### March-April 2013

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FROM THE DESK OF .... Suzanne L. Kelly

Dear Community,



## **Cougar News**

A Publication of the Edwards-Knox Central School Board of Education Teresa A. Hogle, President Amanda Fuller, Vice-President **Christopher Averill** 

**Rick Brewer** Lynn Coller Reggie LaPoint

Tom O'Brien Joseph Thomas Randy VanBrocklin

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We have been making steady progress on our proposed building project. Please join us at the community forums at either the Russell Fire Hall on March 4<sup>th</sup> at 7:00 pm or at the Edwards Fire Hall on March 5<sup>th</sup> at 7:00pm. Both of these sessions will include a presentation by the architectural firm of King and King as well as the committee members. We look forward to meeting with you and answering any questions about the project.

The public vote for the proposed building project will be held on March 27<sup>th</sup> from 12:00 to 8:00 pm. in the gymnasium. The main focus of this project is both building safety issues and energy savings. The impact to the tax payers will be held to a minimum due to the proposed savings in our energy usage.

The business manager, Becki Phillips and I have been presenting parts of the 2013-14 school year budgets at each board of education meeting. We will be posting the draft budget shortly on the school's webpage at www.ekcsk12.org. The annual presentation of this budget will be held on May 14 in the downstairs cafeteria. The Budget Vote will be held on May 21<sup>st</sup>.

Many residents have expressed interest in having a greenhouse at school. In order for this to be successful we are looking at creating a committee to develop a plan for this project. Some of the issues this group will tackle will be: how will the greenhouse be used, who will run it, can it be self-sufficient and is this feasible. If you are interested in serving on this planning committee please contact: Tanya Truesdell at ttruesdell @ekcsk12.org or 562-8131 ext 1534. The group will be formed and meet in the spring.

Be sure to come out and join us at the many events scheduled for this spring. The nicer weather is just around the corner.

Sincerely,

Supanne Kell

Suzanne L. Kelly

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### SAFETY COMMITTEE NEWS

Our new Safety Committee has been hard at work. Recently we divided into four groups with each group taking on a task to improve safety in our school. We want to give you an update on what's new, different or how you can become actively involved helping out. If you have any questions or ideas feel free to contact the committee at: <a href="mailto:eksafety@ekcsk12.org">eksafety@ekcsk12.org</a>

The first group is trying to actively recruit adults who are willing to volunteer their time during school hours to meet and greet all visitors. Until we can make any structural changes, we'd like to increase our visual surveillance by having a sign in and out table as you enter the main entrance. If you are willing to volunteer any amount of time Monday thru Friday between 8:00 am and 2:30 pm. please email the <a href="mailto:eksafety@ekcsk12.org">ekcsk12.org</a> and place Mandy Reif or Sarah Farr in the message line. One of these ladies will contact you. For those who prefer to call the school at 562-8131 ask for Kay Amo.

Another task was to address the staff, children and community about our efforts to improve safety at all levels. This group will be helping to educate both the students and staff on how to approach visitors, contacting key people when there is something different or unusual going on.

After break you will see new signs posted in the school. The Safety Committee endorses the following signs: Welcome all visitors must sign in and out at the main office, No visitors beyond this point without a visitor's badge. Due to recent tragedies at schools we feel we must increase our procedures. Any visitor must report to the main office, sign-in and get a visitor's badge to proceed anywhere in the building. There will be no exceptions. Anyone without a badge will be questioned and directed to the office.

**WELCOME** All Visitors must sign-in and out at the **Main Office** 

No visitors beyond this point without a visitor's badge.

We want to have the children get involved in our safety awareness project. All students are encouraged to join in on the fun and take part in the sign decorating. Signs will be available in the main office on March 4<sup>th</sup> and collected by March 22<sup>nd</sup>. The signs are 11"x17" and can be decorated in any medium. The committee will hang these signs on all classroom doors.

Safety sometimes requires a process to take a little longer or even seem a bit inconvenient, but we all want to keep everyone safe at Edwards-Knox Central School. Help us support the cause.

### St. Lawrence County Soil & Water Conservation District

1942 Old DeKalb Road Canton, NY 13617 Phone: 315-386-3582 or 386-2401 ext 3 Email: <u>conservation@slcswcd.org</u>

### 2013 Seedling Order Form Order Deadline April 5, 2013

Name:

Address:

Exp. Date \_\_\_\_\_ Security Code (from back of the card)\_\_\_\_\_ Cardholder's Name (Please Print)

Cash/Check VISA MasterCard Discover

Card Number

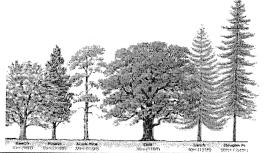
Method of payment:(Circle one) Checks payable to <u>SLC SWCD</u>

Day Phone:

Alternative Phone Number

Signature

<b>CONIFERS/EVER</b>	RGREENS		indles are ld <u>only</u> in
10 for \$9 50/\$30 100/	\$50 500/\$190		e species o mixing)
Species (Age)	Size	Qty	Total
White Pine (3-0)	6-10"		
Scotch Pine (2-0)	4-8"		
10 for \$11 50/\$34 100	/\$58 500/\$24	0	
Blue Spruce (3-0)	8-18"		
White Spruce (2-0)	6-12"		
Norway Spruce (2-0)	6-12"		
Balsam Fir (3-0)	10 -16"		
10 for \$12			
Red Pine (3-0)	6-10"		
White Cedar (3-0)	3-12"		
HARDWOODS			
10 for \$10 Bundles are sole	1 only in 1 specie	s (NO M	(IXING)
Species (Age)	Size	Qty	Total
Hybrid Poplar (1-0)	Cutting 5- 14"		
10 for \$30 Bundles are sold		s (NO M	IIXING)
Sugar Maple (2-0)	18-24"		
Paper Birch (1-0)	5-14"		
Red Maple (2-0)	18-24"		
Black Cherry (2-0)	12-24"		
10 for \$75 Bundles are sold	only in 1 species	(NO M	IXING)
Bur Oak (3-0) Black Walnut (2-0)	1-3 Feet		



