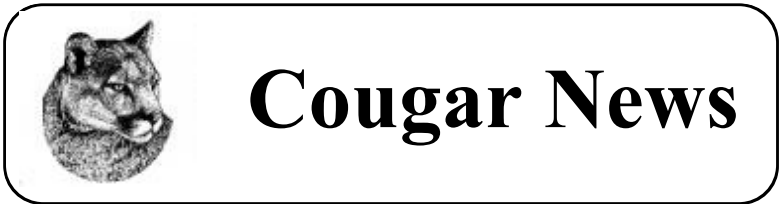


# November-December 2010

Log onto [www.ekcsk12.org](http://www.ekcsk12.org)  
to download this newsletter.



A Publication of the Edwards-Knox Central School Board of Education  
Wheeler Maynard, Jr., President    Lynn Coller    Tom O'Brien  
Teresa A. Hogle, Vice-President    Amanda Fuller    Andrea Webb  
Rick Brewer    Malissa Hale    Tom Wood

## SUPERINTENDENT'S COMMENTS

Suzanne L. Kelly

School is back in full force and we have all settled down into familiar routines. With the return to school some students are reporting increased episodes of cyberbullying. For those of you not familiar with the term cyberbullying it is an online social cruelty, or electronic bullying. The act is intentional and often done to tease, harass or embarrass an individual or a group of people. There are many ways that cyberbullying can occur ie.: emails, Instant Messaging (IM), texting, sending altered pictures or images, through social networks such as Facebook or My Space, Web pages and Blogs. With so many people having cell phones and access to computers the abuses are rapidly multiplying becoming a problem on a daily basis.

Technology has made it all too easy for people to strike out at others due to the anonymity of being online. What once was not acceptable to say or do can now be easily posted or texted without much fear, thought or regards for the truth. These rumors or images can be passed around for others to see and never have to face the intended target. The reality is that what is said online or electronically can have serious effects offline and lead to consequences at school.

We have been forced to deal with several issues already this school year that have surprised some students and parents. What has been said at home or outside of school is now entering into school as students begin to talk about the latest rumor or altered photograph sent out to twenty-five or so students in less than two minutes. If a student suffers emotional or psychological effects due to cyberbullying we are legally bound to deal with these issues.

Help us to deal with these overwhelming situations by talking to your children. Know what your child is doing when he or she is online. Have your computer in a visible area and set limits about the time of use. Cellphones should be placed in plane view during hours of sleep to avoid late night texting. Occasionally check and see who your child is "friending" or has as contacts. Being informed reduces the chances that your child is participating or receiving these hurtful comments.

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## SUPERINTENDENT'S COMMENTS CONT'D.

Many of us grew up hearing if you have nothing nice to say, say nothing at all; or remember the "golden rule". These are still true today; parents truly have a great deal of impact on their children and their actions. Take the time to let them know where you stand on these issues. Together we can make a difference!

In September various employees were recognized for their years of service to the district, these included:

### 5 Years

Hope Gault  
Heather Kerr  
Rosaria Love  
Nanette Moore  
Robin Oelschlager  
Brandie Vachev  
Roxanne Vaughan  
Charla Whitmarsh  
Lee Yerdon

### 10 Years

Lori Brewer  
Fred Foster  
Val Paro  
Erika Rowe  
Sherry Shattuck

### 20 Years

Kathy Hance  
Linda Johnson  
Mary Solon  
Shirley Denesha

### 15 Years

Chuck White

### 25 Years

Kay Amo  
Margie LaPoint  
Joni Macaulay

We are really fortunate to have so many dedicated employees that return each year to make this school a nice place to be. Each person was given a pin displaying the years of services as well as a certificate in their honor.

It was nice to see so many people in the hallways during the Open Houses and Parent/Teacher conferences. This is a good time of year to get involved and to explain what happens in your child/rens classrooms. If you were unable to visit with us during these times don't hesitate to give the offices a call and we will answer any questions you might have.

Enjoy the Fall,

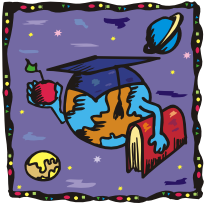
*Sue Kelly*



## **GUIDANCE NEWS**

Linda Alford, High School Guidance Counselor

### **COLLEGE/MILITARY ACCEPTANCES FOR SENIORS**



Making plans for the future is an exciting time for our seniors. I am proud of the work they have done and continue to do. Please help me congratulate the following seniors who have already received their acceptances. This is a list that the Guidance office is aware of as of October 14<sup>th</sup>.

Abigail Campbell - US Air Force

**Seniors are encouraged to bring a copy of their acceptance letters to the Guidance Office.**

### **College Fair**

More than half of our Juniors and Seniors visited the Golden Dome in Ogdensburg on Tuesday morning, October 5, 2010 for the "College Fair". This program brought together many college representatives from New York State, other northeastern states and Canada representing four-year colleges, two-year colleges including community colleges, and the military branches.



