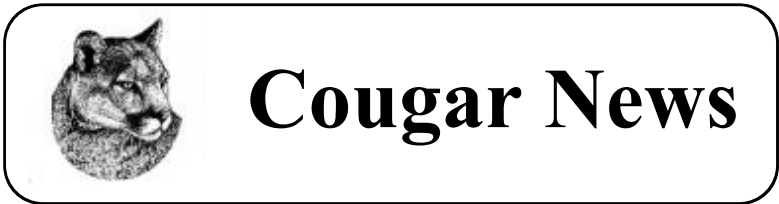


June 2011

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A Publication of the Edwards-Knox Central School Board of Education
Wheeler Maynard, Jr., President Lynn Coller Tom O'Brien
Teresa A. Hogle, Vice-President Amanda Fuller Andrea Webb
Rick Brewer Malissa Hale Tom Wood

SUPERINTENDENT'S COMMENTS

Suzanne L. Kelly

Dear Residents:

On May 23, 2011, the Board of Education adopted a Contingency Budget which will be available on the school webpage. The total budget was \$11,639,874., which was approximately \$70,000 less than the original budget. Cuts were made to the administrative portion of the budget to be in compliance with state regulations.

The use of the swimming pool, year round, was placed back into the budget. This will allow physical education classes to continue with the rotation of swim classes.

Due to the \$450,000 deficit, there will be a number of positions cut, which include: a part-time custodian, two teacher aides, a part-time BOCES Technology teacher, a full-time business/technology position and we will not be filling two of the four retiring elementary teachers. In September there will be two classrooms of Kindergarten and 1st grade, instead of three. All of these positions will be a difficult loss to the district and will have to be picked up by other staff. At a time when everyone feels like they are already challenged by time and standards, they will be asked to do more.

As the year comes to an end, there are so many important activities and events taking place. Within this newsletter there are dates posted for each building so please be sure to check those items that pertain to your family.

A special thanks to the Art Department for organizing the festivities on May 17, 2011. Not only did they display the works of so many students, but we got to meet and chat with artists from the past. This was a fun evening topped off by music from a variety of talented musicians.

Sincerely,

Suzanne L. Kelly

Contents:



Topic	Page
Supt. Comments.....	1
Valedictorian & Salutatorian.....	2
School Based Health Clinic News.....	3
Yearbook News.....	3
7-12 Guidance.....	4-6
3 rd Term Honor Roll..	7-9
Athletic Director of The Year.....	9
7-12 News.....	10-15
Elementary New..	15-16
Menus.....	17-19



Edwards-Knox Central School is proud to announce the Valedictorian and Salutatorian for the Class of 2011



Patricia Hathaway, daughter of Robert and Dorna Hathaway of Edwards, New York, is named Valedictorian with a cumulative average of 93.8478%. Patricia is a member of our National Honor Society. She has received many awards for her effort and academic excellence in science and mathematics classes.

Patricia has been very active in sports. She was a member of our Cheerleading and Volleyball teams for three years. Patricia was also the Class Treasurer during her sophomore year and a member of the Edwards-Knox Leadership Team in her sophomore and junior years. She was a member of the Community Youth Group. This is a non-denominational group of students who perform community service activities for other service organizations and community members.

Patricia completed her high school requirements in August and attended The Clarkson School. She plans to continue her education at Clarkson University, studying Chemistry.



Nikola Wolfe, daughter of Gerald and Arline Wolfe of Russell, New York, is named Salutatorian with a cumulative average of 93.6086%. Nikola is a member of the National Honor Society. She has received awards for excellence in Science.

Nikola is a very accomplished figure skater. She has studied for many years and has competed in competitions throughout the region. Nikola assists in an ice skating class for younger students and volunteers at Olympics for children. She also plays the violin and has volunteered to play and provide entertainment at the nursing home.

Nikola completed her high school requirements in August and attended The Clarkson School. She plans to continue her education at Clarkson University, studying Psychology or Pre-Physical Therapy.