Jie i vuilibei				
MISCELLANEOUS	5 ITEMS	5		
Tree Plantation Signs	1-24			T
Call for bulk prices	\$1.40 ea	ach		
Fertilizer Tablets	10 for \$	4		
Call for bulk prices	50 / \$8.			
60" Tree Protectors	\$3.75 ea	nch		
60" Pointed Stakes	\$1.90 ea	\$1.90 each		
WILDLIFE TREES				
10 for \$15 Bundles are sold o				IXING)
Species (Age)	Size	Q	ty	Total
Elderberry (2-0)	3-12"			
Wild Grape (2-0)	3-12"			
Pussy Willow (1-0)	Cutting 5-12"			
10 for \$26 Bundles are sold or	nly in 1 speci	es (N	о мі	XING)
Highbush Cranberry (2-0)	18-24"			
Flowering Dogwood (1-0)	5-14"	5-14"		
Red Raspberry (2-0)	Top 6-12"	Top 6-12"		
Nanking Cherry (2-0)	18-24"			
Purple Lilac (2-0)	18-24"			
Rugosa Rose (2-0)	12-24"	12-24"		
10 for \$29 Bundles are sold on	ly in 1 specie	s (NC	) MI)	(ING)
Flowering Crabapple (2-0)	Top 18"			
Wild Apple (2-0)	18-24"			
Wild Plum (2-0)	12-36"			
Winterberry (2-0)	12-24"			
2 plants for \$17				
Lowbush Blueberry (2-0)	6-12"			
GROUND COVER	S			
Species	Cost	Qty	,	Total
Daylily	10 roots			
2-3 fans per root	for \$14			
Wildflower Seeds	4 oz bag			
4 oz bag covers 1350 sq ft	for \$15			
Grand Total		\$		

### Cougar News - March-April 2013

### PHYSICAL EDUCATION DEPARTMENT NEWS

For the past three years Edwards-Knox Central has participated in a grant program designed to enhance the physical education program, nutrition policies and the overall wellness of our school. This grant program is from the St. Lawrence Health Initiative, Inc. Healthy Schools NY Project.

This past school year the school purchased a 20' traverse wall. A traverse wall is a climbing wall that is only eight feet tall. Instead of climbing upwards the students climb across the wall. Along with the wall we received three books of activities. The students are very excited about the traverse wall.

We would like to thank the St. Lawrence Health Initiative, Inc. Healthy Schools Program for providing these opportunities for our students at EKCS.

Lori Brewer, Shawn Coon, James Hagan Physical Education Teachers



1<sup>s⊤</sup> GRADERS REALLY KNOW HOW TO CLIMB By Mr. Shawn Coon, P.E. Dept.

Some might think climbing a rock wall is a dangerous and scary thing! Ms. Felix's and Mrs. Rader's 1st grade classes are learning how it can improve their health. With the rise of obesity and Type II Diabetes, the scary part is, this generation's life expectancy is predicted to be considerably shorter

than that of their parents'. Current studies show the generational decrease of exercise and poor choice of diet can shorten the life of your child! Here in Mr. Coon's 1st grade P.E. class, students are taught to use the climbing wall safely, while cooperating with classmates. Climbing on the traverse wall in class can increase self-knowledge, self-awareness, and self-confidence by using step by step progressions. With the proper encouragement and praise, students can develop the patience and ability to persevere past the challenges faced, while trying to obtain their goals. Our goal is to establish positive characteristics, goals, and habits within the classroom, gyms and cafeteria while your child is at school. We ask you, the parents and guardians of our student population, to help us support the cause for a healthier America.

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### **SPRING ATHLETIC SCHEDULES**

### Varsity Softball & Baseball

04/09/13 04/11/13 04/15/13	<ul> <li>@ Clifton-Fine</li> <li>@ Morristown</li> <li>vs. HAMMOND</li> </ul>
04/17/13	@ Harrisville
04/23/13	vs. HERMON-DEKALB
04/25/13	@ Heuvelton
04/29/13	vs. LISBON
05/01/13	vs. CLIFTON-FINE
05/03/13	vs. MORRISTOWN
05/07/13	@ Hammond
05/09/13	vs. HARRISVILLE
05/13/13	@ Hermon-DeKalb
05/15/13	ws. HEUVELTON
05/17/13	@ Lisbon



04/09/13 vs. CLIFTON-FINE 04/11/13 vs. MORRISTOWN 04/15/13 @ Hammond 04/17/13 vs. HARRISVILLE 04/23/13 @ Hermon-DeKalb 04/25/13 vs. HEUVELTON 04/29/13 @ Lisbon 05/01/13 @ Clifton-Fine 05/03/13 @ Morristown 05/07/13 vs. HAMMOND @ Harrisville 05/09/13 05/13/13 vs. HERMON-DEKALB 05/15/13 @ Heuvelton 05/17/13 vs. LISBON

**Modified Softball & Baseball** 

GOLF SCHEDULE To Be Announced



## The New York State ELA and Math Examination Schedule

It's hard to believe we are already in our third quarter of the school year! As the year passes quickly it is important to get some dates out to you for your calendars regarding the 3-8 New York State exams.

## Students in Grade 3-8 with take the English Language Arts (ELA) Exams on the following dates:

- Tuesday, 4/16
- Wednesday, 4/17
- Thursday, 4/18

### Students in Grades 3-8 will be taking the Math exams on the following dates:

- Wednesday, 4/24
- Thursday, 4/25
- Friday, 4/26

### What can your child do to prepare for these tests?

Complete their homework and classwork with 100% effort. Get a good night's sleep the night before the exams (8 hours minimum). Eat a healthy and full breakfast the morning of the exam.

Before the exams I will be giving 3<sup>rd</sup> grade students a presentation discussing what to expect when taking the ELA exams, test taking strategies, and relaxation techniques. Look for this information, each student will receive a packet to take home with them.

 $\odot$ 

Sincerely, Samantha Deleel Elementary Counselor

## 7-12 Guidance News

Linda Alford, Guidance Counselor

## **COLLEGE/MILITARY ACCEPTANCES FOR SENIORS**

Making plans for the future is an exciting time for our seniors. I am proud of the work they have done and continue to do. Please help me congratulate the following seniors who have already received their acceptances. This is a list that the Guidance Office is aware of as of February 14<sup>th</sup>:



Brent Archer - Cayuga CC, Genesee CC Patricia Colton - SUNY Canton Samantha Ellison - Clarkson University Brianna Farr - Clarkson University, Keuka College Ryan Gollinger - University of Northwestern Ohio Katie Hale - SUNY Canton Brianna Kroniser - SUNY Canton Sarah Rice - The Clarkson School Tyler Sharpstene - SUNY Canton

Tyler Tresidder - SUNY Brockport, SUNY Potsdam

Seniors are encouraged to bring a copy of their acceptance letters to the Guidance Office.

## HOBY YOUTH LEADERSHIP CONFERENCE FOR SOPHOMORES

The HOBY Leadership Conference is a wonderful leadership building opportunity and Edwards-Knox will nominate one 10<sup>th</sup> grade student to attend. The Conference will be held May 31- June 2 at SUNY Oswego. There is no cost to the student to attend, however, you will be required to provide your own transportation. Part of the cost for you to attend will be paid for by Edwards-Knox.

