL PROPERTY



We have two signs on school grounds stating there is no all-terrain vehicles (ATV) use. As the popularity of ATVs increases, we continue to have concerns about safety and liability. We would like to thank district residents in advance for complying with our no ATV ordinance.

Detention

Detentions will be assigned on either Tuesday or Thursday this year. Students will be required to serve their assigned detentions on the first immediate day detention is available. Students who are involved in extra-curricular activities such as athletics, clubs, or musical/drama productions must complete their detention prior to participation in their activity that day.

7-12 NEWS CONT'D.
Michelle Varian, Principal

PHYSICAL EDUCATION EXEMPTION

Students on Varsity Teams - Students who are participating on Varsity athletic teams can use an "extra-class" athletic program for physical education credit if:

"They are scheduled into their regular physical education class and demonstrate they have achieved acceptable levels/standards of physical fitness and have acquired the knowledge of the instructional activities of the class" (8 NYCRR 135.4(c)(2)(ii)©. Once the extra-class athletic program has ceased, the students must return to class.

Students who have a "full schedule" and believe they have extenuating circumstances warranting exclusion from physical education class for one or more sports seasons and can meet the above criteria must present their request for exemption from physical education class before a review committee of seven consisting of: Athletic Director, Principal, P.E. Teacher, Coach, Neutral Coach, Guidance Director, and Student. A ruling will be made and announced to the student that day.

Congratulations

Edwards-Knox Central and Southwest Tech are proud to announce that the following students have ranked in the top 20% of their class and have become **Top Achievers**. They achieved this honor during the marking period ending June 14, 2010.

- Kelly Hedrick - Cosmetology I
- Ashley Matthie - Cosmetology II
- Michael Reynolds - Auto Technology II
- Adam Coffey - Building Trades II
- Morton Klock III - Environmental Tech I
- Simon White - Building Trades II
- Aaron Lewis - Environmental Tech II
- Katelyn Ward - Early Childhood Ed. II
- Ethan Panetti - Environmental Tech II
- Kelsi Robert - Metalworking Tech I
- Thomas Smith, Jr. - Multi-Occupations I
- Tyler McDonald - Metalworking Tech II
- Michael Smith - Multi-Occupations II



Anti-Bullying Rules

1. We will not bully others.
2. We will try to help students who are bullied.
3. We will try to include students who are left out.
4. If we know that somebody is being bullied, we will tell an adult at school and an adult at home.

Dress Code (Grades 7-12)

Your attire very often reflects your character and attitude. Although you are encouraged to dress comfortable, we also encourage you to exercise good judgment and good taste in your choice of attire.

- Clothing that a student wears to school should be safe, appropriate, and not disrupt or interfere with the education process.
- Clothing and hats may not include vulgar, obscene, libelous, or denigrate others on account of race, color, religion, creed, national origin, gender, sexual orientation or disability. In addition, they can not promote and/or endorse the use of alcohol, tobacco, or illegal drugs and/or encourage other illegal or violent activities.
- Students may not wear hats in offices, during assemblies, in the cafeteria, at banquets or programs, or in classrooms.
- Undergarments may not be showing at any time.
- Include footwear at all times. Footwear that is a safety hazard will not be allowed.
- Pajamas are not allowed to be worn to school unless it is a special event approved by the principal.
- Extremely brief garments such as tube tops, net tops, plunging necklines (front and/or back), tops that expose the midriff, see-through garments, as well as short shorts and short skirts will be considered disruptive to the smooth operation of the school, and therefore, not appropriate for typical school dress.
- Tops cannot be lower than 4" from the base of the neck in the back, no cleavage should be observed, and shorts, skirts, and dresses cannot be shorter than finger tip length when a person's arms are relaxed at their sides.

Students who violate the dress code shall be required to modify their appearance by covering, removing, or replacing the offending item, as appropriate.

Electronic Device Use

Students are prohibited from using or having on or in an operational mode any paging device, mobile telephone, cellular telephone, Ipod, MP3, CD player, or electronic games, laser pointer or laser pen, or any other type of telecommunications or imaging device during the hours of 7:45 am to 3:15 pm while in the school building or associated with a school trip. The only exception would be with prior approval provided by an administrator when such a device is deemed necessary for a classroom assignment.