Reminder: June 15 - 23, 2011 Regents' Examination Week

School Based Health Clinic Welcomes New Provider

Edwards Knox SBHC would like to welcome Heather Rouselle as our new Behavioral Health Counselor. Heather is available to see students at the SBHC located across the hall from the nurses office. Heather was at the school last year providing counseling and has returned on a permanent basis with the SBHC. We are very excited to have Heather join our team. The SBHC now provides preventive care, immunizations, well child physicals, allergy injections, acute care, dental care and behavioral health counseling. The SBHC can also accommodate some minor procedures such as sutures and wart removal. We can also provide medication management for students with asthma and chronic conditions. Dietary services are also available at the clinic. As always, there is NO out of pocket expense for any of the services that we provide in the clinic. To enroll your student, please see Nicole in the clinic or Ms. Brown in the nurses office.

Yearbook News

The yearbook is drawing to a close. I expect the yearbooks to arrive and be distributed before Memorial Day weekend. I will have more details around the first part of May. I never know an exact date though until I am told they are shipped, then it is usually 4 days later we receive them.

We will then set up the assembly for the dedication and distribution to seniors by the after grad.

There are only about 15 yearbooks left to sell. They cost \$45 each and will be on a first come with money first serve basis. There is no way to get any extra unless they happen to send extra that were above the order. That has only happened 1 time and it was several years ago.

The team of students this year who worked on the book were fantastic. We worked almost every Tuesday, and many Thursdays. That doesn't include the time the treasurers and helpers put in and the time they spent taking pictures. They worked well together and I am very proud of them.

I know you will be able to see all the work they put in when you receive your copy of the book. Thank you to all the businesses and organizations that support us each year. We couldn't do it without you.

Kathleen Whitmarsh
Yearbook Advisor

High School Guidance News

Linda Alford, Guidance Counselor

COLLEGE/MILITARY ACCEPTANCES FOR SENIORS



Making plans for the future is an exciting time for our seniors. I am proud of the work they have done and continue to do. Please help me congratulate the following seniors who have already received their acceptances. This is a list that the guidance office is aware of as of April 7th:

Seniors are encouraged to bring a copy of their acceptance letters to the Guidance Office.

Brock Archer - North Country CC
Tyler Ashley - Mohawk Valley CC
Darryl Backus - SUNY Canton
Abigail Campbell - US Air Force
Michela Chapin - SUNY Canton
Kamrie Dandrow - LeMoyne C., St. Joseph's College of Nursing,
 SUNY Oswego, SUNY Plattsburgh, SUNY Potsdam,
 Clarkson U., SUNY Canton
Dylan Davis - SUNY Oswego
Ashley Davison - Clinton CC
Kurtis Ellison - RIT, Massachusetts College of Pharmacy,
 Albany College of Pharmacy
Jodi Flanagan - Indiana U. of Pennsylvania, SUNY Canton
Devan Hance - Mohawk Valley CC
Kaylee Hartley - Le Moyne C., St. Joseph's College of Nursing,
 Clarkson U., SUNY Canton, SUNY Plattsburgh
Kelly Hedrick - SUNY Canton
Brandi Jeanette - SUNY Canton
Ryan Kirk - SUNY Canton
Samantha LaPoint - SUNY Canton, Niagara County CC
Olivia Loop - SUNY Canton, Clinton CC, North Country CC
Sarah Manning - SUNY Plattsburgh
Paige Mazuroski - Jefferson CC, SUNY Canton
Ashlee Mitchell - SUNY Potsdam, SUNY Plattsburgh,
 Hartwick U., Clarkson U.
Kaylee Shecton - SUNY Canton
Ashley Tupper - Paul Smith's C., Niagara County CC
Cassie Walrath - Clarkson U.

GATEWAY FOR SENIORS

Edwards-Knox Seniors participated in "Gateways 2011". This program is offered by the Office of Educational Partnerships and is designed to give all St. Lawrence County seniors the opportunity to practice the skills needed to obtain a job. On April 27th students will experience mock job interviews, have their resume critiqued, and have discussions about their communication skills. There will be over 100 employers from the area to help with this endeavor.