### **UPCOMING GUIDANCE PROGRAMS**

- Oct. 21: 11:15am Clarkson U. Rep in the guidance office Interested Juniors & Seniors
- Nov. 4: 11:00am - Paul Smith's Rep. in the guidance office Interested Juniors & Seniors
- Nov. 6 : Saturday bus trip to Up-State Medical Center Interested Juniors and Seniors
- Nov. 10: Hartwick/SUNY Oneonta Bus trip Interested Juniors and Seniors
- Nov. 18 6:30pm Financial Aid Presentation Seniors and Parents
- Nov. 19 11:45am SUNY Canton Rep. in the guidance office Interested Juniors & Seniors
- Nov. 23 1pm 5-8 grade awards
- Dec. 2 8-11:20am SWT Visit Interested Sophomores
- Dec. 9 College Spirit Day 9th - 12th grade students

## GUIDANCE NEWS CONT'D.

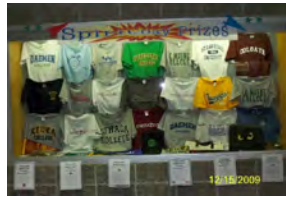
Linda Alford, High School Guidance Counselor

### Financial Aid Meeting

Do you have questions about College Financial Aid. What is it? How do students apply for it? Where can I get information about Financial Aid and Scholarships? Ms. Alford will cover this information and more. You will have an opportunity to ask general questions materials for you to take home. The "College Financial Aid Meeting" will be on **Thursday, November 18, 2010 at 6:30 p.m. in the Library Quarry.**

### College Spirit Day

The High School Guidance office is preparing for its annual "College Spirit Day" on Thursday, December 9, 2010. This is a fun program designed to increase awareness of colleges and to **encourage high school seniors to complete college applications by this date.** With many different categories for participation, 9<sup>th</sup> through 12<sup>th</sup> grade students have the opportunity to win college tee shirts or other donated items from colleges throughout the area. There will be a reception held so juniors and seniors have an opportunity to meet admissions' staff from local colleges during lunch time.



### Grade 10 students to visit Southwest Tech

On Wednesday, November 17, 2010 the counselor from Southwest Tech will visit to introduce Sophomores to technical programs available to Edwards-Knox students at the tech center. During this meeting the students will be invited to visit on Thursday, December 2, 2010. They will have the opportunity to visit several programs. The following courses are currently available at Southwest Tech:

Automotive Technology	Computer Careers
Cosmetology and Nail Technology	Culinary Arts
Early Childhood Education	Criminal Justice
Environmental Technology	Welding
Intro to Health Careers/Allied Health	Building Trades



### Report Card and Progress Report will be mailed on the following dates.

November 17 - Report cards  
 December 21 - Progress reports  
 February 2 - Report cards  
 March 15 - **Spring Conference** - Progress reports available to parents.  
 March 16 - Remaining Progress reports will be mailed  
 April 20 - Report cards  
 May 18 - Progress reports  
 June 24 - Report cards



### Check Out the High School Guidance Web Page!

- From the main page ([www.ekcsk12.org](http://www.ekcsk12.org)) click on the Guidance link.
- It has been updated and had many changes made to it.
- If you've been to our page before, be sure to click on the refresh button for the updated pages.

## GUIDANCE NEWS CONT'D.

Linda Alford, High School Guidance Counselor

### SAT and ACT REGISTRATION DEADLINES

The SAT and ACTs are college entrance tests that some colleges require. Seniors who are planning to go to college and have not yet taken or would like to retake the SAT or the ACT test should consider doing so as soon as possible. Juniors who would like to take these tests are encouraged to wait until May or June of this year unless there are special admission requirements for a program or selective admissions process. The registration deadlines and their test dates are listed below.

Students should carefully check the catalog of each prospective college to determine whether the examinations are required.

Registration materials can be picked up in the High School Guidance Office or can be completed on-line at [www.collegeboard.com](http://www.collegeboard.com) for the SAT and [www.actstudent.org](http://www.actstudent.org) for the ACT. The registration process takes some time so students are encouraged to start early, **DO NOT WAIT FOR THE REGISTRATION DEADLINE TO START THE REGISTRATION MATERIALS!**

<b>ACT</b>	<u>Registration Deadline*</u>	<u>Test Date</u>
	Nov. 05, 2010	Dec. 11, 2010
	Mar. 04, 2011	Apr. 09, 2011
	May 06, 2011	Jun. 11, 2011

**Test Fee: \$33.00**

**With Optional Writing: \$48.00**

Fee waivers may be available in the Guidance Office for students who qualify for a reduced or free lunch.

<b>SAT</b>	<u>Registration Deadlines*</u>	<u>Test Dates</u>
	Nov. 05, 2010	Dec. 04, 2010
	Dec. 23, 2010	Jan. 22, 2011
	Feb. 11, 2011	Mar. 12, 2011
	Apr. 08, 2011	May 07, 2011
	May 06, 2011	Jun. 04, 2011

**Test Fee : \$ 47.00** Fee waivers may be available in the Guidance Office for students who qualify for a reduced or free lunch.

\* Registration materials must be postmarked by this date.

**CEEB/ACT HIGH SCHOOL CODE NUMBER : 334949**

***Arrangements for special testing situations for students with learning disabilities may be made by contacting the High School Guidance office for the proper paperwork. Paperwork needs to be filed well in advance of the desired test date for modifications. Contact Ms. Alford for more details.***

For more information check out the following web pages:

For SAT - [www.collegeboard.com](http://www.collegeboard.com)

For ACT - [www.act.org](http://www.act.org)

or find a useful link on the High School Guidance web page.