If an electronic device is displayed in school between 7:45 am and 3:15 pm, it will be confiscated by the teacher and given to the principal. It will be the responsibility of the parent to pick up the device at a mutually agreed upon time.

While students are permitted to possess such devices during the school day, they are to be kept in a backpack, purse, or pocket not visibly displayed. These devices are to be stored in the off mode. A student may use a cell phone after the school day has ended under the following circumstances:

- For purposes of contacting a parent or guardian to arrange transportation.
- In case of emergency.

Students are prohibited from using these electronic devices in any educational process which invades the privacy of students, employees, volunteers, or visitors. If a student violates this prohibition, then he/she is subject to discipline under this provision and/or any other provision in the School District Code of Conduct that may be applicable to the circumstances involved. This prohibition also includes the use of cameras, still or video. At no time will cell phones or cameras be allowed in locker rooms or bathrooms.

It is up to the discretion of a coach, chaperone, or teacher if cell phones are to be used during school-sponsored events, including riding the bus. The use is for transportation purposes or contacting parent/family member, not social interaction.

At no time is E-KCS responsible for the loss, damage, or the usage of any of the above mentioned electronic devices while on school property.

7-12 NEWS CONT'D.
Michelle Varian, Principal

Reserved Calendar Dates -

- | | | |
|-------------------|---|---|
| Sept. 1 & 2, 2010 | - | Staff Development Days |
| Sept. 6, 2010 | - | NO SCHOOL Labor Day Holiday |
| Sept. 7, 2010 | - | School Opens for Students |
| Sept. 13, 2010 | - | Yearbook Picture Day |
| Sept. 17, 2010 | - | Dance (7-10 PM), sponsored by Class of 2011 |
| October 8, 2010 | - | End of 1 st Interim Report period |
| October 11, 2010 | - | NO SCHOOL Columbus Day |
| October 14, 2010 | - | Fall Conferences from 3:30 to 7:30 pm
Students dismissed at 11:30 am |
| October 15, 2010 | - | Remaining interim reports distributed to students |
| Nov. 10, 2010 | - | End of First Marking Period – Students dismissed at 11:30 am |
| Nov. 11, 2010 | - | NO SCHOOL Veteran's Day |
| Nov. 12, 2010 | - | No School For Students - Staff Development Day |
| Nov. 19, 2010 | - | Report Cards go home |
| Nov. 24-26, 2010 | - | NO SCHOOL Thanksgiving Vacation |



The 2011 Cougar Yearbook can be ordered as soon as the first week of school. Orders can be placed in person in the cafeteria with Kathy Whitmarsh or on-line at www.shop.jostens.com. We anticipate the cost to be \$35 each until November 30, 2010, at which time it will go to \$45 each. If you wish to have your name imprinted on the cover of your yearbook there is an extra fee. **There were not any extra books last year or the year before, so it is important to get your order in.** More information will be available in the cafeteria through Kathy Whitmarsh in September.

YEARBOOK PICTURE DAY

Picture Day this year will be Sept 13, 2010. Please mark this date on your calendar. All students will have their pictures taken for free by WMF Photography to be placed in the yearbook. Parents may choose to purchase a picture package of their child as well.

If you have any questions please call Kathy Whitmarsh at 562-8130 x 1507.

Senior Yearbook Pictures are due to Mrs. Whitmarsh in the cafeteria as soon as possible. They can be taken for free at the September 13th picture day or you may use a photographer of your choice. The pictures submitted must be digital and contain at least 300 dpi. The yearbook staff must complete senior pages and submit them to Jostens by Dec. 20, 2010.



Are you handy with a computer? Creative? A hard worker? Have you wanted to get involved in your school community but haven't found your niche? Consider joining the yearbook staff. The yearbook staff needs you! Contact me in the cafeteria.

Kathy Whitmarsh, Yearbook Advisor

CAFETERIA NEWS

KATHLEEN WHITMARSH, COOK/MANAGER



Hi everyone! It's time to start thinking about school again.

Each year your meal applications need to be updated. The government gives you until September 30 to get this done. Your last year's status for your child will be the same until you change it by re-filing, or **October 1 comes**. If you were full priced last year and this year you may be reduced or even free, it is good to fill out the application as soon as possible, so your meal eligibility starts as soon as possible. **Please feel free to fill out the meal application** and send it in to get free or reduced meals this year. On October 1, 2010 **everyone** who has **not reapplied** for free/reduced Meals will automatically change to **FULL PRICE MEALS**.