HOBY (Hugh O'Brian Youth Leadership) seeks to recognize and develop leadership potential. HOBY motivates and develops future leaders, preparing them for positions in their schools and helping them to expand the talents that will serve them and their communities well in the future. HOBY goes about fulfilling its purpose through a seminar designed to teach students to think critically, to enhance their leadership skills, and learn more about free enterprise, including democracy, volunteerism, and service to their communities.

Leadership seminars give ambassadors hands-on practice at being a leader through participation in leadership, team building activities, icebreakers, simulations, and motivational experiences.

Shortly, I will be asking sophomores if they would be interested in representing Edwards-Knox at this wonderful event. Please discuss this and encourage your 10<sup>th</sup> grader to ask for a chance to be nominated!

## 7-12 Guidance News Cont'd.

Linda Alford, Guidance Counselor

### **GATEWAYS FOR SENIORS**

Edwards-Knox Seniors will soon participate in "Gateways 2013". This program is offered by the Office of Educational Partnerships and is designed to give all St. Lawrence County seniors the opportunity to practice the skills needed to obtain a job. On March 27<sup>th</sup> students will experience mock job interviews, have their resume critiqued, and have discussions about their communication skills. There will be over 100 employers from the area to help with this endeavor.

### PLANNING FOR NEXT YEAR FOR 9<sup>th</sup> - 11<sup>TH</sup> GRADE STUDENTS

Starting at the end of February, all 9<sup>th</sup> through 11<sup>th</sup> grade students will meet with Ms. Alford regarding their schedules for next year. Students will be called from a study hall to review their school records, discuss the current school year and plan for next year. Students will talk about required courses as well as elective courses in many areas, including Advanced Placement and college courses for older students. We will then send a copy of this plan to parents asking them to review it with their student. Parents are encouraged to contact Ms. Alford if changes to this plan are desired or if they would like to meet with her.

### 8<sup>th</sup> GRADE HIGH SCHOOL PLANNING NIGHT

Eighth graders and their parents are invited to a high school orientation on Wednesday, March 6<sup>th</sup> at 6:30pm in the auditorium. There will be several presenters offering information on course options, requirements for high school and graduation, Regents exams, diploma options, school policies and programs at Southwest Tech. Students will receive their proposed classes for 9<sup>th</sup> grade along with a folder with informational materials. The program should conclude at approximately 8:00pm. Please note that Spring Conferences are also scheduled for this evening 3:30-7:30pm. We hope to see you there!

### CHECK OUT THE GUIDANCE WEB PAGE: <a href="http://www.ekcsk12.org/guidance">www.ekcsk12.org/guidance</a>

Click on the 7-12 Guidance page to find great information about graduation requirements, SAT and ACT testing information, college search links, financial aid & scholarship information, career exploration, military links, honor roll, Regents exam schedule, guidance calendar for upcoming events and more! It changes often so be sure to refresh your page!

## ELEMENTARY PRINCIPAL'S CORNER By: Amy Lamitie

Our last *Cougar News* began an exploration of what the Common Core State Standards mean for students. The standards, we explained, "ask your student to think more deeply." Critical thinking skills, we explained, can be modelled by you at home.

What exactly does it mean to "think deeply" or to "think critically"? When I consider "thinking deeply" I have an image of myself sitting under a tree wondering about the meaning of life. "Thinking critically" brings to mind a movie critic giving his opinion on why *Madagascar 3* is the best of the three *Madagascar* films (because it really is, isn't it?). This isn't *quite* what's meant. In this newsletter, we will briefly explore what "deep" and "critical" thinking look like in elementary English Language Arts (ELA) classrooms and will suggest ways for you to develop these skills at home.

### Here is what it looks like in a kindergarten ELA classroom learning about the five senses:

The teacher asks a question and gives students one minute to think about the question. The teacher then asks students to turn to a neighbor and discuss the question. Students are then called on to share what they discussed. The question asked is "What do you thinking is your most amazing sense? Why?"

### Here is what it looks like in a kindergartener's home:

When you read *If You Give a Pig a Pancake*, ask your child which character's behaviors are more appropriate or more preferable to them (the pig who doesn't take "no" for an answer or the girl who can't say no). Ask them to explain their opinion. Return to the question every once and awhile to determine if your child's (or your) opinion has changed.

### Here is what it looks like in a third-grade ELA classroom reading the story Peter Pan:

To show their growing expertise as readers and writers, students are asked to write an opinion paragraph about a character from *Peter Pan* that answers the question "Which character best captures your imagination?" Students use specific evidence from the text to support their claim.

### Here is what it looks like in a third grader's home:

While you are watching an episode of *Avatar: The Last Airbender* (quite possibly the greatest, most wholesome animated series ever created), ask your third grader who her favorite character is, what that character's stronger personality trait is, and to point out two examples of that trait in the episode.

### **Upcoming Events**

- 3/1: end of 25 week progress reporting
- 3/6: 11:30: students dismissed early
- 3/6: 3:30-7:30: Spring Conferences
- 3/6: progress reports go home
- 3/13: 6:00 pm: Parents' Association meeting
- 3/15: Staff Development Day; NO SCHOOL FOR STUDENTS
- 3/29 4/5: NO SCHOOL SPRING BREAK
- 5/1: 8:00: K-4 Awards Assembly
- 5/1: 1:15: 5-8 Awards Assembly
- 5/17: end of 35 week progress reporting
- 5/22: progress reports go home
- 5/27: NO SCHOOL MEMORIAL DAY
- 5/29: 8:00-3:00: Kindergarten Screening
- 5/30: 8:00-12:00: Kindergarten Screening

### KINDERGARTEN SCREENING 2013-2014 School Year

The Edwards-Knox Elementary School will be holding their Kindergarten screening on Wednesday, May 29 and Thursday, May 30, 2013.

If you have a child who will turn five by December 1, 2013, please call the Edwards-Knox School Main Office at 562-8132 to set up an appointment for the Kindergarten screening.

Please note you will need to bring your child's birth certificate, immunization record, and completed registration form to your scheduled Kindergarten screening appointment.

### UNIVERSAL PREKINDERGARTEN 2013-2014 School Year

Any child in the Edwards-Knox Central School District who is or will be four years old on or before December 1, 2013, is eligible to attend the Edwards-Knox Universal Prekindergarten program.

If you have a child who is eligible and who wishes to attend the Prekindergarten program, please call the Main Office at 562-8132 to request an application be sent to you.

If you have any questions, you may call 562-8132, Ext. 2300 and speak with Sherry Shattuck in the Main Office; ask for Joni Macaulay; or call Joni at home at 287-4517.