## K-6 Counseling News and Upcoming Events Samantha Deleel, Counselor

### AWARD CEREMONIES

In an effort to continue rewarding Elementary Level accomplishments and supporting positive behaviors and academic achievement, students in grades K- 8 will again participate in the four awards ceremonies this year. Some of the awards that students can earn include honor roll, citizenship, effort, positive bus conduct, and perfect attendance. Students can also earn certificates in special areas such as art, music, band, physical education, etc. The dates are tentatively set for:

Tuesday, November 23, 2010 at 8:30am (K-4) and 1:00pm (5-8)

February 9, 2011 at 1:00pm (K-4) and 8:30am (5-8)

April 28, 2011 at 8:30am (K-4) and 1:00pm (5-8)

June 24, 2011 at 8:00am (K-6)

### STATE ASSESSMENTS

New York State will continue the assessment program for the students in grades 3 through 8 in the areas of English Language Arts (ELA) and math. Grades 4 & 8 will also take a science performance test. *New York State has eliminated the Grade 5 and Grade 8 Social Studies Tests as one of the cost reduction measures.*

Students should be sure to get plenty of sleep the night before a test and eat a good breakfast in the morning. They will also need to bring two #2 pencils to the test. The test dates will fall between the following dates:

TEST	ADMINISTRATION DATES
Grades 3-8 ELA	May 4 <sup>th</sup> - 6 <sup>th</sup>
Grades 3-8 MATHEMATICS	May 11 <sup>th</sup> - 13 <sup>th</sup>
Grades 4 & 8 SCIENCE PERFORMANCE	May 31 <sup>st</sup> - June 3 <sup>rd</sup>
Grades 4 & 8 SCIENCE WRITTEN	June 6 <sup>th</sup>

**K-6 Counseling News and Upcoming Events**  
**Samantha Deleel, Counselor**

**HOMEWORK EXCELLENCE**

Students in grades 5 through 8 who achieve homework excellence each quarter will be invited to attend a field trip reward. Eligible students will be notified the week before and a permission slip will be sent home. Encourage your children to complete their homework each night.

**K-6 COUNSELING PROGRAM**  
*Opportunities available to your child*

**BANANA SPLITS**

For many years Edwards-Knox has conducted a program called “Banana Splits”. Groups have been formed to help students handle issues resulting from divorce, death, and/or separation in their families. We call these groups “Banana Splits”.



The purpose of each group is to establish peer support for children who share feelings of loss and change. The purpose is not to provide in-depth counseling, but to give students a time and a place to express themselves in a safe group of peers. Suggestions and comments for dealing with issues come from the group. Discussions focus on appropriate solutions.

These groups will begin in early November; students will be invited to one initial meeting of BANANA SPLITS and will then receive a permission slip to be sent home.

**INDIVIDUAL COUNSELING**

Students can participate in individual counseling with permission from their parents/guardians. Teachers can refer students for counseling or parents can request this service. Counseling focuses on the present by addressing a specific issue or concern. The counselor assists the student in identifying goals, strategies, and skills to cope with, or eliminate, unwanted behaviors or emotions.

**K-6 Counseling News and Upcoming Events**  
**Samantha Deleel, Counselor**

**SOCIAL SKILLS GROUPS**

**This counseling process encourages students to demonstrate appropriate behaviors as they relate to social skills. These include:**

- **Classroom Behaviors - listening, raising hand to answer, completing homework, etc.**
- **Peer Relationships - making friends, joining in a group, tolerating differences, initiating conversations, expressing feelings, personal space, etc.**

**Students will be guided to practice appropriate behaviors in a fun, interactive setting.**

**The school counseling program and the school counselors will work with parents, teachers, and administrators to provide students with the support they need to participate successfully in school. *Emphasis will be placed on student needs as they relate to school success.***

**K-6 Counselor: Samantha Deleel**  
**Email: [sdeleel@ekcsk12.org](mailto:sdeleel@ekcsk12.org)**  
**Phone: (315) 562-8132, Ext. 1100**

*"You have brains in your head.  
You have feet in your shoes.  
You can steer yourself,  
any direction you choose".*

**Dr. Seuss**

*Oh, The Places You'll Go!*



## COUGAR YEARBOOK NEWS KATHLEEN WHITMARSH, ADVISOR



By the time you get this it will be close to November 1, 2010. The last retake for pictures will have taken place October 22, 2010, and the staff and I will be hard at work trying to make this the best yearbook ever.

You may purchase a yearbook by picking up an order form at the High School office, the library, or either cafeteria cash register. You may also come to my office and get a form. The yearbook will again be \$35.00 until December 1, 2010. It will then cost \$45.00.

You may also go the E-K COUGAR home page online, click yearbook, and order yearbook. This will allow you to order online with a credit or debit card.

If you are a business, or have a business; you may purchase an advertisement. 1/8 page is \$45.00, 1/4 page is \$60.00, 1/2 page is \$90.00, and a full page is \$150.00. Contact me at: 315-562-8130 X 1507; or email me at [kwhitmar@ekcsk12.org](mailto:kwhitmar@ekcsk12.org)

Seniors please bring your senior pictures and baby pictures to me. If you would like you may give them to the slide show too, but if I don't get them they won't be in the yearbook. I will give them back and you can give them to the slide show if you want to.