SCHOLARSHIP OPPORTUNITIES

Seniors are encouraged to continue filling out scholarship applications. Information can be found in the High School Guidance office or the E-K Guidance web page at:

www.ekcsk12.org/guidance/scholarships.pdf

Some Scholarship applications can be printed from the guidance web page at

<http://www.ekcsk12.org/guidance/> under local scholarship applications.



Loop Scholarship Applications are available on the guidance web page: www.ekcsk12.org/guidance/applications/loopscholarship.pdf.

The Ray Loop Scholarship is available for anyone who meets the following criteria:

1. Is a graduating senior or a graduate of Edwards-Knox, or Knox Memorial.
2. Have an average of at least 85% or a cumulative average of 2.5 GPA
3. Studying Theology or a medical field (to be determined by the committee)

WORKING CARD APPLICATIONS OBTAINED IN THE GUIDANCE OFFICE

Please complete your working card paperwork in May or June if you plan to work during summer vacation.



Students less than 18 years of age who are employed after school or during vacations are required to have a Working Card. This involves filling out and having a parent sign an Application for Employment Certificate and having a doctor complete a Physical Fitness Certification based upon a physical examination performed within a calendar year. These forms can be picked up in the High School Guidance Office. A current sports physical or school physical (given to all 7th & 10th Grade Students at Edwards-Knox) is sufficient to meet the physical requirement. The school nurse can help with the completion of the Physical Fitness Certification for those students who have had a physical in school.

Students must submit the required completed forms to the Guidance Office.

We will do our best to provide you with the proper forms and knowledge of procedures, but getting things done in a timely fashion is up to you. Please don't wait until the end of June to start this process. During mid-summer there will be times when both Mrs. Finnerty

and Ms. Alford will not be available. Be sure to plan ahead!



High School Guidance News Cont'd.

Linda Alford, Guidance Counselor

EDWARDS-KNOX TEACHERS ASSOCIATION SCHOLARSHIP APPLICATION

The Edwards-Knox Teachers Association created a \$500.00 scholarship to assist a graduate who has elected to pursue a career in education. The committee will make the selection based on scholarship, leadership, service, character and potential for success. The Scholarship will be presented during the student's senior year. To be eligible students must:

- Be a graduate of Edwards-Knox Central School, Edwards School, or Knox Memorial School.
- Have completed at least the first semester of the Junior year by the end of June and haven't started the senior year¹.
- Hold a Grade Point Average of 3.0 or higher.
- Complete an application form.
- Submit an official transcript that includes grades for all courses taken.
- Submit two letters of recommendation (one must be from a college professor).
- Proof of enrollment in the field of education or teaching (course schedule, semester bill) for the fall semester.*
- **All documents must be postmarked no later than August 31 to the following address:**

**Edwards-Knox Central School
% Teachers Association President
P.O. Box 630
Russell, NY 13684**

¹ criteria subject to change without notice

Documents that are hand delivered must be dated and initialed by school personnel.

* The Scholarship recipient who is starting the second semester of the Junior year in September will wait until the Spring semester, when starting the Senior year, to receive the award. Proof of Senior year enrollment will also be necessary at that time.

APPLICATIONS ARE AVAILABLE THROUGH THE
EDWARDS-KNOX GUIDANCE OFFICE
or by visiting www.ekcsk12.org

TERM 3 HONOR ROLL 2010-2011
GRADE 12

Outstanding Honor Roll (95.0-100)

Kamrie Dandrow

High Honor Roll (90.0-94.99)

Brock Archer
Ashley Davison
Jonathan Davison
Kurtis Ellison

Makayla Harris
Nga Sze Lau
Paige Mazuroski
Kelsi Robert

Della Rubin
Charlene Toomey
Ashley Tupper

Honor Roll (85.0-89.99)

Christopher Bolander
Brandon Bristol
Kody Coffey
Dylan Davis
Samantha Dziegielewski