You can check your student's account at any time by going to (ekcsk12.org); the **Edwards-Knox Central School web page**, and **clicking on Cafeteria**. Click on the little bar that says mynutrikids.com and setting up an account (**which is free**). Click the green balloon which says **sign-up**, or if you have already signed up, sign in. You can also set it up so Nutrikids will remind you that your student's balance is low and you need to add money. If you need any help please feel free to call or stop in and see me.

A fee is charged if you put money on your students account with an electronic check, debit card, credit card, or PayPal®. **A flat fee of \$1.75** will be charged to the total bill. This new convenience fee will apply to **deposits of all amounts**. **Parents making payments into multiple meal accounts will only be assessed the \$1.75 fee once per deposit transaction, so do all accounts with one transaction.**

This fee must be applied to **all payment types** (credit, debit, e-check, PayPal account). You only have to pay if you are putting money on an account electronically. It is still acceptable to give the student money or send it straight to the school to put on your child's account. The fees charged for electronic payments do not benefit the school and it is something regulated by the government and charged by Paypal or whatever electronic method Nutrikids uses.

You may check a student's account and see what he has been buying (a 30-day history) and what the balance is on their account, for **free**. Another free aspect of the program is it will e-mail you that your student's balance is low if you set it up with a threshold.

The price of breakfast went up 10¢ from 65¢ to 75¢, and the price of elementary lunch grades PK-3 went from \$1.35 to \$1.45. The cost of full price grades 4-12 did not change; it is still \$1.60. The cost of reduced meals remains at 25¢ for a meal. This is the first time our prices have changed since 1997-1998 and we will do our best to keep prices low. The other costs have continued to rise, but we feel we are here to give them the freshest, best possible meal, at the lowest cost possible.

As you can see, the menus provide many choices each day, ranging from hot items to salads, to wraps, subs and PB & J. Other items available include soup, string cheese, yogurt, fresh and hot vegetables, as well as fresh and canned fruits. We serve a low fat (1%) chocolate milk or skim or 1% white milk daily for lunch. A student may pick all of the 5 meal items (main entrée, vegetable, fruit, bread, and milk) or any 3 of the 5. Hopefully with all the choices a student can find some foods they like.

There are still some students who owe money from last year. **Remember, this money needs to be paid or we cannot serve your student a hot lunch.** We can only give Peanut butter if the student owes more than **\$7.50**.

If you have any questions about meals please feel free to contact me. I do hope this is one of the best years ever for all of our students and their families. I look forward to seeing everyone this fall.

Kathleen Whitmarsh (Kathy)
Cook- Manager 562-8130- Ex. 1507



SEPTEMBER 2010 MENU

Mon	Tues	Wed	Thur	Fri
<p><i>Did you see the free and reduced meal application on page 8? If you qualify for these lunches, our school receives many benefits. Please apply or call us to discuss your eligibility.</i></p>		<p>Kathy Whitmarsh Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 kwhitmar@ekcsk12.org P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>	<p>Breakfast Every Day Cereal, Milk, Juice Some Days: Bagels/ Cream Cheese, English Muffins, Danish, fresh fruit, breakfast bars, donuts, eggs.</p>	<p>Prepayments Happily Accepted</p>
<p>Peanut Butter & Jelly and subs offered every day as a lunch choice. Milk, fruit, & vegetable every day. Chef Salad Tue & Thur. Trail Mix most days.</p>		<p>1 Staff Development Day</p>	<p>2 Staff Development Day</p>	<p>3 NO SCHOOL</p>
<p>6 LABOR DAY  No School</p>	<p>7 Pizza Peas Bread Milk Fruit</p>	<p>8 Chicken Nuggets Broccoli Salad Green Beans Bread Milk Fruit</p>	<p>9 Spaghetti w/ Sauce Meatballs and/or String Cheese, Bread Milk Fruit</p>	<p>10 Chicken Noodle Soup Tuna or Egg Sandwich Fresh Veggies Milk Fruit</p>
<p>13 Hot Dog on a Bun Mac & Cheese Carrots Milk Fruit</p>	<p>14 Chicken Nuggets Tortilla Chips/ salsa or cheese Milk Fruit Cookies</p>	<p>15 BBQ Chicken Macaroni Salad Corn on the Cob Bread Milk Watermelon & Fruit</p>	<p>16 Taco Day Rice, Lettuce, Cheese Corn Milk Fruit</p>	<p>17 Fishburger or Baked Fish (unbreaded) Cole Slaw Milk Fruit</p>
<p>20 French Toast Sausage Hash Browns Milk Fruit or Ice Juicee</p>	<p>21 Hamburger on a Bun French Fries Carrots Milk Fruit</p>	<p>22 Chicken Patty/Bun Green Beans Bread Milk Fruit</p>	<p>23 Chicken Fajita Peppers & Onions Rice Corn Milk Fruit</p>	<p>24 Tomato Soup Grilled Cheese Sandwich Milk Fruit</p>
<p>27 Hamburg/ Bun Fresh Veggies Corn Milk Fruit</p>	<p>28 Pizza Tossed Salad Milk Melons & Fresh Fruit</p>	<p>29 Pulled Pork/Bun French Fries Peas Milk</p>	<p>30 Apple & Squash Soup Cheese & Veggie Quesadilla or Grilled Cheese Corn on the Cob Apple Milk NY FOOD DAY</p>	<p>Breakfast: 7:45 A.M. Lunch: 11:00 A.M. - 1:00 P.M.</p>