If you have pictures you would like to share with the yearbook you may upload them into our image share box by going to the E-K web page and clicking on share pictures.

I have a wonderful group to work with this year.

Thank you for supporting us.

Kathleen Whitmarsh  
Yearbook Advisor

## 7-12 News

### Michelle Varian, Principal

#### RESERVED CALENDAR DATES

Thursday, November 4, 2010	Parent Association Meeting (6:00 PM)
Tuesday, November 9, 2010	Southwest Tech Open House (6:30-8:30 PM)
Wednesday, November 10, 2010	End of 1 <sup>st</sup> Marking Period
Thursday, November 11, 2010	<b>NO SCHOOL</b> - Veterans Day
Friday, November 12, 2010	<b>NO SCHOOL FOR STUDENTS</b> - Staff Devel. Day
Wednesday, November 17, 2010	Report Cards Mailed Home
Fri., Sat., Nov. 19 - 20, 2010	Senior Play
Tuesday, November 23, 2010	Grades 5-8 Awards Assembly (1:00 PM)
Wed. - Fri., November 24 - 26, 2010	<b>NO SCHOOL</b> - Thanksgiving Vacation
Wednesday, November 8, 2010	Winter Concert, Grades 7-12 (7:00 PM)
Thursday, December 9, 2010	17 <sup>th</sup> Annual College Spirit Day (Grades 9-12)
Wednesday, December 15, 2010	End of 2 <sup>nd</sup> Interim Report Period
Tuesday, December 21, 2010	Progress Reports Mailed Home
Wed. - Fri., Dec. 22 - 31, 2010	<b>NO SCHOOL</b> - Winter Recess

#### NEW "OUT OF SCHOOL SUSPENSION" CONCEPT

There are discipline issues that occur in school that warrant a student being temporarily removed from the school population. In the past, the school would suspend these students out of school and the child would be sent home for a length of time determined by the administration. For many students this was viewed as a reward instead of as a consequence and the result was students were falling behind their peers academically because they were not in school.

To address this problem we have introduced a new concept regarding out of school suspension. Parents are contacted regarding the suspension and are offered the opportunity to have their child monitored in school by a substitute teacher who serves as a mentor, tutor, and counselor for the length of time their child is on out of school suspension. The parent must agree to transport their child to school, arriving at 8:30 (after the student body is in their scheduled classes), and pick their child up at 3:00 (after the student body has departed on the buses). The student and their monitor are housed in a room that was once an office, with a window to the outside and a window to the hall, but is now used as a custodial storage closet in the elementary wing of the school. Breakfast and lunch are brought to the student and bathroom breaks are provided to the students. Students are provided work that is currently being completed in class, incomplete work that was not finished and/or turned in, and in some cases, future work that gets the student ahead in their class. A library book is also provided for reading practice.

**7-12 News Cont'd.**  
**Michelle Varian, Principal**

**NEW "OUT OF SCHOOL SUSPENSION" CONCEPT CONT'D.**

There are several benefits to this program.

- It provides a message to the students that being in school is important to their success.
- It shows the student that we care enough about them that we are willing to provide an adult mentor to work with them intensely for a few days to help guide them to make better decisions when they return to the regular school program.
- It allows the student an opportunity to get all their work completed and walk back into the classroom at the same place the rest of the class is instead of trying to play catch-up and overloading them with make-up work.
- It does not allow a student freedom to socialize with other students while in school which is a big reason many students like to come to school. This encourages students to do the right thing the next time.
- It allows the parent to partner with the school and support the school's efforts to educate their child by reinforcing the consequence. Parents who transport their child to school to be held accountable for their actions are letting their child know they believe school is important as well.

There has been much misinformation floating about the district regarding the room being used for this program. It has been said that EK has it's very own "Chokie" room. If you have any questions about the program or facility please contact Mrs. Varian at 562-8131, ext 1510.

***HOMework CLUB***

Homework Club is for students looking for extra time or support in completing homework assignments. Students will work on completing homework assignments either individually, with a teacher, or in a small peer group. All 7-8 grade students are welcome to attend. Snacks are provided!

**When: Tuesdays and Thursdays      Where: Room 708      Time: 3:15-4:30 (late bus)**

**FOOD PANTRY DRIVE / SPAGHETTI DINNER**



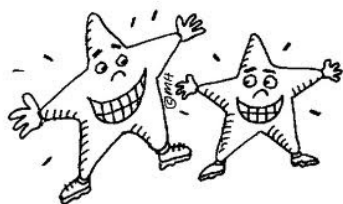
The Seven Steeples Mission Group is sponsoring a spaghetti supper on November 13, 2010 at 4:30 pm, at the Russell United Methodist Church, to benefit the Edwards Food Pantry. This is a free will offering donation and there will also be a donation box for canned or non-perishable food items. Come support your local food pantry.