Jodi Flanagan
Kaylee Hartley
Kelly Hedrick
Ryan Kirk
Samantha LaPoint

Olivia Loop
Kaylie Shecton
Kathleen Stein
Cassie Walrath

GRADE 11

Outstanding Honor Roll

Janna Fountain

Kevin McNamara

Veronica White

High Honor Roll

Caleb Fuller

Lateia Gravett

Mariah Harris

Kyrsten Phelps

Honor Roll

Kylie Averill
Caleb Brimmer
Claire Davis
Karl Dumoulin

Lucas Fuller
Alexia Hawn
Kendra Horne
Mercedes Mackin

Harlee Marschat
Kacee Stein
Brody White
Don Williams

GRADE 10

Outstanding Honor Roll

Samantha Ellison

Brianna Farr

High Honor Roll

none

Honor Roll

Angela Gladle
Amanda Huebner-Lane
Alexander McDonald

Tina Paro
Thomas Smith

Alison Thompson
Tyler Tresidder

TERM 3 HONOR ROLL 2010-2011 CONT'D.

GRADE 9

Outstanding Honor Roll

Mackenzzy Allen
Katelynd Hill
Kyl Huebner-Lane

Alyssa Parker
Jessey Parker

Sarah Rice
Hunter Tuttle

High Honor Roll

Ross Curley
Kaden Dandrow

Jordan Davis
Kyle Gotham

Kate Rowe
Abraham White

Chloe Wilson

Honor Roll

Makayla Bartocha
Samuel Fifield

Bridget Gladle
Nicole Hendricks

Marissa Johnson
Harleigh LeBarge

Leonard Walrath

GRADE 8

Outstanding Honor Roll

Molly Burger
Rowena Casciaro

Darrick Cutway
Abbie Hale

Shaye Taylor

High Honor Roll

Makenna Ashley
Kennedy Bell

Megan Farr
Richard Finnerty

Katelynn Smith
Michaela Wilson

Honor Roll

Skylar Cross
Nicholas Davis

Mason Fountain
Brandon McKim

Kali Sharpstene
Raeann Thomas

Mackenzie Tresidder

GRADE 7

Outstanding Honor Roll

Heather Finnerty

High Honor Roll

Makayla Bacon
Catherine Curley
Darian Fenton

Luke Fenton
Rebecca Hathaway

Anisa Hotaling
Nathan McCoy

Caleb Rowe
Noah White
Trenton White

Honor Roll

Dakotah Bacon
Jason Burke
Madison Harris
Kassidy Keegan

Brook Kroniser
Christopher Shecton
William Smith
Kambree White

Kelsey White
Timothy Whiteford
Morgan Williams

TERM 3 HONOR ROLL 2010-2011 CONT'D.

BOCES TOP ACHIEVERS (Top 20% of their respective classes)

Auto Technology I

Lucas Fuller
Ryan Meilleur
Brody White

Cosmetology II

Kelly Hedrick
Olivia Loop

Multi-Occupations II

Thomas Smith

Congratulations to Lori Brewer. . . . for being awarded Section X Athletic Director of the year. We appreciate all the time and effort she puts towards our athletics here at Edwards-Knox Central School.

For the past seven years, Lori has served as the Section X cheerleading representative. For the past five years, she has served as the Class D Representative to the Section X Athletic Council and as a member of the Section X Life of an Athlete Committee. She serves on the Section X Selection/Classification Committee and has played an integral part in the formation of a centralized testing program in Section X. Lori also serves as the Section X representative for the NYSPHSAA Modified Sports Committee and is a member of the NYSPHSAA ad hoc Cheerleading Committee.

Lori works diligently to provide a quality program for the student-athletes in the Edwards-Knox Central School District. She has done an excellent job of representing the views and opinions of Section X at the state level. She often volunteers to serve on committees or work on special projects and benefit all athletes in Section X. She is a dedicated professional who has had a positive impact on many student athletes in the North Country.



Fantastic!!

From the desk of the HS principal:**Fixed or Growth??**

As the instructional leader of grades 7-12 it is important for me to analyze and assess how we are moving academically at EK. The staff collectively attended a workshop presented by Eric Jensen titled "Teaching with Poverty in Mind" on March 21 and later in the week I was fortunate enough to attend the Annual Association for Supervision and Curriculum Development Conference. I focused on attending sessions dealing with ways to engage students actively in their learning and helping teachers better themselves. I have come away with a key concept from these two experiences that I would like to share with the school community.

