



NYS Wellness Policy Assessment Tool: Modified

Adapted by the Health Initiative's Creating Healthy Schools and Communities Project*

Use this tool to track progress and gather ideas on ways to create a healthier school environment.
The wellness policy and completed assessment must be made available to the public.

LEA/District Name: Edwards-Knox Central School	
School Name(s): Elementary and Middle/High School	Date: 03/30/22
Grades:Pre-K - 12	
Name/Title of person(s) completing report: All Wellness Committee Members	

*Adapted with permission from NYS Wellness Policy Assessment Tool
<http://www.cn.nysed.gov/common/cn/files/nyslswpassessmenttool.pdf>



District Policy	Building Practice Elementary	Building Practice M/HS	Nutrition Education
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			<p><i>Enter district and building names in columns to the left. Leave columns blank if no additional buildings.</i></p> <p><i>Enter Yes or No for each goal described below. Is it included in the district's written, BOE adopted policy?</i></p> <p><i>Is it in practice in each building?</i></p>
Y (p2)	N/A	N/A	The written wellness policy includes measurable goals for nutrition education that are designed to promote student wellness.
Y (p2)	Yes	Yes	Standards based nutrition education is offered in a variety of subjects (i.e. science, math).
Y (p2)	Yes	Yes	Lifelong lifestyle balance is reinforced by linking nutrition and physical activity.
Y (p2)	Yes	Yes	Age appropriate nutrition education and activities are provided to students.
Y (p2)	Yes	Yes	Families and the community are engaged in nutrition education efforts.

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Indicate additional nutrition education activities that occur or are planned for the future:
 Our after school program will focus on nutrition and physical activity as well as academics.

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District Policy	Building Practice	Building Practice	Physical Activity
	<i>Elementary</i>	<i>M/HS</i>	<p><i>Enter district and building names in columns to the left. Leave columns blank if no additional buildings.</i></p> <p><i>Enter Yes or No for each goal described below. Is it included in the district's written, BOE adopted policy? Is it in practice in each building?</i></p>
Y (p3&5)	N/A	N/A	The local wellness policy includes measurable goals for physical activity.
Y (p4)	Yes	Yes	Physical education is provided to students on a weekly basis.

Y (p7)	Yes	Yes	Before or after school physical activity is offered in sports or other clubs.
Y (p6)	Yes	Yes	Community partnerships are available that support programs, projects, events, or activities.
N	Yes	Yes	A staff wellness program is available.
Y (p5)	Yes	Yes	Opportunities are provided for physical activity throughout the day.

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Y (p4)	Yes	Yes	The written physical education curriculum for each grade is aligned with national and/or State physical education standards.
Y (p5)	Yes	N/A	Recess is available for all elementary students (skip this question if no elementary grades).
N	N/A	N/A	Walk or bike to school is promoted for students with Safe Routes to School or other related programs.

Y (p5)	Yes	Yes	The local wellness policy addresses physical activity not being used as a punishment and not withheld as punishment.
Other physical education/physical activity/school-based activities that are available: Youth Sports Programs, Community Swim, Fitness Center, Line Dancing			
Future goals for physical activity: Morning Walk Program			

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District Policy	Building Practice Elementary	Building Practice H/MS	Standards for USDA Child Nutrition
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			<p>Programs and School Meals</p> <p><i>Enter district and building names in columns to the left. Leave columns blank if no additional buildings.</i></p> <p><i>Enter Yes or No for each goal described below. Is it included in the district's written, BOE adopted policy? Is it in practice in each building?</i></p>
Y (p5 &7)	N/A	N/A	The local wellness policy addresses nutrition standards for USDA reimbursable meals.
Y (p5)	Yes	Yes	The local wellness policy addresses access to the USDA School Breakfast Program.
N	Yes	Yes	Alternative school breakfast service models are available to increase participation such as "grab and go", breakfast served in the classroom, and breakfast after the bell.
Y (p6)	Yes	Yes	Steps are taken to protect the privacy of students who qualify for free or reduced-priced meals.
Y (p6)	Yes	Yes	Free drinking water is available during meals.