## 7-12 News Cont'd. Michelle Varian, Principal

### AWARD CEREMONIES

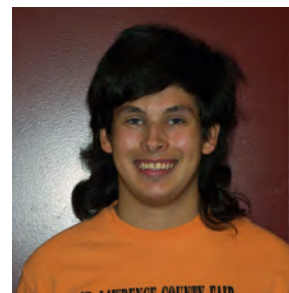
In an effort to create a Middle Level environment that supports positive behavior and academic achievement, students in grades 5 through 8 will participate in three remaining award ceremonies. Some of the awards that students can earn include honor roll, citizenship, effort, positive bus conduct, and perfect attendance. Students can also earn certificates in special areas such as art, music, band, physical education, etc. The dates are tentatively set for:



- Tuesday, November 23, 2010 @ 1:00 pm
- Wednesday, February 9, 2010 @ 8:30 am
- Thursday, April 28, 2010 @ 1:00 pm

Ceremonies are planned approximately one week after report cards are sent home. If your child is eligible to receive an award a postcard will be sent with your child's report card indicating the date and time of the award ceremony. Please come and help us celebrate your child's success.

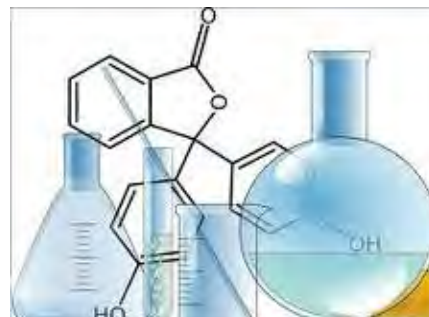
**Congratulations to Darryl Backus** for being selected to participate in the Area All-State Chorus. Darryl will be participating in the music festival November 19<sup>th</sup> and 20<sup>th</sup> at SUNY Potsdam.



### Science Lab Day



E-KCS students have an opportunity to participate on Saturday, November 13<sup>th</sup> at SUNY Potsdam in their science lab day. Ms. Nezezon will escort any students who have an interest to Potsdam for the activities from 9 am to 12 noon. Students who are interested in science should register by November 5<sup>th</sup> with Ms. Nezezon. Bus transportation will be provided from Edwards-Knox.



7-12 News Cont'd.  
Michelle Varian, Principal

# *5 Hour Course*

**Date: Monday 11/8  
&  
Tuesday 11/9**

**Time: 6:30—9:00 pm**

**Location: E-KCS Room 409**

**Cost: \$35 (due on first night of class)**

**Contact number: 562-8131 ext 409  
or 562-2320**

**Sign up in Guidance Office**

***The pre-licensing course is necessary to register for a road test if the student has not taken a driver education course.***



**7-12 News Cont'd.**  
**Michelle Varian, Principal**



**Music Department News November 2010**



**Winter Concerts:**

The music department is currently preparing for their annual winter concerts. On Thursday, December 2<sup>nd</sup> at 6:30 PM the 6<sup>th</sup> grade band and 5<sup>th</sup> grade chorus will be performing. On Wednesday, December 8<sup>th</sup> at 7:00 PM the junior high band, senior high concert band, junior chorus, and senior high chorus will be performing. In addition our new high school jazz ensemble and junior high stage band will perform bringing some jazz and blues music to the concert repertoire. These concerts should prove to put everyone in the holiday spirit.

**Other Upcoming Events:**

Marching Band: Drum Majorette Try-outs: December (exact date TBA)

All-County Festival A: January 14<sup>th</sup> and 15<sup>th</sup>

All-County Festival B: February 4<sup>th</sup> and 5<sup>th</sup>

Kaleidoscope Concert: March (Exact date TBA)

NYSSMA Solo and Ensemble Festival: April 1<sup>st</sup> and 2<sup>nd</sup>

Spring Concert I (Grades 7<sup>th</sup> - 12<sup>th</sup>): Wednesday, May 25<sup>th</sup> at 7PM

Spring Concert II (Grades 5<sup>th</sup> - 6<sup>th</sup>): Wednesday, June 1<sup>st</sup> at 7PM



**SENIOR PLAY**



The Senior Class of Edwards-Knox Central School will be performing "Better Football Through High School Chemistry", a two-act comedy by Murray Austin, on November 19<sup>th</sup> & 20<sup>th</sup>. Curtain goes up at 7:30 pm. Come and watch the hilarious antics of "Mo," "Tommy Don" and "Chuck," the "Chickaloo Chickens," as they transform from dim-witted football jocks into romantic "geniuses!!!" Fun and laughs for the whole family!! Cost is \$6 for adults and \$4 for students and seniors over 65.



**7-12 News Cont'd.  
Michelle Varian, Principal**

**CLASS OFFICERS**

Senior Class

President: Sarah Manning  
Vice President: Ashley Tupper  
Secretary: Samantha LaPoint  
Treasurers: Kamrie Dandrow and Ashley Davison  
Student Government Reps: Ashlee Mitchell and Kelly Hedrick

**2011**

**2012**

Junior Class

President: Veronica White  
Vice President: Janna Fountain  
Secretary: Madison Tresidder  
Treasurers: Britany Moore and Kyrsten Phelps  
Student Government Reps: Luke Fuller and Mercedes Mackin

Sophomore Class

President: Jesse Bullock  
Vice President: Allison Thompson  
Secretary: Samantha Ellison  
Treasurers: Brianna Farr and Nick Davison  
Student Government Reps: Amanda Lane and Alex Parrish

**2013**

**2014**

Freshman Class

President: Gage Coffey  
Vice President: Jordan Davis  
Secretary: Kate Rowe  
Treasurers: Jessey Parker and Kaden Dandrow  
Student Government Reps.: Jordan Davis and Alyssa Parker