Does your child have a fixed or growth mindset? A person who has a fixed mindset believes there are inherent factors that a person is born with that limit their ability to achieve beyond a predetermined level. It doesn't matter what kind of effort a person puts in to mastering a skill or learning a fact, they will not be able to be successful unless they were born talented or smart in that area. A person with a fixed mindset is self-limiting. Their statements to themselves will be something like "I'm too dumb to learn that," "It's too hard for me," or "I wasn't given the right genes to do that."

Brain research shows that all people can learn. Learning may come easier or at a faster rate for some people versus others but any person who puts the right amount of effort into mastering a skill or learning material will be successful over time. A person with a growth mindset believes that they learn from every failure they experience and if they continue to work hard there will not be a limit to what they do achieve. Every mistake they make leads knowledge, how not to do something. As a person accumulates information that doesn't work, they are also learning what does work.

I would challenge each of us to develop a growth mindset. Our students need to believe that the effort they put in to school ultimately defines whether they are successful in school or not. They must also understand that school is a learning ground for the real world. The effort they put into their jobs, community, and families will determine how successful they are after they leave EK.

I believe our teachers will provide support to students who are putting forth their best effort who may need second or third chances to "get it right". They recognize that not everyone learns at the same pace. Our collective goal is to make sure every student is prepared when they leave school to be successful. **If every student learns that the effort they put forth is the key to success then they are going to be successful citizens.**

Michelle Varian
7-12 Principal

Community Service Day at E-KCS

Our high school students spent April 8th giving back to the community in our first Community Service Day. Each grade level chose activities that they were interested in.



Seniors worked on a project supporting the GBW Breast Cancer Walk and helped prepare the EKCS baseball field for the spring season.



Members of the Freshman Class visited with the residents at the senior citizen housing in Edwards and provided extra hands in raking their yard as part of their community service. Others helped in the library, picked up trash in the village, and went to the village fields to pick up stick and help get the youth baseball fields in order.

**“You give but little when you give of your possessions.
It is when you give of yourself that you truly give.”
– Kahlil Gibran**



Juniors baked and wrapped cookies for the Meals on Wheels program.



Sophomores spent their community service time at Mr. Hogle's house helping Mr. Hogle with fencing his garden space, putting the trampoline together, raking the yard, stacking wood, and other odd chores. The day meant a lot to Mr. Hogle to have the students visit and help him with his outside spring chores.

Gouverneur Business Women Breast Cancer Walk

The 10th Annual Gouverneur Breast Cancer Walk will be held on Saturday, May 14th, 2011. All proceeds will be donated to local women who are fighting breast cancer. For more information or to make a donation you can visit www.gouverneurbreastcancerwalk.com or call 287-2565. You can also mail inquiries to GBW Breast Cancer Walk, P.O. Box 64, Gouverneur, NY 13642.



Red Cross Blood Drive

The National Honor Society hosted a Red Cross Blood Drive here at E-K on April 27th. 26 pints of blood were collected from the staff and students who were able to participate.

8TH GRADE TRIP TO BOSTON

A large percentage of our 8th graders will be going for three days in June to Boston, Massachusetts, as part of our 8th grade trip that has taken place each of the past seven years. Our 8th grade trips have included going to Boston, Cleveland, and New York City. All have been very exciting learning experiences for our students and staff. This year’s group is advised by Mrs. Dawn Finnerty and Mrs. Abbie Tresidder. An exciting itinerary/schedule has been developed for our students and the chaperones to participate in. This is a great opportunity for our 8th grade students and we thank our Board of Education for supporting these trips.

DRESS CODE

Reminder to students and parents about proper clothing and attire to wear to school, particularly as the weather does get warmer . . . The four basic criteria used are as follows:

No midriff exposed/showing

Tops cannot be lower in the back than 4" below the base of one’s neck where the neck meets the shoulders

No cleavage showing

Skirts/shorts/skortis cannot be shorter than the ends of one’s fingertips when the shoulders are relaxed and the arms are held down at one’s side

The “new jeans look”, which involve numerous holes in the pant legs, cannot be higher than the extended fingertips.

