

**EDWARDS-KNOX CENTRAL SCHOOL DISTRICT
FITNESS CENTER/WEIGHT ROOM
RESIDENT ADULTS AND STAFF
MEMBERSHIP APPLICATION**

NAME: _____

ADDRESS: _____

TELEPHONE: _____

EMERGENCY CONTACT PERSON: _____

EMERGENCY CONTACT TELEPHONE: _____

Upon completion of application please contact Stephen Szczepanski, Fitness Center Trainer for equipment training at sszczepanski@ekcsk12.org

Completed applications and the attached Hold Harmless Agreement will be retained in the District Office.

KEY FOB ISSUANCE

- 1) Edwards-Knox District Resident Adults and/or high school students in grades 10-12 are eligible.
- 2) I agree to a \$10 cash deposit for the issuance of this Key FOB.
- 3) I am solely responsible for the safekeeping and use of this Key FOB.
- 4) I understand that I have been issued this Key FOB because I have been trained on the equipment and understand the risks of using this facility.
- 5) I agree that I will not share this Key FOB with anyone, nor will I allow unauthorized individuals to enter the fitness center using my Key FOB.
- 6) I understand that if I violate this agreement, my Key FOB will be deactivated and I will forfeit the benefit of using the fitness center.

I have read and agree to follow the established rules and guidelines set by the District for the safety of myself and the school.

Signature

Date

Fitness Center Trainer Use:

Received equipment training: _____ Approved by: _____

Office Use:

FOB Issued: _____ By: _____ Date: _____

**EDWARDS-KNOX CENTRAL SCHOOL DISTRICT
FITNESS CENTER/WEIGHT ROOM
HOLD HARMLESS AGREEMENT
COMMENCING _____**

(Date)

Personal Use of Facilities

Information/Questions Contact Person: Rachael Matejcik/ rmatejcik@ekcsk12.org

Fitness Center Training Contact Person: Stephen Szczepanski/ sszczepanski@ekcsk12.org

I, _____, agree to and do hereby indemnify and hold harmless the Edwards-Knox Central School District, its officers, agents, and employees from every claim or demand made, from every liability, loss, damage, or expense, of any nature whatsoever, which may be incurred by reason of:

- A. Death or bodily injury to persons, loss or injury to property, or any loss, damage, or expense which may have been sustained by the use of equipment at Edwards-Knox Central School District or any persons, firm, or corporation employed by the Edwards-Knox Central School District upon or in connection with the personal use of the Fitness Center/Weight Room located at Edwards-Knox Central School.
- B. Any injury to or death of persons or damage to property, any loss or theft sustained by persons, firms, or corporations arising from any act of neglect, default, omission, negligence, or willful misconduct, either directly or indirectly, in connection with the personal use of the Fitness Center/Weight Room covered by this agreement, on or off Edwards-Knox Central School property.

I, _____, at my own expense, cost and risk, shall defend any and all actions, lawsuits, or other proceedings that may be brought or instituted against the Edwards-Knox Central School District, its officers, agents, or employees, and shall pay or satisfy any such claim, demand, liability, lien, judgment, penalty, fine, cost, interest, or expense rendered against or charged to the Edwards-Knox Central School District, its officers, agents, or employees in any action, lawsuits, or other proceedings as a result of the personal use of the Fitness Center/Weight Room covered by this agreement.

For User:

Print Legal Name: _____

Signature: _____

Address: _____

Telephone: _____ Date: _____

For Edwards-Knox Central School District Use:

Authorized Agent/Title: _____

Forms Maintained in the District Office.

EDWARDS-KNOX CENTRAL SCHOOL DISTRICT
FITNESS CENTER/WEIGHT ROOM
RESIDENT AND STAFF
RULES/GUIDELINES

1. Equipment can only be used **after approval** has been given by a member of the PE Department. ALL participants MUST be trained on each piece of equipment and MUST have completed ALL paperwork BEFORE they can start.
2. Participation Guidelines:
 - No child under grade 5 is permitted in the room. A minimum of two participants are necessary if a student is between grade 6 and grade 9 (one participant must be 18 years or older and graduated from high school to be in the area).
 - Edwards-Knox District resident adults, staff and Edwards-Knox students in grades 10-12 can use the equipment without a partner.
3. Follow ALL safety tips for intended use. There will be **NO HORSEPLAY ALLOWED.**
4. Please notify the Rachael Matejcik if you see something that is broken.
rmatejcik@ekcsk12.org or phone: 315-562-8130 Ext. 25570
5. If there are others waiting to use the equipment, please limit your time on the machines.
6. The room may ONLY be occupied **during approved times:**

September - June Hours

Monday - Friday: 4AM - 7:30AM & 3PM - 11PM

Saturday & Sunday: 7AM - 5PM

July – August & School Breaks

5AM - 9PM

Break Dates Include: (11/27 & 11/29), (12/23 & 12/26-12/27 & 12/30-12/31),
(2/17-2/21), (4/18 & 4/21-4/25)

Holiday Closure

New Year's Day, Martin Luther King Day, President's Day, Good Friday, Easter Monday,
Memorial Day, Juneteenth, Independence Day, Labor Day, Columbus Day,
Veterans' Day, Thanksgiving, Christmas Eve, Christmas Day and Lunar New Year

7. The Fitness Center will be closed when after-school activities or school closures occur due to inclement weather or emergencies
8. Privileges to use the fitness center/weight room **can be lost** (at the discretion of Edwards-Knox Central School Administration) if found to be not in compliance with these guidelines.