8<sup>th</sup> Grade Class

President: Mason Fountain  
Vice President: Darrick Cutway  
Secretary: Nicholas Davis  
Treasurers: Molly Burger and Makenna Ashley  
Student Government Reps.: Megan Farr and Logan Harris

**2015**

**2016**

7<sup>th</sup> Grade Class

President: Luke Fenton  
Vice President: Dakotah Bacon  
Secretary: Cody Rowe  
Treasurers: Heather Finnerty and Jason Burke  
Student Government Reps.: Catherine Curley and Nathan McCoy

**7-12 News Cont'd.**  
**Michelle Varian, Principal**

**Archery in P.E.**



For the past four week the senior PE classes have had the opportunity to experience archery. The elective course is being instructed by Mrs. Lori Brewer. Students have learned about the history of archery, the safety requirements, the parts of the bow and the arrow, and the steps needed to shoot the bow and arrow successfully. Students have been involved in shooting competitions that entail shooting at a target for score and shooting to pop balloons. At the end of the unit the students were required to do a short research project on archery in the North Country. They had to find out where they could go for equipment and supplies, as well as locations of shooting competitions.

# CLASS OF 2012 FALL CRAFT FAIR



**When:** Saturday, November 6, 2010

**Time:** 10:00 am - 4:00 pm

**Where:** E-KCS Gymnasium and Cafeteria

**Activities:** Craft Fair, Silent Auction, Concessions.

All are welcome to attend.

## **Snowmobile Safety Course**

November 8 & 9

6:00 to 9:00 P.M.

Canton Municipal Building

Participants must be 10 years of age to take the course. Parent/Guardian must be present at registration. Pre-registration is required. For more information, call Hank Ford 212-6194 or 262-2824, or Danny Collins 212-0070 or 268-1292.





## ELEMENTARY CORNER

By: Ron Burke, Principal

### WINTER WEAR

As the temperatures go down, it is important for children to be dressed properly. The classes will go outside each day for recess unless the weather is bad (20 degrees). Send in an extra set of gloves, a hat, and boots, if possible, or make sure your child(ren) has them daily.



Even when riding a bus, children should have the appropriate winter gear. Hopefully, our busses won't break down, but it can happen.

### BUS SAFETY RULES

To help maintain the safety of our students while on the bus, drivers are required to enforce the following rules:



- Students are to remain seated at all times
- Students are to keep hands and feet out of the aisle
- Students are to keep hands and feet to themselves
- Students are to use appropriate language
- Students are to keep their voices at a low level
- Students are not permitted to eat or drink while on the bus
- Students are to respectfully and immediately follow the directions of the driver

Parents and guardians are asked to review proper bus behavior with their children.

### WINTER CONCERT/PROGRAM

December 2  
6:30PM



This year, our elementary students will be presenting *How the Penguins Saved Christmas* on December 2 at 6:30PM. The production will be followed by the Winter Concert at 7:00PM. All community members are welcome to attend this evening as our students celebrate the seasonal holidays while showcasing their musical and theatrical talents.



## ELEMENTARY CORNER CONT'D.

By: Ron Burke, Principal

### Upcoming Events

- 11/4: 6:00 pm: Parents' Association meeting in library
- 11/8: 7:00 pm: Board of Education meeting
- 11/10: end of 1<sup>st</sup> marking period
- 11/10: 11:30 am: students dismissed early
- 11/11: NO SCHOOL - VETERANS DAY
- 11/12: NO SCHOOL FOR STUDENTS - Staff Development Day
- 11/19: report cards go home
- 11/22: 7:00 pm: Board of Education meeting
- 11/23: 8:30 am: K-4 Awards Assembly
- 11/23: 1:00 pm: 5-8 Awards Assembly
- 11/24-11/26: NO SCHOOL - THANKSGIVING RECESS



- 12/2: 6:30-7:30 pm: Elementary Christmas Program in auditorium
- 12/2: 6:00 pm: Parents' Association meeting in library
- 12/13: 7:00 pm: Board of Education meeting
- 12/15: end of 15-week progress reporting
- 12/21: progress reports go home
- 12/22-12/31: NO SCHOOL - WINTER BREAK



### Remember to be a Fan, Not a Fanatic, at Athletic Events



Teens benefit from participation in sports. They learn how to work as part of a group. They build muscles and skills. Some may even earn scholar-ships to college.

Parents have a role to play in helping young athletes. They must show them how to be good sports. Here are some tips to make sure you're a fan and not a fanatic:

- Remember who's on the field. Don't try to live through your child.
- Remember ROOTS - respect Rules, Opponents, Officials, Teammates.
- Take the long view. Nearly all kids who play sports will not end up as professionals. Do what you can to make sure your teen enjoys sports for a lifetime.
- Don't be the coach. During the game, let the coach be the person who tells players what they're doing wrong. Focus on what all players (not just yours) are doing right.
- Don't embarrass your child. Before you get angry or yell at a referee, ask one thing. "Will this embarrass my child or our team?" Then keep quiet.
- Let your athlete know you're proud of him no matter what the outcome of the game.