In addition, no clothing or hats can have alcohol or drug references.

Failure to comply and wear proper clothing will result in a student being sent to the In-School Suspension room for the day or until a parent/guardian brings in proper clothing for the student to change into so they can return to their regular class schedule.

RESERVED CALENDAR DATES

- June 2 High School Awards for grades 9-12
- June 2 Parents Association meeting (6:30 pm in library)
- June 14 Grade 7&8 Awards Assembly (8:00 am)
- June 15 - 23 Regents, RCTs and Proficiency Exams
- June 24 Last Day of School
- June 24 Report Cards Mailed to Students
- June 25 Commencement @ 7:00 PM

Testing Dates

<u>Date</u>	<u>Day</u>	<u>Test</u>
May 31 - June 3	Tues - Fri	Performance test for Science 8
June 6	Mon	Written test for Science 8
June 13 – 14	Mon – Tues	Final exams

CAREER DAY



A committee of staff members worked hard to provide a wonderful career experience for 7th - 12th grade students on March 15, 2011. Our day started with a very inspirational speech by President Kennedy, of SUNY Canton. He encouraged students to work hard and take advantage of educational opportunities to ensure they don't become "Homeless in Florida". Later students met in small groups with many people from our community, including some of our past graduates. Our guests spoke about their experiences in their chosen career area, the required education, their job responsibilities, and



other important information such as salary and benefits of their career.

Commencement and Practice



The 24th Commencement of Edwards-Knox Central School will be on Saturday, June 25th, at 7 pm in the Edwards-Knox gymnasium. Graduation practice will be on Friday, June 24, beginning at approximately 9:00 am. ALL graduating seniors must be present at practice and should plan to be here until approximately noon (no exceptions). Students will be released to go to work or home after all criteria has been met. More information will be given to seniors in May.

REGENTS EXAMINATION SCHEDULE: JUNE 2011

June 15 Wed.	June 16 Thurs.	June 17 Fri.	June 20 Mon.	June 21 Tues.	June 22 Wed.	June 23 Thurs.	June 24 Fri.
8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.	8:00 a.m.	
RE in Global History & Geography	RE in US History && Government	Comprehensive English	RCT in Global Studies*	Living Environment	Comprehensive Regents Examinations French Italian Spanish	Geometry RCT in Writing	Rating Day
12:00 Noon	12:00 Noon	12:00 Noon	12:00 Noon	12:00 Noon	12:00 Noon	Uniform Admission Deadlines	
Physical Setting/Physics RCT in Science*	Integrated Algebra	Physical Setting/Earth Science	RCT in Reading	Algebra 2/ Trigonometry	Physical Setting/ Chemistry RCT in Mathematics*	10:00 a.m. Afternoon Examinations 2:00 p.m.	

* Available in Restricted Form only. Each copy of a restricted test is numbered and sealed in its own envelope and must be returned, whether used or unused, to the Department at the end of the examination period.

ELEMENTARY PRINCIPAL'S CORNER

By: Ronald Burke

Upcoming Events

6/1: grade 4 Science Performance test
6/2: 6:00 pm: Parents' Association meeting in library
6/6: grade 4 Science Written test
6/10: 8:40-1:30: 5th grade to Canton Cornell Co-op Ext.
6/16: 6:00 pm: Kindergarten Ceremony
6/24: 8:00: Awards Assembly for grades K-6
6/24: LAST DAY OF SCHOOL

Safety Concerns and Summer Attire

With the nicer weather we tend to get students wearing sandals that they seem to have difficulty walking in. Please remember many of our students have to go up and down the steps to get to the cafeteria or other specials. It is always a concern when younger students are wearing flip flops and don't always hold onto the railings. Please keep this in mind as your children go out the door.

Everyone is excited to wear shorts to school with the warmer temperatures. We ask that students don't wear clothes that are distracting to others. Our handbook provides guidelines for appropriate dress. As a reminder, students are not to wear halter tops or bare back shirts.