### Cougar News - March-April 2013

### SECOND MARKING PERIOD AWARDS

### **KINDERGARTEN**

Good Neighbor Abbigail Luther Arthur Anson Eben Baker Cooper Johnson

<u>Music</u> Cooper Allen Kiera Fountain Emmah White

### Hard Worker Cooper Allen Logan White Bryce Weaver Dominique Chubb

<u>Art</u> Myles LaPoint Camryn Huckle Zakery Gotham Jaydon Schnulle <u>Nice Manners</u> Karyssa Beachard Ryleigh Bessette Deacon Henry Jaydon Schnulle

Phys. Educ. Sportsmanship Andrew Bowman Adryonna Rider Harley Charleson Dominique Chubb

### GRADE 1

<u>Hard Worker</u> Madelyn Rowley Dylan Averill

<u>Music</u> Dawson Matthews Ethan Reynolds <u>Art</u> Kloey Thornton Gavin Colton

Phys. Educ. Sportsmanship Kloey Thornton Rylee Typhair

### **GRADE 2**

Healthy Attitude Mercedes Beck Beau Bidwell Elizabeth Perry

<u>Music</u> Ema Gotham Heidi Moore

### **GRADE 3**

<u>Music</u> Henry Hebb Wesley Wylie Bethany Gotham

<u>Art</u> Mason White Dekoda Matthews <u>Art</u> Kirstyn Bush Heidi Moore

<u>Phys. Educ. Sportsmanship</u> Adam Brown Michael Dinino

Phys. Educ. Sportsmanship Charlotte Commella Kanika Johnson

### Most Improved Isaac DeVito Gavin Colton

Healthy Attitude Brady Butler Luther Ames Hannah Butler

Eager Reader Hunter Antwine Marin McIntosh Kaylin Gotham

Most Improved Asa Douglass Cylee Facey

<u>Effort</u> Kirstin Carlin Hannah Duffy Tyler Scott

<u>Citizenship</u> Joshua Ellis Violeta DeGroat

### Cougar News - March-April 2013

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### SECOND MARKING PERIOD AWARDS CONT'D.

### GRADE 4

Effort Shawnna Shecton Kurt McCormick

<u>Citizenship</u> Cameron Rowe Jeffrey Bush <u>Music</u> Hailey Matthews Hannah Hotaling

<u>Art</u> Hailey Matthews Morgan Wheat Phys. Educ. Sportsmanship Cameron Rowe Avery Whitford

### **GRADE 5**

<u>Music</u> Katelyn White Mohammad Habbal

**Remington Dean** 

Justin Perry

Art

<u>Phys. Educ. Sportsmanship</u> Abigail Hart Joseph Hart

<u>Effort</u> Chasen Shecton Remington Dean Abigail Paro

<u>Citizenship</u> Jordan Collett Jonathan Gotham

GRADE 6

<u>Effort</u> Grace Fenton Hannah Connors Austin Whitmarsh

<u>Citizenship</u> Collin Curley Joseph Gotham <u>Music</u> Riannon Holly Willow Frizzell

<u>Art</u> Justin Scott Zachary Scott Phys. Educ. Sportsmanship Justin Scott Carly Frary

Band

Spencer Thomas Zachary Scott

<u>Chorus</u> Riannon Holly

# CONGRATULATIONS:

### HONOR ROLLS

### GRADE 3

### HONOR ROLL

Kirstin Carlin Charlotte Commella Ethan Cross Violeta DeGroat Joshua Ellis Jason Gordon Henry Hebb

Dakota Henry Jared Lottie

### HIGH HONOR ROLL

Caleb Bowman Anthony Cicciarelli Darrian Gavin Bethany Gotham Kale Harper Kanika Johnson Alisha Marschat

Alyssa Coller

Trey Durham

Austin Farr

Joey Griffin

Hailey Matthews

Cameron Rowe

Dekoda Matthews Jace Robert Tyler Scott

Walker Typhair Mason White Dylan Wood

Peter Parrish

Avery Whitford

Shawnna Shecton

### GRADE 4 HONOR ROLL

Kolby Barbarito Kody Burwell Jeffrey Bush Shea Cicciarelli

HIGH HONOR ROLL

Maiya Clary Lucy Frary Brielle Stone Emily Tresidder

Hannah Hotaling

Kurt McCormick

**Connor Moulton** 

Morgan Wheat

### GRADE 5

### HONOR ROLL

Logan Blackmer Holden Carlin Remington Dean Leeann Gotham

Rylee Gotham Abigail Hart Timothy Hathaway Angelica Hollenbeck Samuel LaRue Erich Lottie Dylan McCarthy Michael Shatraw

Chasen Shecton Connor Snell Thorne VanBrocklin Morghan White

### HIGH HONOR ROLL

Nolan Blandin Mohammad Habbal Justin Perry Samuel Smith Ethen White

**GRADE 6** 

HONOR ROLL

Camryn Bullock Parker Harper

Riannon Holly Brittany Prow Kyanne Jeanette Bryan Trombley

HIGH HONOR ROLL

Tyler Bush

Jocelyn Colton

Justin Scott

Valaree Hale

Abigail Paro

Carly Frary Koryn Rowe OUTSTANDING Zachary Scott

Spencer Thomas

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### HONOR ROLLS CONT'D.

GRADE 6 CONT'D.

HONOR ROLL

Camryn Bullock Parker Harper Riannon Holly Brittany Prow

Bryan Trombley

Kyanne Jeanette

HIGH HONOR ROLL Jocelyn Colton

Tyler Bush

OUTSTANDING

Zachary Scott

Spencer Thomas

Carly Frary Koryn Rowe

### PERFECT ATTENDANCE FOR 2<sup>ND</sup> MARKING PERIOD FOR GRADES K-4

Adam Brown Haylee Bullock Ethan Cross Dalton Fenton Lucy Frary Darrian Gavin Ethan Gollinger Aiden Keddy Heidi Moore

Justin Scott

Kaygen Peters Cameron Rowe Danielle Snyder Jason Snyder Faith White Dylan Wood Elise Woods Shanna Wright

### PERFECT ATTENDANCE FOR 2<sup>ND</sup> MARKING PERIOD FOR GRADES 5-8

Jordan Collett Hannah Connors Kayla Covey Jada Flanagan Kacee French Hannah Gladle Daniel Gotham Emma-Lee Gotham Haven Gotham Nelson Holmes Tyler Jandreau Tanner LaPlant Dylan McCarthy MaKayla Meilleur Jordan Moore Lindsey Moore James Rice Zachary Scott Austin Shatraw James Smith Logan Toohey Cheyanna Tuttle Harley Watson Luke Whiteford Taylor Whitmarsh Tyler Whitmarsh