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## 2010 WINTER SPORTS SCHEDULES

### Women's Basketball

12/10/10 vs. CLIFTON-FINE  
 12/14/10 @ Harrisville  
 12/17/10 vs. LISBON  
 12/21/10 @ Heuvelton  
 12/22/10 Don Petty Tournament  
 12/23/10 Don Petty Tournament  
 01/07/11 vs. HAMMOND  
 01/11/11 @ Morristown  
 01/14/11 @ Hermon-DeKalb  
 01/17/11 @ Clifton-Fine  
 01/20/11 vs. HARRISVILLE  
 01/28/11 @ Lisbon  
 01/31/11 vs. HEUVELTON  
 02/03/11 @ Hammond  
 02/07/11 vs. MORRISTOWN  
 02/10/11 vs. HERMON-DEKALB

### Men's Basketball

12/09/10 @ Clifton-Fine  
 12/13/10 vs. HARRISVILLE  
 12/16/10 @ Lisbon  
 12/20/10 vs. HEUVELTON  
 12/27/10 Burkman Tournament  
 12/28/10 Burkman Tournament  
 01/06/11 @ Hammond  
 01/10/11 vs. MORRISTOWN  
 01/13/11 vs. HERMON-DEKALB  
 01/18/11 vs. CLIFTON-FINE  
 01/21/11 @ Harrisville  
 01/28/11 vs. LISBON  
 02/01/11 @ Heuvelton  
 02/04/11 vs. HAMMOND  
 02/08/11 @ Morristown  
 02/11/11 @ Hermon-DeKalb

### MODIFIED GIRLS'

12/11/10 vs. CLIFTON-FINE  
 12/15/10 vs. MORRISTOWN  
 12/18/10 vs. HARRISVILLE  
 01/05/11 @ Heuvelton  
 01/08/11 @ Lisbon  
 01/12/11 @ Hermon-DeKalb  
 01/15/11 vs. HAMMOND  
 01/19/11 @ Clifton-Fine  
 01/22/11 @ Morristown  
 01/29/11 @ Harrisville  
 02/02/11 vs. HEUVELTON  
 02/05/11 vs. LISBON  
 02/09/11 vs. HERMON-DEKALB  
 02/12/11 @ Hammond

### MODIFIED BOYS'

12/11/10 @ Clifton-Fine  
 12/15/10 @ Morristown  
 12/18/10 @ Harrisville  
 01/05/11 vs. HEUVELTON  
 01/08/11 vs. LISBON  
 01/12/11 vs. HERMON-DEKALB  
 01/15/11 @ Hammond  
 01/19/11 vs. CLIFTON-FINE  
 01/22/11 vs. MORRISTOWN  
 01/29/11 vs. HARRISVILLE  
 02/02/11 @ Heuvelton  
 02/05/11 @ Lisbon  
 02/09/11 @ Hermon-DeKalb  
 02/12/11 vs. HAMMOND

**CAFETERIA NEWS**  
**KATHLEEN WHITMARSH, COOK/MANAGER**



Hello Everyone!

Please go to our website <http://www.ekcsk12.org> and click on CAFÉ to sign up for [www.mynutrikids.com](http://www.mynutrikids.com). It is a free service and you can see how much money is on your student's account, what they have been eating for the month and have it e-mail you when you child is getting low on funds.

Also remember that your meal application only extends from October 1 to September 29 of the next year. If you haven't filled out a new meal application and sent it in, you need to do that. As of October 1 all students who have not sent in a new application must become full price.

Please explain to students that can't or don't read this that at lunch they have to take 3 of 5 items to constitute a meal. If you are a free or reduced student this is really important, because you will be charged ala carte prices if you don't take a full meal. The government requires this. At breakfast you must take a Juice, a Milk and at least 1 other item. You may take 2 other items, but you must take at least 1 to constitute a breakfast meal. The same applies for breakfast that is at lunch.

There will be inspectors here soon and we need to assure that students are receiving what they should. These rules exist so that you get well balanced nutrition. If you end up not being able to eat everything you take, you may put it in the basket that we put out, or give it to a friend. If you put it in the basket, anyone who would like extra food may go to the basket and take out what they want. There is usually juice and/or milk and other items. We would like to see someone make use of it, rather than seeing it thrown away.

Have wonderful vacations. This is the season of holidays you know. Remember to eat healthy and give your body some exercise, and have fun while you are doing it.