Menu subject to change without notice.



OCTOBER 2010 MENU

Mon	Tues	Wed	Thur	Fri
				1 Chicken Noodle Soup Egg Salad or Tuna Sandwich Fresh Carrots Milk, Fruit
4 Ravioli Peas Bread Milk Fruit	5 Hamburger on a Bun Pasta Salad w/ veggie Milk Fruit	6 Chicken Nuggets Green Beans Cottage Cheese Bread Milk Fruit	7 Taco Day Rice Corn Milk Fruit	8 Fishburger on a bun French Fries Green Beans Milk Fruit
11 Columbus Day No School	12 Chicken Patty on a Bun California Blend Vegetables Cottage Cheese Milk Fruit	13 Pizza Green Beans Milk Fruit	14 Hot Dogs/ Bun Carrots Milk Fruit 11:30 Dismissal	15 Tomato Soup Grilled Cheese Sandwich Milk Fruit
18 French Toast Sausage Hash Browns Milk Ice Juice or Fruit	19 Sloppy Joe on a Bun Chips Corn Milk Fruit	20 Chicken Nuggets Green Beans Cottage Cheese Bread Milk Fruit	21 Roast Pork Dinner Mashed Potatoes Peas Bread Milk Fruit	22 Fishburger on a bun Fresh Carrots Chips Milk Fruit
25 Pizza Green Beans Milk Fruit	26 Hot Dog/ on a Bun French Fries Carrots Milk Fruit	27 Hamburger on a Bun Pasta Salad w/ veggie Milk Fruit	28 Spaghetti w/ Meatball Bread Tossed Salad Milk Fruit	29 Chicken Noodle Soup Egg Salad or Tuna Sandwich Fresh Veggies Milk Fruit
Kathy Whitmarsh Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 kwhitmar@ekcsk12.org P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684	Breakfast Every Day Cereal, Milk, Juice Some Days: Bagels/ Cream Cheese, English Muffins, Danish, fresh fruit, breakfast bars, donuts, eggs.	Peanut Butter & Jelly and subs offered every day as a lunch choice. Milk, fruit, & vegetable every day. Chef Salad Tue & Thur. Trail Mix most days.		Breakfast: 7:45 A.M. Lunch: 11:00 A.M. - 1:00 P.M.

Menu subject to change without notice.

**Please welcome the following new
staff members to Edwards-Knox:**

Mrs. Michelle Varian - 7-12 Principal
Mrs. Courtney Errigo - Senior Interpreter
Mrs. Rose Marie Wynne - Part-time Interpreter
Ms. Natasha Brewer - Title I/Literacy Teacher
Mrs. Jennifer Impey - Art Teacher
Mrs. Samantha Deleel - K-6 Counselor
Ms. Amanda Hamilton - Teacher Assistant
Mr. John Glassgow - Interim Director of Transportation

**Edwards-Knox Central School
P.O. Box 630
Russell, NY 13684-0630**

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