### **POSITIVE BEHAVIOR ON THE BUS AWARD FOR GRADES K-6**

Bethany Gotham Ema Gotham Jonathan Gotham Joseph Gotham Zakery Gotham

Marin McIntosh Mallory Robinson Cameron Rowe Dylan Wood

### **GEOGRAPHY BEE FOR GRADES 4-6**

Nolan Blandin Camryn Bullock Ryan Colton Lucy Frary Joey Griffin Mohammad Habbal Valaree Hale Timothy Hathaway Royce Lottie Hailey Matthews

Cole Morehouse Connor Moulton Samuel Smith Brielle Stone Spencer Thomas Emily Tresidder Bryan Trombley Morghan White

# FANTASTIC!

## 7-12 NEWS

### January Events

### Edwards-Knox Central School Holds National Geography Bee Competition

The school-level National Geography Bee was held at Edwards-Knox Central School on Friday, January 11, 2013 in the Auditorium. Six students per grade level from grades  $4^{th} - 8^{th}$ qualified to participate in the Geography Bee. Students participated in 5 preliminary rounds of a variety of questions in regards to US geography, state specific geography, and questions about continents. Ten students then advanced to the Final Round. Those students that participated in the Final Round were Ryan Colton (6<sup>th</sup>), Haven Gotham (7<sup>th</sup>), Elise Franck (8<sup>th</sup>), Tanner LaPlant (7<sup>th</sup>), Moe Habbal (5<sup>th</sup>), Alex D'Agostino (8<sup>th</sup>), Tera Mason (8<sup>th</sup>), Brooke Fenton (8<sup>th</sup>), Jimmy Smith (8<sup>th</sup>), and Royce Lottie (6<sup>th</sup>). The Final Round is a double elimination round, which ended with two students advancing to the Championship Round. Elise Franck (8<sup>th</sup>) and Tanner LaPlant (7<sup>th</sup>), were each given three guestions to battle it out to earn first



place. Elise Franck finished as runner-up and Tanner LaPlant was named the 2013 Edwards-Knox Geography Bee Champion. Tanner LaPlant then took a qualifying test that was submitted to the state. Tanner will be notified by the National Geography Bee state-level organizers if he qualifies to compete at the state competition. GREAT JOB ALL GEOGRAPHY BEE COMPETITORS AND WE LOOK FORWARD TO NEXT YEAR'S COMPETION!

### STAR Reading Assessment

During the week of January 7th-11th students in grades 7 through 10 participated in the second Standardized Testing and Reporting (STAR) Reading assessment for the year. The purpose of the online STAR assessments program is to provide information to teachers about student growth and achievement in reading. STAR Reading provides teachers with a tool to screen and progress monitor students who need reading intervention. STAR Reading also provides an instrument that allows teachers to establish goals and monitor a student's progress during the year.

### January Regents Exam Testing



Despite regular classes being held from January 22<sup>nd</sup>-25<sup>th</sup>, some 10<sup>th</sup> through 12<sup>th</sup> grade students spent time preparing and taking many of the NYS January Regents and RCT Exams. This testing opportunity for students also provided staff with an opportunity to implement on a smaller scale the new scoring requirements from NYS which prevents teachers from scoring their own students exams. The next regents exam testing period for students is June 11-20. The June 2013 schedule is available at the following website address: http://www.p12.nysed.gov/assessment/schedules/hs/res-613.pdf

All-County



The Music Department would like to recognize all the students that were chosen and participated in the All-County Music Festivals this year. It is an honor to be selected to perform in one of these elite groups made up of the best musicians at each grade level throughout St. Lawrence County. Students are selected based on their performance at the NYSSMA Solo Festival last spring. Scores and levels were compared with all the schools in St. Lawrence County, and the top players for each instrument were chosen. Congratulations to all these students on such a prestigious honor!

This year the following students were accepted in Junior High All-County Band: Mackenzie Frary, Emily Lasher, Jada Flanagan, Karlie French, Kayla Covey, Cheyanna Tuttle, Kacee French, Lexi Hebb, Alaina White, James Rice, Jarrett Bullock, Alexa White, and Tyler Jandreau. Four of these students were accepted as first chair of their sections, which means that out of all the Junior High Band students in St. Lawrence County, they are the best on their instruments: Mackenzie Frary (first chair flute), Jada Flanagan (first chair oboe), Karlie French (first chair clarinet), and Alaina White (first chair alto saxophone). The students performed at Hosmer Hall at Crane in Potsdam.

This year, five students from E-KCS were selected to perform in the Senior High All-County Band. In the Senior High, only solos rated at the highest three levels were accepted for consideration. Ross Curley was chosen for Alto Saxophone; Sarah Rice, clarinet; Richard Finnerty, timpani; Makenna Ashley, baritone; and Nicolas Wolfe on tuba. The students performed in the Ogdensburg Free Academy auditorium under the direction of Dr. James Madeja.

The following students were selected to sing in the Senior High All-County Chorus: Makayla Bartocha, Nicole Hendricks, and Nicolas Wolfe. These students performed in the Junior High All-County Chorus: Kara Davis, Brooke Fenton, Lexi Hebb, Tera Mason, Aubrey Snell, and Alexa White. The Elementary All-County Chorus members included: Cheyenne Chubb, Grace Fenton, Mohammad Habal, Erich Lottie, Valaree Hale, Spencer Thomas, and Madison Wood.



The concerts were phenomenal; and the representation of students from EKCS was impressive! Congratulations to these students!

### Musical

This year the Music Department will be putting on the Musical Fame, Jr. under the direction of Ms. Carol Strome, on March 22nd and 23rd at 7:00 pm. "Fame, Jr. is the bittersweet but ultimately inspiring story of a diverse group of students as they commit to four years of grueling artistic and academic work. With candor, humor, and insight, the show explores the issues that confront many young people today." This should prove to be an enjoyable and fun experience for all!

### Homecoming Week

Homecoming/Spirit week, sponsored by Student Government ran from February 4 – 8 for grades 7-12. While a snow day on Friday cut activities short, spirit-related fun was had by all. Spirit Dress-Up Days started on Monday with Retro Day. The class who had the most participating students for dress up styles from the 1970's and 1980's was grade 7. On Tuesday, grade 8 had the most students participating in the popular Plaid Day competition. A wide variety of plaid apparel, ranging from plaid shirts to plaid hats could be found in the high school and junior high hallways. On Wednesday, wild things could be found throughout the school due to students participating in Crazy Hat & Shades Day. Amazingly, grades 7 and 8 tied in the competition, each having 31 students wearing wild and crazy head gear and shades. The most popular dress-up event of the week, Twin Day, saw the 8th grade beat out the 7th grade by 1 student.