Kathleen Whitmarsh (Kathy)  
Cook- Manager 562-8130- Ex. 1507



# November 2010 MENU

Mon	Tues	Wed	Thur	Fri
<p><i><b>Did you file a new free and reduced meal application? If you qualify for these lunches, our school receives many benefits. Please apply or call us to discuss your eligibility.</b></i></p>		<p><b>Kathy Whitmarsh</b> Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 <a href="mailto:kwhitmar@ekcsk12.org">kwhitmar@ekcsk12.org</a> P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>	<p><b>Breakfast Every Day</b> Cereal, Milk, Juice <b>Some Days:</b> Bagels/ Cream Cheese, English Muffins, Danish, fresh fruit, breakfast bars, donuts, eggs.</p>	<p style="text-align: center;"><b>Prepayments Happily Accepted</b></p>
<p><b>1 Chicken Patty/Bun</b> Sweet Potatoes Green Beans Bread Milk Fruit</p>	<p><b>2 Pizza</b> Tossed Salad Milk Fruit</p>	<p><b>3 BBQ Pork</b> Cole Slaw French Fries Milk Fruit</p>	<p><b>4 Taco Day</b> Shell, Taco Meat, Lettuce, Cheese, Rice Corn Milk Fruit</p>	<p><b>5 Fishburger on a bun</b> Tortilla Chips w/ Salsa Carrots Milk Fruit</p>
<p><b>8 Tangerine Chicken</b> Rice Broccoli Milk Fruit</p>	<p><b>9 Mac &amp; Cheese</b> Hotdogs/Bun Peas Milk Fruit</p>	<p><b>10 Hamburger on a Bun</b> Corn Milk Fruit  1/2 Day Dismissal</p>	<p><b>14 Veteran's Day No School</b> </p>	<p><b>12 No School</b>  Staff Development Day</p>
<p><b>15 Chicken Nuggets</b> Tortilla Chips w/ Salsa or Cheese Broccoli, Bread Milk Fruit</p>	<p><b>16 Hamburger on a Bun</b> French Fries Carrots Milk Fruit</p>	<p><b>17 Corn Dogs</b> Pasta Salad Veggies Green Beans Milk Fruit</p>	<p><b>18 Turkey &amp; Gravy</b> Mashed Potatoes Sweet Potatoes Peas, Bread Cranberry Sauce, Milk Fruit, Ice Cream</p>	<p><b>19 Chicken Noodle Soup</b> Tuna or Egg Sandwich Fresh Carrots Milk Fruit</p>
<p><b>22 French Toast Sausage</b> Hash Browns Milk Fruit or Ice Juicee</p>	<p><b>23 Chicken Nuggets</b> Green Beans Bread Milk Fruit</p>	<p>24</p>	<p>25</p> <p><b>THANKSGIVING HOLIDAY</b></p>	<p>26</p>
<p><b>29 Pizza</b> Green Beans Milk Fruit</p>	<p><b>30 Crispy Chicken</b> French Fries Carrots Bread Milk Fruit</p>	<p><b>Peanut Butter &amp; Jelly and subs offered every day as a lunch choice. Milk, fruit, &amp; vegetable every day. Chef Salad Tue &amp; Thur. Trail Mix most days.</b></p>		<p><b>Breakfast: 7:45 A.M.</b>  <b>Lunch: 11:00 A.M. - 1:00 P.M.</b></p>

**Menu subject to change without notice.**



# DECEMBER 2010 MENU

Mon	Tues	Wed	Thur	Fri
			<i>Do you think you qualify for free and reduced meals? If so, our school receives many benefits. Please apply or call us to discuss your eligibility.</i>	
		<b>1 Hamburger on a Bun</b> Pasta Salad Broccoli Milk Fruit	<b>2 Taco Day</b> Rice, Meat, Cheese, Lettuce Corn Milk Fruit	<b>3 Tomato Soup</b> Grilled Cheese Sandwich Carrots Milk Fruit
<b>6 Pancakes</b> Sausage Hash Browns Milk Ice Juicee Fruit	<b>7 Chicken Nuggets</b> Tortilla Chips/Salsa Corn Bread Milk Fruit	<b>8 New Orleans Chicken</b> Mexican Corn and Rice Broccoli, Bread Milk Fruit	<b>9 Rib-B-Q on a Bun</b> Cole Slaw Baked Beans Milk Fruit	<b>10 Chicken Noodle Soup</b> Tuna or Egg Sandwich Fresh Carrots Chips Milk Fruit
<b>13 Pizza</b> Green Beans Milk Fruit	<b>14 Sloppy Joe</b> on a Bun Chips Corn Milk Fruit	<b>15 Chicken</b> Patty on a Bun Tortilla Chips w/ Salsa Peas Milk Fruit	<b>16 Turkey Dinner</b> Mashed Potatoes Green Beans, Sweet Potato, Bread Milk Fruit Ice Cream	<b>17 Fishburger</b> on a bun Fresh Carrots Milk Fruit
<b>20 Hamburger on a Bun</b> Corn Milk Fruit	<b>21 Pizza</b> Green Beans Milk Fruit	<b>22</b> 	<b>23</b> <b>Winter Break</b> <b>School Resumes</b> <b>January 3, 2011</b>	<b>24</b> 
<p><b>Kathy Whitmarsh</b> Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 <a href="mailto:kwhitmar@ekcsk12.org">kwhitmar@ekcsk12.org</a> P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>	<p><b>Breakfast Every Day</b> Cereal, Milk, Juice <b>Some Days:</b> Bagels/ Cream Cheese, English Muffins, Danish, fresh fruit, breakfast bars, donuts, eggs.</p>	<p>Peanut Butter &amp; Jelly and subs offered every day as a lunch choice. Milk, fruit, &amp; vegetable every day. Chef Salad Tue &amp; Thur. Trail Mix most days.</p>	<p><b>Breakfast:</b> <b>7:45 A.M.</b> <b>Lunch:</b> <b>11:00 A.M. -</b> <b>1:00 P.M.</b></p>	

**Menu subject to change without notice.**



**Thursday, November 11, 2010: No School - Veteran's Day**  
**Friday, November 12, 2010: No School For Students**  
**Staff Development Day**  
**November 24, 25, 26, 3010: Thanksgiving Holiday**  
**December 22, 2010 - January 2, 2011: Winter Break**

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**Edwards-Knox Central School**  
**P.O. Box 630**  
**Russell, NY 13684-0630**

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