If a student is wearing an outfit that seems inappropriate, they will be sent to the office. A discussion will take place and, if necessary, parents will be called. In the past, we have had students wearing shorts and midriff tops that were distracting to other students. If students are busy talking about what someone is wearing, they obviously aren't learning. Your help is greatly appreciated.

UNIVERSAL PREKINDERGARTEN 2011-2012 School Year

Any child in the Edwards-Knox Central School District who is or will be four years old on or before December 1, 2011, is eligible to attend the Edwards-Knox Universal Prekindergarten program.

If you have a child who is eligible and who wishes to attend the Prekindergarten program, please call the Elementary Office at 562-8132 to request an application be sent to you.

If you have any questions, you may call 562-8132 and speak with Sherry Shattuck in the Elementary Office; ask for Joni Macaulay; or call Joni at home at 287-4517.

**KINDERGARTEN SCREENING
2011-2012 School Year**

The Edwards-Knox Elementary School held their Kindergarten screening on Wednesday, May 25 and Thursday, May 26, 2011.

If you have a child who will turn five by December 1, 2011, please call the Edwards-Knox Elementary School Office at 562-8132 to set up an appointment for the Kindergarten screening.

Please note you will need to bring your child's birth certificate, immunization record, and completed registration form to your scheduled Kindergarten screening appointment.



JUNE 2011 MENU

Mon	Tues	Wed	Thur	Fri	
<p><i>Did you file a new free and reduced meal application? If you qualify for these lunches, our school receives many benefits. Please apply or call us to discuss your eligibility.</i></p>		<p>Kathy Whitmarsh Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 kwhitmar@ekcsk12.org P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>		<p>Breakfast Every Day Cereal, Milk, Juice Some Days: Bagels/ Cream Cheese, English Muffins, Danish, fresh fruit, breakfast bars, donuts, eggs.</p>	<p>Prepayments Happily Accepted</p>
		<p>1 Chicken Nuggets Broccoli Salad Bread Milk Fruit</p>	<p>2 Turkey Dinner Mashed Potatoes & Gravy Green Beans Milk Fruit</p>	<p>3 Chicken Noodle Soup Tuna or Egg Sandwich Fresh Carrots Milk Fruit</p>	
<p>6 Ravioli Green Beans Bread Milk Fruit</p>	<p>7 Pork BBQ /Bun Cole Slaw Milk Ice Cream/Fruit</p>	<p>8 Crispy Chicken French Fries Peas Milk Fruit</p>	<p>9 Chicken Fajita/Wrap Rice, Lettuce, Cheese, Corn, Shells Milk Fruit</p>	<p>10 Tomato Soup Grilled Cheese Sandwich Milk Fruit</p>	
<p>13 Hamburger on a Bun Corn Milk Fruit</p>	<p>14 Chicken Patty on a bun French Fries Corn Milk Fruit</p>	<p>15 Hotdogs on a Bun Peas Milk Fruit</p>	<p>16 Pizza Tossed Salad Milk Fruit</p>	<p>17 Fish on a bun Green Beans Milk Fruit</p>	
<p>20 Chicken Nuggets French Fries Carrots Bread Milk Fruit</p>	<p>21 Hotdogs on a Bun Peas Milk Fruit</p>	<p>22 Pizza Green Beans Milk Fruit</p>	<p>23 Hamburger on a bun Corn Milk Fruit</p>	<p>24 Students dismissed at 9:30 a.m. Enjoy your summer vacation</p>	
		<p>Peanut Butter & Jelly and subs offered every day as a lunch choice. Milk, fruit, & vegetable every day. Chef Salad Tue & Thur. Trail Mix most days.</p>		<p>Breakfast: 7:45 A.M.</p> <p>Lunch: 11:00 A.M. - 1:00 P.M.</p>	

Menu subject to change without notice.