The snow day on Friday not only canceled PJ day, but also delayed the Homecoming Pep Rally. A Spirit Cheer competition was one of the highlights planned for rally. But even without the support of this school spirit event, the Boys Varsity Basketball team defeated the Eagles of Clifton-Fine Central School on Saturday, giving them the second seed in the Section X, D Division for the playoffs.

The Edwards-Knox CSD Student Government appreciates the support that the grade 7-12 students offered in support of Homecoming/Spirit Week. Special acknowledgment is in order for Student Government Junior Vice President, Alyssa Parker, Sophomore Vice President, Megan Farr, and Sophomore members Michaela Wilson, Molly Burger, Shaye Taylor, and Grade 8 Government member Hayleigh LeBarge and Grade 7 member, Madison LaPoint. Due to a scheduling conflict, Homecoming/Spirit Dance is rescheduled for mid-April. Business Education Teacher, Terry Remington, is advisor for Student Government, and the President of Student Government is Senior Nic Davison.

### Awards Assembly

In an effort to continue an environment that supports positive behavior and academic achievement, students in grades 5 through 8 participated in an award ceremony on February 6th. Some of the awards that students can earn include honor roll, citizenship, effort, positive bus conduct, and perfect attendance. Students can also earn certificates in special areas such as art, music, band, physical education, etc. A BIG congratulations to all award winners!

We will be hosting two additional ceremonies during the month of April and June. Ceremonies are planned approximately one week after report cards are sent home. If your child is eligible to receive an award a postcard will be sent with your child's report card indicating the date and time of the award ceremony.

### Amazing Nano Brothers Assembly

A 1 hour comedy show about the mysteries of matter including atoms, molecules, and nanotechnology was experienced by students in grades 5-8. The show featured juggling, unicycle stunts, and most importantly a fantastic science lesson about the structure of the atom. Laughter and learning were enjoyed by all!

### Challenge Day

ChallengeDa

Edwards-Knox Central High School hosted two Challenge Day programs on February 12th and 13th in our high school to provide our school and community with experiential workshops and programs that demonstrate the possibility of love and connection through the celebration of diversity, truth and full expression. The non-profit organization prepares a program that goes beyond traditional anti-bullying efforts, building empathy and igniting a movement of compassion and positive change. The 6  $\frac{1}{2}$  -hour Challenge Day program was designed for 100 students and is created to build connection and empathy, and to fulfill a vision that every child lives in a world where they feel safe, loved, and celebrated.

ChallengeDay

"I think they should do that every year! It was fun." ~ Tyler Jandreau

hallengeDay

"I think they should do Challenge Day every year and start a Challenge Day Club to have fun and to let everyone know they will always have help and friends. The people who came were great and I think they made a change in the students who come to our school." ~ Heather Finnerty

"I think we should have the Challenge Day every year! Everyone loved it! I think it will make a big difference in our school. The people we worked with were great. I had lots of fun." ~ Hayleigh LeBarge

"I thought it would be boring at first, but by the time it was done I didn't want to leave! I think we should do it every year." ~ Richard Dafoe III

"It was fun! I was able to become close with other people." ~ Emma Gotham

"It was Fun. I went in like, this is weird, but after it was over I felt amazing. I hope they come back next year." ~ Craig McCormick

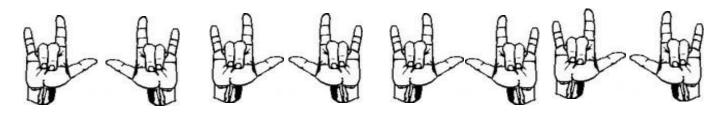
"I though Challenge Day was fun and we should do it again because it let other kids let go of their bubble and express their feelings." ~ Austin Shatraw

"Best idea to solve problems in school. It brought out a lot of emotion which made us closer to each other." ~ Kate Smith





A heartfelt thank you to Mrs. Paro's Leadership class, Mrs. Whitmarsh, Mrs. Alford and Mr. Daniels' staff for your contribution to making our Challenge Day Event so successful. THANK YOU!



### Homework Excellence Trip

Students in grades 5-8 who achieve homework excellence each quarter are invited to attend a special function. The second function for this school year is scheduled for Friday, February 15th with students outside enjoying snow tubing at Titus Mountain in Malone. Encourage your children to complete their homework each night so they will be provided the option to participate in these fun filled events.



### **Upcoming Events**

- March 1 End of 25 week progress
- March 6 11:30 am dismissal with Spring Conferences from 3:30-7:30 pm
- March 6 Senior High Concert Band & Senior High Chorus perform in Albany at Empire Plaza
- March 15 No School for Students Staff Development Day
- March 22 Fame, Jr. (Musical) at 7:00 pm
- March 23 Fame, Jr. (Musical) at 7:00 pm
- March 27 Gateways for Seniors
- March 27 Kaleidoscope Concert (Bands 6th-12th Grade)
- March 29-April 5 No School for Students Spring Break
- April 12 11:30 am dismissal for Students End of 3rd Marking Period
- April 16 18 ELA tests for grades 3-8
- April 17 Report cards go home
- April 19 Report cards signed and returned
- April 19-20 NYSSMA Solo and Ensemble Festival
- April 24 26 Math tests for grades 3-8
- May 1 9-12 grades Distracted Driving Assembly at 9:30 am in auditorium
- May 1 5-8 grades Awards Assembly at 1:45 pm in auditorium

### MUSIC DEPARTMENT NEWS

### Kaleidoscope Concert

The Instrumental Music Department will present the annual Kaleidoscope Concert on Wednesday, March 27th at 7:00pm (this is a change from the original date). Each of the major instrumental groups will be performing one piece. These groups include: Senior High Concert Band, Jazz Ensemble, Junior High Band, Junior High Stage Band, and Sixth Grade Band. This will be a concert full of enjoyable variety.

### Music in our Schools Month:

The Senior High Band and Senior High Chorus have been selected to participate in the NYSSMA 2013 Music in Our Schools Month celebration at the Empire State Plaza in Albany! On March 6th, these students will perform at Empire Plaza to represent schools in this region for "Music in our Schools" month. After the students perform, they will meet our New York State Senators and have the opportunity to visit the New York State Museum. This is a great honor for our music groups to be representing our school!

March is Music in our Schools Month! Music in our Schools Month is a month dedicated to recognizing the importance of a music education in creating well-rounded students and to remind us all that school is where all children should have access to performing and making music. The study of music contributes to young people's development through heightened skills in listening, reading, self-expression, and creativity. Active involvement in the arts is essential to the development of our children. In addition to creating well-rounded individuals, studying and performing music reaps many positive benefits. Besides gaining experience and enjoyment from performing, students have the potential to: improve math and reading skills, develop fine motor skills, learn cooperation and teamwork, develop self-discipline, develop responsibility, learn commitment, learn organization, and develop self-confidence through performance. Involvement in a music education teaches students planning, persistence, perseverance, and time management; skills required for success. Research shows instruction in music and the arts has a positive impact on brain development, test scores, study habits, and a student's commitment to school. Studies show that schools with the most access to and support for music and the arts have the highest graduation rates.