Y (p5&8)	Yes	Yes	Annual training is provided for food and nutrition staff in accordance with USDA Professional Standards.
Y (p5&8)	Yes	Yes	School nutrition staff meet hiring criteria in compliance with federal criteria.
N	Yes	Yes	The local wellness policy addresses purchasing local foods when possible for the school meals program.
Other ways the local wellness policy and practices address school meals and nutrition standards:			



District Policy	Building Practice Elementary	Building Practice H/MS	Nutrition Standards for Competitive and Other Foods and Beverages
			<p><i>Enter district and building names in columns to the left. Leave columns blank if no additional buildings.</i></p> <p><i>Enter Yes or No for each goal described below. Is it included in the district's written, BOE adopted policy? Is it in practice in each building?</i></p>
Y (p8)	Yes	Yes	<p>The local school wellness policy addresses compliance with USDA nutrition standards (commonly referred to as Smart Snacks) for all food and beverages sold to students during the school day including: as a la carte offerings, in school stores, in vending machines and as fundraisers.</p>
Y (p5&8)	Yes	Yes	<p>Nutrition standards are followed for food/beverages served at school parties, celebrations, events, etc.</p>
<p>Notes and future goals on nutrition standards for competitive and other foods and beverages:</p>			



District Policy	Building Practice Elementary	Building Practice M/HS	Wellness Promotion and Marketing <i>Enter district and building names in columns to the left. Leave columns blank if no additional buildings.</i> <i>Enter Yes or No for each goal described below. Is it included in the district's written, BOE adopted policy? Is it in practice in each building?</i>
Y (p2)	Yes Yes	Yes Yes	Marketing on the school campus during the school day is only allowable for those foods and beverages that meet Smart Snacks standards.
N	Yes <i>Need Improvement</i>	Yes <i>Need Improvement</i>	Steps are taken to address strategies to support employee wellness.
Y (p8)	Yes Highly encouraged, not mandated	Yes Highly encouraged, not mandated	Fundraising is supportive of healthy eating by emphasizing the sale of healthy food items or of non-food items.
Y (p2&6)	Yes Yes	Yes Yes	Healthy meal choices are offered and promoted in the school meal programs.
N	No Yes	No Yes	Farm to School activities take place at the school such as having a school garden, taste testing local products, and educating students in the classroom and on field trips about local agriculture.

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<p>Other ways wellness is promoted at the school:</p>
<p>Future wellness goals:</p>

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District Policy	District Practice	<p>Implementation, Evaluation, and Communication</p> <p><i>This section refers to district level activities.</i></p> <p><i>Enter Yes or No for each goal described below.</i></p> <p><i>Is it included in the district's written, BOE adopted policy?</i></p> <p><i>Is it in practice in the district?</i></p> <p><i>Enter additional information as indicated.</i></p>

Yes (p1)	Yes	The following are encouraged to participate in the development, implementation, and periodic review and update of our local wellness policy: Administrator, School Food Service Staff, P.E. Teachers, Parents, School Board Members, School Health Professionals, Students, and Members of the Public.
		The designee responsible for the implementation and compliance of the local wellness policy is: Name/Title: Erin Woods, Superintendent
Yes (p9)	Yes: It is accessible on our school website	The wellness policy is made available to the public by (describe):
Yes (p9-10)	Yes	The implementation of policy goals are measured and communicated to the public at least once every three years (describe):
Yes (p10)	Yes	The wellness policy is reviewed at least annually.



Yes (p9-10)	<i>In progress</i>	Triennial assessment results are/will be made available to the public and will include: 1. The extent to which schools under the jurisdiction of the LEA are in compliance with the local school wellness policy; 2. The extent to which the LEA's local school wellness policy compares to model local school wellness policies; 3. A description of the progress made in attaining the goals of the local school wellness policy.
Yes (p10)	yes	A plan will be put together to update the local wellness policy based on results of the triennial assessment.
<p>Indicate additional wellness practices and/or future goals and describe progress made in attaining the goals of the wellness policy:</p> <ul style="list-style-type: none"> - Wellness Expo at P/T Conference - Morning walk 		