JULY 2011 MENU

Mon	Tues	Wed	Thur	Fri
<p>Kathy Whitmarsh Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 kwhitmar@ekcsk12.org P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>	<p>Lunch served every day from: 11:20 a.m. to 12:20 p.m. Free Food for everyone under 19 years of age. Adults \$3 plus tax=\$3.21</p>		<p><i>Do you think you qualify for free and reduced meals? If so, our school receives many benefits. Please apply or call us to discuss your eligibility.</i></p>	
<p>4 Independence Day</p> 	<p>5 Chicken Nuggets Tossed Salad Bread Milk Fruit</p>	<p>6 BBQ Rib on bun or Kielbasa on bun Tossed Salad Milk Fruit</p>	<p>7 Hotdog/Bun French Fries Milk Fruit</p>	<p>8 Hamburger/Bun French Fries Corn Milk Fruit</p>
<p>11 Hamburger/Bun Tortilla Chips/ Salsa Corn Milk Fruit</p>	<p>12 Hotdog/Bun Tortilla Chips/ Salsa Green Beans Milk Fruit</p>	<p>13 Corn Dog Tossed Salad Bread Milk Fruit</p>	<p>14 Chicken Patty/Bun French Fries Milk Fruit</p>	<p>15 Pizza Tossed Salad Milk Fruit</p>
<p>18 Pizza Tossed Salad Milk Fruit</p>	<p>19 Chicken Nugget Corn Bread Milk Fruit</p>	<p>20 Corn Dog Corn Chips/Salsa Tossed Salad Milk Fruit</p>	<p>21 Hamburger/Bun Corn, Chips/ Salsa or Cheese Tossed Salad Milk Fruit</p>	<p>22 Hotdog/Bun French Fries Green Beans Milk Fruit</p>
<p>25 Hamburger/Bun French Fries Corn Milk Fruit</p>	<p>26 Hotdog/Bun Sweet Potatoes Peas Milk Fruit</p>	<p>27 Chicken Nuggets Sweet Potato Bread Peas Milk Fruit</p>	<p>28 Pizza Tossed Salad Bread Milk Fruit</p>	<p>29 Fishburger Tossed Salad Bread Milk Fruit</p>
<p>Free Food for everyone under 19 years of age. Adults \$3 plus tax=\$3.21</p>	<p>Peanut Butter & Jelly and subs offered every day as a lunch choice. Milk, fruit, & vegetable every day. Chef Salad Tue & Thur. Trail Mix mos days.</p>		<p>Lunch served every day from: 11:20 a.m. to 12:20 p.m.</p>	

Menu subject to change without notice.



AUGUST 2011 MENU

Mon	Tues	Wed	Thur	Fri
<p><i>Did you file a new free and reduced meal application? If you qualify for these lunches, our school receives many benefits. Please apply or call us to discuss your eligibility.</i></p>		<p>Kathy Whitmarsh Cafeteria Manager 562-8326, ex. 507 Fax: 562-2477 kwhitmar@ekcsk12.org P.O. Box 630 2512 Co. Rt. 24 Russell, NY 13684</p>	<p>Free Food for everyone under 19 years of age. Adults \$3 plus tax=\$3.21</p>	
<p>1 Pizza Tossed Salad Milk Fruit</p>	<p>2 Hamburger on a Bun Tortilla Chips/Salsa Broccoli Milk Fruit</p>	<p>3 Chicken Patty/Bun Tortilla Chips/ Salsa Broccoli Milk Fruit</p>	<p>4 Hotdog/ Bun French Fries Milk Fruit</p>	<p>5 Fishburger/ Bun Carrots Milk Fruit</p>
<p>8 Pizza Green Beans Milk Fruit</p>	<p>9 Chicken Nuggets Sweet Potatoes Green Beans Milk Fruit</p>	<p>10 Hotdog/ Bun French Fries Milk Fruit</p>	<p>11 Hamburger on a Bun French Fries Milk Fruit</p>	<p>12 Fishburger on a bun Carrots Milk Fruit</p>
15	16	17	18	19
<p>End of Summer Feeding Program</p>				
22	23	24	25	26
<p> Summer Vacation</p>				
<p>29</p> <div style="text-align: center;"> </div>	<p>30</p> <div style="text-align: center;"> </div>	<p>31</p> <div style="text-align: center;"> </div>	<p>1 Staff Development Day</p>	<p>2 Staff Development Day</p>

Menu subject to change without notice.

Edwards-Knox Central School
P.O. Box 630
Russell, NY 13684-0630

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