### Instrument of the Month:

Each month, the Instrumental Music Department celebrates and highlights a particular instrument and its players in our program. Last month, we selected the tuba and our tuba players: Nicolas Wolfe, Trevor White, Jonathan Gotham, and Erich Lottie. This month, we are celebrating the French horn and our French horn players: Hannah Besaw, Heather Finnerty, Alexa White, Breanna Facey, Spencer Thomas, and Corey Vater. Stop by and take a look at our display case outside the band room featuring French horn photographs and interesting facts!

The Edwards-Knox Music Department is proud to have 226 students participating in the program from grades 5-12!

TERM 2 HONOR ROLL 2012-2013

### <u>GRADE 12</u> Outstanding Honor Roll (95.0-100)

Samantha Ellison

Katie Hale

Hanna Hansen

Brianna Farr

High Honor Roll (90.0-94.99) Alexander McDonald Sarah Rice

Alison Thompson Tyler Tresidder

Zachary Allen Jesse Bullock Christopher Davison Honor Roll (85.0-89.99) Nicholas Davison Morgan Deon

Alex Parrish Nicholas Wolf

### <u>GRADE 11</u> Outstanding Honor Roll

none

### High Honor Roll

Mackenzy Allen Jordan Davis Kelvin Gordon Katelynd Hill

Austin Brown Dylan Cross

Kaden Dandrow

Alyssa Parker Kate Rowe Evan Searles

Brianna Kroniser

Hunter Tuttle Leonard Walrath Abraham White

### <u>Honor Roll</u>

Bridget Ellis Jesse Fenlong Kyle Gotham Cody White Michelle Whitmarsh Chloe Wilson

<u>GRADE 10</u> <u>Outstanding Honor Roll</u> Darrick Cutway

Molly Burger

Makenna Ashley Richard Finnerty

Tiara Allen Nicholas Davis High Honor Roll Abbie Hale Shaye Taylor

Honor Roll Megan Farr Mason Fountain Michaela Wilson

Paine Morse Katelynn Smith

### TERM 2 HONOR ROLL 2012-2013

### GRADE 9 Outstanding Honor Roll

**Heather Finnerty** 

Dakotah Bacon

Makayla Bacon

Jason Burke

High Honor Roll Catherine Curley Darian Fenton

Nathan McCoy Caleb Rowe

Luke Fenton Anisa Hotaling Honor Roll Kelsey White

Noah White

Trenton White

### <u>GRADE 8</u>

### **Outstanding Honor Roll**

Jacob Fenlong Brooke Fenton Elise Franck

Jarrett Bullock Kayla Covey

Alexander D'Agostino

Mackenzie Frary Karlie French Arael Scott Cheyanna Tuttle Alaina White

### High Honor Roll

Kara Davis Daniel Gotham Kristen Kroniser Tera Mason James Rice

Piage Clary Bailey Coffey Shaylyn DeVito

### <u>Honor Roll</u>

Emma-Lee Gotham Levin McIntosh James Smith

TiLiegh Sturtevant Taylor Whitmarsh

### <u>GRADE 7</u>

### **Outstanding Honor Roll**

Haven Gotham Emily Lasher Alexa White Travis White

### <u>High Honor Roll</u>

Jordan Moore Logan Toohey Briana Tulip Esther White Jacob White

### Jada Flanagan Kacee French

Avery Hawn Katharine Hebb Tanner LaPlant

TERM 2 HONOR ROLL 2012-2013

### <u>Honor Roll</u>

Alyssa Allen Julie Ashley Alexavier Champagne Christopher Chubb Peyton Dafoe Jason Hollenbeck Madison LaPoint McKayla Meier Katrina Thornton

Marcus Tresidder Tyler Whitmarsh Seneca Wright

### BOCES TOP ACHIEVERS (Top 20% of their respective classes)

Alternative Education Kristina Klock

Auto Technology I Tyler LaPlante

Auto Technology II Alexander McDonald

<u>Building Trades I</u> Austin Brown Dylan Cross Cosmetology II Shelly Caputo Kristina Klock

Environmental Technology I Jesse Fenlong Leonard Walrath

Multi-Occupations I Christopher Moore Brent Watson

Multi-Occupations II

Tiara Allen Paine Morse

# AWESOME!

### CAFETERIA NEWS Kathleen Whitmarsh, Cook/Manager

Dear Parents:

March 5 and 7 will bring Grandparent's breakfast to us again this year. Please watch for forthcoming information.

I have included instructions for "Heartland" for those of you who like to use our online payment service. In November "Heartland" took the place of "PayPal" with Nutrikids for this service. If you have had trouble logging in to the new system, I apologize fo that. Heartland and BOCES have fixed the problem on our web page so you can now go and sign up. If you choose, you can keep your old password and information and once you have signed in as though it was the first time, you will have the same perks you did with Nutrikids/Paypal. Please let me know if you need any help. I have been successful in logging in and out and I believe it is working properly.

Have a wonderful spring.

Kathleen Whitmarsh Cook / Manager

### MyNutrikids.com® Welcomes You To my SchoolBucks®

Your MyNutrikids.com account has been successfully upgraded and transferred to mySchoolBucks, our new partner for online school meal payments. This site offers more information, improved features and increased security. You may have already visited mySchoolBucks.com and experienced all it has to offer. If you have not had the opportunity to visit the site, we encourage you to begin using this new site immediately, with the same login information from MyNutrikids.com®.

We've summarized a quick start guide below, for complete instructions on how to use your mySchoolBucks.com account click the link below: <u>http://learnmyschoolbucks.com/Parent</u>

Accessing your account:

- Go to mySchoolBucks.com
- Enter your existing MyNutrikids.com username and password
- Click LOG IN
- Verify your child(ren) linked to your account

 $\circ {\rm To}$  add new students to your household you will need the child's name, birth date, and student ID

To make a payment:

- Once logged in, click MAKE A PAYMENT
- Click CAFETERIA MEAL PAYMENTS
- Select or enter a payment amount for each child
- Click ADD TO BASKET
- Click CHECK OUT NOW to complete the payment process
- NOTE: You may fund up to \$120 per child, but you may pay for all of your children on a single transaction.

### CAFETERIA NEWS CONT'D. Kathleen Whitmarsh, Cook/Manager



• mySchoolBucks has the following payment methods available for use:

- Visa®
- Mastercard®
- Discover®
- Electronic Check

Important Note Concerning Low Balance Email Alerts:

Due to legal requirements, we were unable to transfer your low balance email reminder settings from MyNutrikids.com. If you would like to continue using this feature, you will need to set this up again or you may now choose to schedule automatic recurring payments.

Again, for complete instructions on how to use your mySchoolBucks account click the link below: http://learnmyschoolbucks.com/Parent

All support-related issues should be directed to mySchoolBucks by phone at 855-832-5226 or by email at support@myschoolbucks.com. Please do not call the Food Service office for support.

Sincerely, The mySchoolBucks and MyNutrikids Support Teams



# March 2013 MENU

Mon	Tues	Wed	Thur	Fri	
Lunch: 11am to 1:10 pm Lunch K-3: \$1.65 Lunch 4-12: \$1.75 Breakfast: 90¢ Lunch every day for everyone: Veggie Bar. Peanut Butter Sandwich					
Kathy Whitmarsh Cafeteria Manager 562-8130, ex. 1507 Fax: 562-2477 <u>kwhitmar@ekcsk12.org</u> P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684	Breakfast 7:40 a.m. Every Day Cereal, Graham Cracker, Milk, Juice Breakfast: 90¢	Pre-payments Happily Accepted		1 Cereal Day (2) Cereal (2) 4 oz Yogurt or String Cheese 1 Egg wrap/pizza Veggie Bar Milk Fruit	
<b>4 Ravioli or</b> <b>Tuna Cassarole</b> Bread Broccoli Veggie Bar Milk Fruit	5 Chicken Patty Golden Squash Veggie Bar Milk Fruit Grandparents' Breakfast	6 Hamburg/ Bun Veggie Bar Peas Milk Fruit	7 Crispy Chicken Tator Tots Veggie Bar Milk Fruit Grandparents' Breakfast	8 Fishburger or unbreaded baked fish VeggieBar Fresh Veggies Milk Fruit	
<b>11 Veg. Chili/</b> Beans Hotdog/Bun or Corn Dog Veggie Bar Milk Fruit	<b>12 Deli/Sub</b> <b>Day</b> Ham or Turkey/ Cheese/Lettuce/ Tomato/Onion Veggie Bar Milk Fruit	<b>13 Irish Meal</b> (Corn Beef, Potato, Carrot, Cabbage) Veggie Bar Bread Milk Fruit	<b>14 Pizza</b> Veggie Bar Bread Milk Fruit	15 STAFF DEVELOPMENT DAY No School For Students	
<b>18 Goulash</b> Spinach Veggie Bar Bread Milk Fruit	<b>19 Sloppy Joe</b> on a bun Chips Corn Veggie Bar Milk Fruit	20 Pasta/ Tomato Soup Deli Meat Bread & Crackers Veggie Bar Milk Fruit	<b>21 Taco Salad</b> <b>Day</b> Refried Beans Lettuce, Cheese, Tortilla Chips, Corn, Veggie Bar Milk Fruit	22 Tomato Soup Grilled Cheese Sandwich Salad Bar Carrots Milk Fruit	
<b>25 Chicken</b> Patty Golden Squash Veggie Bar Milk Fruit	<b>26 Hamburg/</b> <b>Bun</b> Veggie Bar Italian Casserole Milk Fruit	27 Honey Chicken Fried Rice Broccoli Veggie Bar Milk Fruit Cookie	28 Turkey Dinner Mashed Potatoes/ Gravy, Sweet Potato, Cranberry Sauce, Bread Veggie Bar Milk Fruit	29 SPRING BREAK	

Menu subject to change without notice.



# April 2013 MENU

	Mon	Tues	Wed	Thur	Fri
Lunch: 11am to 1:10 pm Lunch K-3: \$1.65 Lunch 4-12: \$1.75 Breakfast: 90¢ Lunch every day for everyone: Veggie Bar. Peanut Butter Sandwich		Kathy Whitmarsh Cafeteria Manager 562-8130, ex. 1507 Fax: 562-2477 <u>kwhitmar@ekcsk12.org</u> P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684	Do you think you qualify for free and reduced meals? If so our school receives many benefits. Please apply or cal us to discuss your eligibility.		
1		2	3	4	5
		SPRI	NG B	REAK	
	<b>Chicken</b> Patty Solden Squash Veggie Bar Milk Fruit	9 Hamburg/ Bun Veggie Bar Italian Casserole Milk Fruit	<b>10 Homestyle</b> Vegetable Soup Egg or Tuna salad Veggie Bar Milk Fruit	<b>11 Taco Day</b> Refried Beans, Lettuce, Cheese Corn, Tortilla Chips, Veggie Bar Milk Fruit	12Fishburger or unbreaded baked fish Veggie Bar Fresh Veggies Milk Fruit
н	Veg. Chili Beans/ otdogs/Bun r Corn Dog Veggie Bar Milk Fruit	<b>16 Deli/Sub</b> <b>Day</b> Ham or Turkey/ Cheese/Lettuce/ Tomato/Onion Veggie Bar Milk Fruit	<b>17 Shepherd's</b> <b>Pie</b> (Hamburg, Mash Potatoes, Corn) Veggie Bar, Bread, Milk Fruit Ice Cream	<b>18 Chicken</b> Fajita Salad Bar Peppers & Onions Refried Beans Milk Fruit	<b>19 Tomato</b> <b>Soup</b> Grilled Cheese Sandwich Veggie Bar Bread Milk Fruit
<b></b>	<b>Chicken</b> Patty Solden Squash Veggie Bar Milk Fruit	<b>23 Sloppy Joe</b> on a bun Chips Corn Veggie Bar Milk Fruit	24 Beef & Broccoli Fried Rice Broccoli Veggie Bar Milk Fruit Cookie	<b>25 Turkey</b> <b>Dinner</b> Mash Potatoes Sweet Potato Cranberry,Bread Veggie Bar Milk Fruit	<b>26 Pizza</b> Veggie Bar Bread Milk Fruit
29	<b>Goulash</b> Spinach Veggie Bar Bread Milk Fruit	<b>30 Hamburger</b> on a Bun Veggie Bar Italian Casserole Milk Fruit	Spring	Breakfast 7:40 a.m. Every Day Cereal, Graham Cracker, Milk, Juice Breakfast: 90¢	Prepayments Happily Accepted

Menu subject to change without notice.

## **REMINDER - NO SCHOOL:**

## March 15, 2013 - Staff Development Day No School for Students

March 29 - April 5, 2013 - Spring Break

Edwards-Knox Central School P.O. Box 630 Russell, NY 13684-0630 Non-Profit Organization US Postage PAID Edwards, NY 13635 Permit No. 3

## **TO: BOXHOLDER**